Top Ten Things To Know
AACVPR/ACCF/AHA 2010 Update: Performance Measures
on Cardiac Rehabilitation for Referral to Cardiac
Rehabilitation/Secondary Prevention Services

1. Cardiac rehabilitation is associated with a 20-30% reduction in all-cause mortality rates.

2. Cardiac rehabilitation promotes other significant health benefits after a cardiac event, including myocardial infarction, CABG surgery, percutaneous coronary intervention, heart valve surgery, and heart transplantation surgery.

3. Cardiac rehabilitation is underused in the United States, with only about 20% of eligible patients receiving therapy.

4. There is a large gap between actual care and care that should be provided, stimulating the development of measures of quality of care for quality improvement and accountability.

5. System-based approaches including automatic ordering sets for referring eligible patients improve referral and enrollment rates in cardiac rehabilitation programs.

6. The cardiac rehabilitation performance measure set includes first a set of measures for the referral of patients from the inpatient and outpatient settings.

7. Healthcare providers and healthcare systems report the percentage of eligible patients they refer to cardiac rehabilitation programs.

8. The second set of measures is for the delivery of cardiac rehabilitation services; cardiac rehabilitation programs will report on these measures.

9. The cardiac rehabilitation referral measures are endorsed by the National Quality Forum and are being considered by the Centers for Medicare and Medicaid Services.

10. The cardiac rehabilitation performance measures include an online data supplement for easy access to details.