



American Heart Association®

## Epidemiology, Prevention, Lifestyle & Cardiometabolic Health

### Hot Off the Press

Thursday, March 7

10:30 a.m. – Noon | Galleria Ballroom

**Moderators:**

Mary Cushman, MD MSc, FAHA, University of Vermont Medical Center, Burlington, VT

Josef Coresh, MD, PhD, FAHA, Johns Hopkins Bloomberg School of Public Health, Baltimore, MD

10:30 Effect of integrated behavioral weight loss treatment and problem-solving therapy on body mass index and depressive symptoms among patients with obesity and depression: the RAINBOW randomized clinical trial

Jun Ma, Lisa Goldman Rosas, Nan Lv, Lan Xiao, Mark B. Snowden, Elizabeth M. Venditti, Megan A. Lewis, Jeremy D. Goldhaber-Fiebert, Philip W. Lavori

JAMA. 2019;321(9):869-879. doi:10.1001/jama.2019.0557

<https://jamanetwork.com/journals/jama/article-abstract/2726984>

Presented by Jun Ma, MD, PhD, FAHA, University of Illinois at Chicago, Chicago, IL

10:45 Association of Blood Pressure Classification in Young Adults Using the 2017 American College of Cardiology/American Heart Association Blood Pressure Guideline With Cardiovascular Events Later in Life

Yuichiro Yano, Jared P. Reis, Laura A. Colangelo, Daichi Shimbo, Anthony J. Viera, Norrina B. Allen, Samuel S. Gidding, Adam P. Bress, Philip Greenland, Paul Muntner, Donald M. Lloyd-Jones

JAMA. 2018;320(17):1774-1782.

<https://jamanetwork.com/journals/jama/article-abstract/2712542>

Presented by Yuichiro Yano, MD, PhD, FAHA, FASH, Duke University, Durham, NC

11:00 Associations of Income Volatility With Incident Cardiovascular Disease and All-Cause Mortality in a US Cohort 1990 to 2015

Tali Elfassy, Samuel L. Swift, M. Maria Glymour, Sebastian Calonico, David R. Jacobs Jr, Elizabeth R. Mayeda, Kiarri N. Kershaw, Catarina Kiefe, Adina Zeki Al Hazzouri

Circulation. 2019;139(7):850-859.

<https://www.ahajournals.org/doi/10.1161/CIRCULATIONAHA.118.035521>

Presented by Tali Elfassy, MS, PhD, University of Miami, Miami, FL

11:15 E-Cigarette Use Without a History of Combustible Cigarette Smoking Among U.S. Adults: Behavioral Risk Factor Surveillance System, 2016

Mohammadhassan Mirbolouk, Paniz Charkhchi, Olusola A. Orimoloye, S.M. Iftekhar Uddin, Sina Kianoush, Rana Jaber, Aruni Bhatnagar, Emelia J. Benjamin, Michael E. Hall, Andrew P. DeFilippis, Wasim Maziak, Khurram Nasir, Michael J. Blaha

Ann Intern Med. 2019;170(1):76-79.

<https://annals.org/aim/article-abstract/2706438/e-cigarette-use-without-history-combustible-cigarette-smoking-among-u>

Presented by Michael J. Blaha, MD, MPH, FAHA, Johns Hopkins Ciccarone Center for the Prevention of Heart Disease, Baltimore, MD

11:30 Eligibility and Cost for Icosapent Ethyl Based on the REDUCE-IT Trial – Insight from the Veterans Affairs Healthcare System

Xiaoming Jia, Julia M. Akeroyd, Khurram Nasir, Vijay Nambi, Christie M. Ballantyne, Laura A. Petersen, Salim S. Virani

Circulation. 2019;139:1341–1343

<https://www.ahajournals.org/doi/10.1161/CIRCULATIONAHA.118.038691>

Presented by Xiaoming Jia, MD, Baylor College of Medicine, Houston, TX

11:45 Effect of Intensive vs Standard Blood Pressure Control on Probable Dementia: A Randomized Clinical Trial

SPRINT MIND Investigators for the SPRINT Research Group, Jeff D. Williamson, Nicholas M. Pajewski, Alexander P. Auchus, R. Nick Bryan, Gordon Chelune, Alfred K. Cheung, Maryjo L. Cleveland, Laura H. Coker, Michael G. Crowe, William C. Cushman, Jeffrey A. Cutler, Christos Davatzikos, Lisa Desiderio, Guray Erus, Larry J. Fine, Sarah A. Gaussoin, Darrin Harris Meng-Kang Hsieh, Karen C. Johnson, Paul L. Kimmel, Manjula Kurella Tamura, Lenore J. Launer, Alan J. Lerner, Cora E. Lewis, Jennifer Martindale-Adams, Claudia S. Moy, Ilya M. Nasrallah, Linda O. Nichols, Suzanne Oparil, Paula K. Ogrocki, Mahboob Rahman, Stephen R. Rapp, David M. Reboussin, Michael V. Rocco, Bonnie C. Sachs, Kaycee M. Sink, Carolyn H. Still, Mark A. Supiano, Joni K. Snyder, RN; Virginia G. Wadley, Jennifer Walker, Daniel E. Weiner, Paul K. Whelton, Valerie M. Wilson, Nancy Woolard; Jackson T. Wright Jr, Clinton B. Wright  
JAMA. 2019;321(6):553–561.

<https://jamanetwork.com/journals/jama/article-abstract/2723256>

Presented by William B. Applegate, MD, MPH, MACP, Wake Forest School of Medicine, Winston-Salem, NC