

**COMMISSION  
PHYSICAL ACTIVITY SCIENCE SUBCOMMITTEE  
COUNCIL ON LIFESTYLE AND CARDIOMETABOLIC HEALTH**

- Number of Members:** Eight (8) members shall include:
- Chairman
  - Vice Chairman
  - Up to six members
  - Ex-officio members: Council Chair and Vice Chair
  - Liaisons: Liaisons with expertise in pediatrics, nursing, epidemiology, and high blood pressure may be appointed from the Councils on Cardiovascular Disease in the Young, Epidemiology and Prevention, Cardiovascular and Stroke Nursing, High Blood Pressure Research, Population Wellness Strategic Group and NAASO.
- Method of Appointment:** The Council Chair shall appoint the Chair of the committee. The Council Chair in consultation with the Chair of the Committee shall appoint the Vice Chair and members. Liaison members shall be appointed by the organization or faction that they represent.
- Term of Office:** Committee terms shall be for two years, and shall begin and end with the AHA fiscal year (July 1-June 30). Terms shall be staggered to insure continuity. Members may be re-appointed for one term.
- Frequency of Meetings:** The committee shall meet in conjunction with the AHA Scientific Sessions and by teleconference as needed.
- Time Commitment:** Meetings: 1 half-day per year.  
Other: 2 hours per month
- Chair's Responsibilities:** The chair will also serve as a member of the Executive Committee and will attend two face-to-face meetings per year. The chair is responsible for:
- Identifying and recruiting committee members.
  - Filing a written report on the committee's activities, including proposals for new initiatives and project updates, at least 3 weeks prior to each Executive Committee meeting.
  - With the assistance of AHA staff, overseeing the development and implementation of initiatives.
- Committee Responsibilities:** The committee shall be fully informed on new scientific developments and advances in knowledge concerning physical activity as it relates to health and the occurrence or treatment of cardiovascular diseases and stroke:

- Assist the AHA in establishing research priorities related to physical activity and cardiovascular disease and stroke.
- Develop new science advisories and guidelines, and revise/update existing advisories and guidelines.
- Develop education program content for scientific conferences and meetings.
- Respond to requests for expert testimony on behalf of AHA to federal agencies.
- Advocate for reimbursement programs related to counseling patients and their families.
- Respond to requests for the AHA Office of Communications for interviews with the media.
- Support AHA efforts for implementing programs involving physical activity in the prevention and treatment of cardiovascular disease and stroke.

**Member Qualifications:**

- Recognized expertise in the field of physical activity.
- Organizational skills and time availability to be able to meet deadlines and follow through on commitments.
- Excellent oral and written communication skills.
- Excellent interpersonal relationship skills.
- Demonstrated change management skills such as accountability, flexibility, rational and timely decision making, initiative and innovation.
- Working knowledge of the AHA mission, strategic goals and organization.

**Staffed By:**

AHA Science and Medicine Advisor and Program Manager.