A Comprehensive Post-Acute Stroke Services (COMPASS) Website for Public Use

Presented by
Sylvia Coleman, RN, BSN, MPH, CLNC
Funding: Patient-Centered Outcomes Research Institute (PCORI) Award (PCS-1403-14532).

Disclaimer: All statements are solely those of the presenters and do not necessarily represent the views of PCORI or its Board of Governors or Methodology Committee.

NCT Number for ClinicalTrials.gov: NCT02588664
Intervention: A Comprehensive Care Model

Care Team
- Post-Acute Care Nurse Coordinator (PAC)
- Advanced Practice Provider (APP) or Physician

Intervention Highlights
- Digital tool to assess the functional and social determinants of self-management and health
- Individualized care plans:
  - Secondary Prevention
  - Rehabilitation and Recovery
  - Caregiver Support
  - Referrals to Community Resources
- Quality performance measures

Numerous resources are now freely available on the website:

- Patient Educational Materials
- Community Resource Directory
- Training Videos and Materials

For website tutorials, contact:

Meghan Radman
mradman@wakehealth.edu
Links to Partner Educational Materials

- **AHA/ASA**
  
  ![Support Network](image1)
  ![American Heart Association - You're the Cure](image2)
  ![Let's Talk about Stroke](image3)

- **Mayo Clinic** – Self-Monitoring Blood Pressure Video
- **CMS Medicare** – Hospital Compare
- **National Stroke Association** – Careliving Guide
- **Minority Women Health Alliance/Triangle Stroke**
Post-Acute Coordinator (PAC) Resources

Pre-Discharge: Identification and Notification:
- Identification of Stroke and TIA Patients
- Initiation of Patient Contact during Enrollment Process
- Notifying patient of COMPASS standard of care

Post-Discharge:
- Completion of Two-Day Follow-Up Call
- Completion of 7-14 Day Visit
- Completion of the 30-Day Call and 60-Day Call
Advanced Practice Provider (APP) Resources

• 7-14 Day Clinic Visit:
  – Post-Stroke Functional Assessment
  – Stoke Caregiver Assessment
  – Handoff Report between PAC and APP
  – APP Assessment
  – Care Plan
  – Referrals to Community Resources
Home Health and Outpatient (HHOP) Rehabilitation Resources

- Training for HHOP Rehabilitation Teams:
  - Training Grid – HHOP Therapy
  - Training Log
  - OP Quality Metrics
  - HH Quality Metrics

- Resources for HHOP Providers

COMPASS
COMPREHENSIVE POST-ACUTE STROKE SERVICES
Primary Care Physician (PCP) and Pharmacist Resources

- How to Access Patient’s Care Plan
- PCP and patient resources
- Provider and Patient Handouts
- Pharmacy and Medication Adherence
- Pharmacy Locator: Community Pharmacy Enhanced Services Network
- COMPASS Training Webinars for PCPs and Pharmacists
Toolkit for Patients and Caregivers

COMPASS Patient Handouts

- Atrial Fibrillation [English] (Spanish)
- COMPASS Blood Pressure Handout and Log [English] (Spanish)
- Communication Matters – Caregivers [English] (Spanish)
- High Cholesterol – Patients [English] (Spanish)
- How to Control Diabetes Type II [English] (Spanish)
- Insurance Matters – Medicaid [English] (Spanish)
- Insurance Matters – Medicare [English] (Spanish)
- Insurance Matters – Private Insurance [English] (Spanish)
- Insurance Matters – Uninsured [English] (Spanish)
- Movement Matters – for Patients [English] (Spanish)
- Depression and Stroke Brochure [English]
Other Resources

- Webinars and Training Videos
- Stroke Facts and Figures
- Study Overview
- Study Results
- Publications
- COMPASS-CP
- Community Resource Networks
- Research Team
A multidisciplinary team with a shared vision, respectful of diversity, accountable, committed to patient and community engagement, perseverance and innovation.
Website Cards are Available

COMPASS Study

Wake Forest Baptist Medical Center
Wake Forest Baptist Medical Center
Piedmont Plaza II, 2000 W 1st St., STE 512
Winston-Salem, NC 27104
844-501-7668 \ thecompassstudy@gmail.com

Website: nccompass-study.org
Twitter: @NCCOMPASSStudy

COMPASS
COMPREHENSIVE POST-ACUTE STROKE SERVICES
Sylvia Coleman, RN, BSN, MPH, CLNC
swcolema@wakehealth.edu
336-713-6641

https://www.nccompass-study.org/