



AHA Council on Hypertension
AHA Council on Kidney in Cardiovascular Disease
American Society of Hypertension
Joint Scientific Sessions 2018

Thursday, September 6, 2018

1:30 – 3:00 PM

Concurrent Session 04 D

Clinical Practice Clinical Science Track: Aldosterone and Primary Aldosteronism in Hypertension

Chairs: *William C. Cushman, MD, FAHA, University of Tennessee College of Medicine, Memphis, TN*
John M. Flack, MD, FAHA, Southern Illinois University School of Medicine, Springfield, IL

- 1:30 The Potassium, Aldosterone, blood pressure Axis
David Ellison, MD, FAHA, Oregon Health Sciences University, Portland, OR
- 1:50 The New Genetics of Aldosteronism
Celso Gomez-Sanchez, MD, FAHA, University of Mississippi Medical Center, Jackson, MS
- 2:10 Screening and Diagnosis of Aldosteronism 2018
David A. Calhoun, MD, FAHA, University of Alabama at Birmingham, Birmingham, AL
- 2:30 Hyperaldosteronism as a Cause of Resistant Hypertension
Bryan Williams, MD, FAHA, University of Leicester, Leicester, England
- 2:50 Q&A
David Ellison, MD, FAHA, Oregon Health Sciences University, Portland, OR
Celso Gomez-Sanchez, MD, FAHA, University of Mississippi Medical Center, Jackson, MS
David A. Calhoun, MD, FAHA, University of Alabama at Birmingham, Birmingham, AL
Bryan Williams, MD, FRCP, FESC, FAHA, University of Leicester, Leicester, England

3:30 – 5:30 PM

Concurrent Session 05 D

Clinical Practice Clinical Science Track: Managing Hypertension in At-Risk-Populations

Chairs: *Aldo Peixoto, MD, Yale School of Medicine, New Haven, Connecticut*
Barry Materson, MD, MBA, FAHA, University of Miami School of Medicine, Miami, FL

- 3:30 Goals of Hypertension Management in Patients with Chronic Kidney Disease
Sandra J. Taler, MD, FAHA, Mayo Clinic, Rochester, MN
- 3:50 Strategies for Control of Hypertension in Renal Transplant Recipients
Michelle A. Josephson, MD, University of Chicago, Chicago, IL
- 4:10 State-of-the-Art on Management of Pregnancy-Associated Hypertension
Mark Santillan, MD, PhD, FAHA, Iowa City, Iowa

Concurrent Session 05 D (Continued)

Clinical Practice Clinical Science Track: Managing Hypertension in At-Risk-Populations

- 4:30 Managing Cardiovascular Complications in Patients Treated with VEGF Inhibitors and Other Chemotherapeutic Agents
AH Jan Danser, PhD, Erasmus University Medical Center, Rotterdam, The Netherlands
- 4:50 Treating Post Stroke Hypertension: Thresholds and Goals
José Biller, MD, FAAN, FACP, FAHA, Loyola University Medical Center, Maywood, IL
- 5:10 Q&A
Sandra J. Taler, MD, FAHA, Mayo Clinic, Rochester, MN
Michelle A. Josephson, MD, University of Chicago, Chicago, IL
Mark Santillan, MD, PhD, FAHA, Iowa City, Iowa
AH Jan Danser, PhD, Erasmus University Medical Center, Rotterdam, The Netherlands
José Biller, MD, FAAN, FACP, FAHA, Loyola University Medical Center, Maywood, IL

Saturday, September 8, 2018

1:30 – 3:00 PM

Session 15

Clinical Practice Clinical Science: Taking Hypertension into The Community

Part One: The Barbershop

Part One: The Barbershop

Chairs: *John B. Kostis, MD, FAHA, Rutgers Robert Wood Johnson Medical School, New Brunswick, NJ*

- 1:30 Cluster Randomized Trial of Blood Pressure Reduction in Black Barbershops
Ronald G. Victor, MD, FAHA, Cedars Sinai Medical Center, Los Angeles, CA
Ciantel A. Blyler, PharmD, Cedars Sinai Medical Center, Los Angeles, CA
Barber Video
- 2:00 Q&A
Panel:
Ronald G. Victor, MD, FAHA, Cedars Sinai Medical Center, Los Angeles, CA
Ciantel A. Blyler, PharmD, Cedars Sinai Medical Center, Los Angeles, CA

Part Two: Telemonitoring, Self-Monitoring, and BP Control

- 2:15 The Role of Telemonitoring in Improving BP Control
Hayden Bosworth, PhD, Duke University School of Medicine, Durham, NC
- 2:30 Telemonitoring vs Self-Monitoring in BP Control: Does it make a Difference?
Bryan Williams, MD, FRCP, FESC, FAHA, University of Leicester, Leicester, England
- 2:45 Q&A
Panel:
Hayden Bosworth, PhD, Duke University School of Medicine, Durham, NC
Bryan Williams, MD, FRCP, FESC, FAHA, University of Leicester, Leicester, England

Saturday, September 8, 2018

3:30 – 5:30 PM

Grand A

Concurrent Session 16 D

Clinical Practice Clinical Science: AHA Council on Hypertension / ESC Council on Hypertension Joint Session

Chairs: *Robert M. Carey, MD, MACP, FAHA, FRCPI, University of Virginia School of Medicine, Charlottesville, VA*
Paul K. Whelton, MB, MD, MSc, FAHA, Tulane University School of Public Health and Tropical Medicine, New Orleans, LA

- 3:30 ESC/ESH Guideline on Hypertension 2018
Bryan Williams, MD, FRCP, FESC, FAHA, University of Leicester
- 4:00 The Canadian Guideline: Differences and Similarities to the European Guideline
Ernesto Schiffrin, CM, MD, PhD, FRSC, FRCPC, FACP, McGill University, Montreal, Canada
- 4:20 US, European, and Canadian Guidelines: What is the Clinician to Do
Michael A. Weber, MD, FACP, FACC, FAHA, SUNY Downstate College of Medicine, Brooklyn, NY
- 4:40 Device-based treatment for hypertension- Who? When? How?
Felix Mahfoud, MD, Saarland University Hospital, Homburg, Germany
- 5:00 Q&A
- Panel:
Bryan Williams, MD, FRCP, FESC, FAHA, University of Leicester
Ernesto Schiffrin, CM, MD, PhD, FRSC, FRCPC, FACP, McGill University, Montreal, Canada
Michael A. Weber, MD, FACP, FACC, FAHA, SUNY Downstate College of Medicine, Brooklyn, NY
Felix Mahfoud, MD, Saarland University Hospital, Homburg, Germany

Sunday, September 9, 2018

8:00 – 9:20 AM

Concurrent Session 18 D

Clinical Practice Clinical Science Track: Getting It Done: Practical Ways to Improve Blood Pressure Control Part 1

- Chairs: *William J. Elliott, MD, PhD, FAHA, Pacific Northwest University of Health Sciences, Yakima, WA*
Keith Ferdinand, MD, FAHA, Tulane University School of Medicine, New Orleans, LA
- 8:00 Introduction
William J. Elliott, MD, PhD, FAHA, Pacific Northwest University of Health Sciences, Yakima, WA
Keith Ferdinand, MD, FAHA, Tulane University School of Medicine, New Orleans, LA
- 8:05 Secrets to Sustain a Low-Sodium DASH Diet In Your Patient
Crystal Tyson, MD, Duke University Medical Center, Durham, NC
- 8:20 How to Get Your Patients to Exercise
Ross Arena, PhD, PT, FAHA, University of Illinois at Chicago, Chicago, IL

Concurrent Session 18 D

Clinical Practice Clinical Science Track: Getting It Done: Practical Ways to Improve Blood Pressure Control Part 1

- 8:35 Practical Pearls in Using Weight-loss Medications in Patients with Hypertension
Robert F. Kushner, MD, Northwestern University Feinberg School of Medicine, Chicago, IL
- 8:50 How to Determine and Incorporate CVD Risk to Guide Intensity of Blood Pressure Management
Robert A. Phillips, MD, PhD, FAHA, Houston Methodist, Houston, TX
- 9:05 Panel Discussion
Crystal Tyson, MD, Duke University Medical Center, Durham, NC
Robert F. Kushner, MD, Northwestern University Feinberg School of Medicine, Chicago, IL
Robert A. Phillips, MD, PhD, FAHA, Houston Methodist, Houston, TX

Concurrent Session 19 D

Clinical Practice Clinical Science Track: Getting It Done: Practical Ways to Improve Blood Pressure Control Part 2

- Chairs: *William J. Elliott, MD, PhD, FAHA, Pacific Northwest University of Health Sciences, Yakima, WA*
Keith Ferdinand, MD, FAHA, Tulane University School of Medicine, New Orleans, LA
- 9:40 Getting Ambulatory Blood Pressure Monitoring Reimbursed
Steven A. Yarows, MD, FAHA, University of Michigan Health System, Chelsea, MI
- 9:55 Which Device Should We Use for Office BP Measurement
Martin G. Myers, MD, Sunnybrook Health Sciences Ctr, Toronto, Canada
- 10:10 Promoting Accurate Home Blood Pressure Monitoring
Daichi Shimbo, MD, Columbia University Medical Center, New York, NY
- 10:25 Team-based Approach to Blood Pressure Telemonitoring
Karen Margolis, MD, MPH, University of Minnesota Medical School, Minneapolis, MN
- 10:40 Q&A
Steven A. Yarows, MD, FAHA, University of Michigan Health System, Chelsea, MI
Martin G. Myers, MD, Sunnybrook Health Sciences Ctr, Toronto, Canada
Daichi Shimbo, MD, Columbia University Medical Center, New York, NY
Karen Margolis, MD, MPH, University of Minnesota Medical School, Minneapolis, MN
- 11:00 Adjourn