Friday, September 7, 2018

1:30 – 3:00 PM
Session 10
Primary Care Track: The Evolving Landscape of Blood Pressure Guidelines - Part 1

Chairs: Jan Basile, MD, FAHA, Medical University of South Carolina, Charleston, SC
       Michael Bloch, MD, FAHA, University of Nevada School of Medicine, Reno, NV

1:30 Welcome and Introduction to Primary Care Symposia: Goals and Objectives
Jan Basile, MD, FAHA, Medical University of South Carolina, Charleston, SC

1:35 What do the 2017 ACC/AHA Guidelines Actually Say?
Sandra J. Taler, MD, FAHA, Mayo Clinic, Rochester, MN

1:55 Understanding the Data that Drove the 2017 ACC/AHA Guidelines
Paul Muntner, PhD, MHSc, FAHA, University of Alabama, Birmingham, AL

2:10 The Difference between Blood Pressure Targets and Performance Measures: Brief Explanation of the Epidemiology of Achieved Blood Pressure
Brent M. Egan, MD, FAHA, Medical University of South Carolina, Charleston, SC

2:30 The American College of Physicians (ACP) and American Academy of Family Physicians (AAFP) Perspective
Marie Brown, MD, Rush University Medical Center, Chicago, IL

2:50 Q&A
Jan Basile, MD, FAHA, Medical University of South Carolina, Charleston, SC
Sandra J. Taler, MD, FAHA, Mayo Clinic, Rochester, MN
Paul Muntner, PhD, MHSc, FAHA, University of Alabama, Birmingham, AL
Brent M. Egan, MD, FAHA, Medical University of South Carolina, Charleston, SC
Marie Brown, MD, Rush University Medical Center, Chicago, IL
Friday, September 7, 2018

3:30 – 5:30 PM
Concurrent Session 11 D
Primary Care Track: The Evolving Landscape of Blood Pressure Guidelines Part 2: Areas of Controversy

Chair: Karen Griffin, MD, FAHA, Loyola University Medical Center, Chicago, IL
Susan Steigerwalt, MD, FAHA, University of Michigan, Ann Arbor, MI

3:30 Blood Pressure Goals in Diabetes and Chronic Kidney Disease
George Bakris, MD, FAHA, University of Chicago, Chicago, IL

3:50 The Older Patient with Hypertension
Matthew Sorrentino, MD, FAHA, The University of Chicago Medicine, Chicago, IL

4:10 Treating Hypertension in Low-Risk Individuals—How Long Do We Hold Off on Pharmacologic Treatment
Stephen K. Williams, MD, MS, New York University School of Medicine, New York, NY

4:30 Can’t We All Just Get Along; Finding Consensus Among Guidelines and Statements
Michael J. Bloch, MD, FAHA, University of Nevada School of Medicine, Reno, NV

4:50 Case Based Discussion Panel on Areas of Controversy in the Guidelines
Moderator: F Wilford Germino, MD, FACP, FASH, Orland Primary Care Specialists, Chicago, IL

Panel:
George Bakris, MD, FAHA, University of Chicago, Chicago, IL
Matthew Sorrentino, MD, FAHA, The University of Chicago Medicine, Chicago, IL
Stephen K. Williams, MD, MS, New York University School of Medicine, New York, NY
Michael J. Bloch, MD, FAHA, Univ of Nevada School of Medicine, Reno, NV
Sandra J. Taler, MD, FAHA, Mayo Clinic, Rochester, MN

5:20 Q&A

Saturday, September 8, 2018

7:30 – 9:30 AM
Concurrent Session 13 D
Primary Care Track: Emerging Issues in Hypertension Management

Chair: Michael J. Bloch, MD, FAHA, University of Nevada School of Medicine, Reno, NV

7:30 How Do Environmental Factors Effect Blood Pressure?
Robert D. Brook, MD, FAHA, University of Michigan, Ann Arbor, MI

7:50 Treatment of Hypertension in the Women Considering Conception
Mark Santillan, MD, PhD, FACOG, FAHA, University of Iowa Carver College of Medicine, Iowa City, IA

8:10 Remote Monitoring and Patient Self-Management—Is it the Future of BP management?
Debbie Cohen, MD, University of Pennsylvania, Philadelphia, PA
Concurrent Session 13 D (Continued)
Primary Care Track: Emerging Issues in Hypertension Management

8:30  Management of Hyper-and-Hypo-Kalemia in Treated Hypertensive Patients  
      Matthew Weir, MD, University Maryland School of Medicine, Baltimore, MD

8:50  Surgical and Percutaneous Interventions in Management of Hypertension  
      Raymond Townsend, MD, FAHA, University of Pennsylvania, Philadelphia, PA

9:10  Q&A

      Robert D. Brook, MD, FAHA, University of Michigan, Ann Arbor, MI
      Mark Santillan, MD, PhD, FACOG, FAHA, University of Iowa Carver College of Medicine, Iowa City, IA
      Debbie Cohen, MD, University of Pennsylvania, Philadelphia, PA
      Matthew Weir, MD, University Maryland School of Medicine, Baltimore, MD
      Raymond Townsend, MD, FAHA, University of Pennsylvania, Philadelphia, PA

10:00 – 12:00 PM
Concurrent Session 14 D
Primary Care Track: The Evolving Landscape of Blood Pressure Guidelines Part 3: Special Situations

Chairs:  F Wilford Germino, MD, FACP, FASH, Orland Primary Care Specialists, Chicago, IL
        Alan Hinderliter, MD, University of North Carolina School of Medicine, Chapel Hill, NC

10:00  Determining Adequacy of BP Control: Using Appropriate Technique and Integrating In and Out of Office Measurements  
        Daichi Shimbo, MD, Columbia University Medical Center, New York, NY

10:25  Management of Resistant Hypertension: Have We Learned Anything New?  
        David A. Calhoun, MD, FAHA, University of Alabama, Birmingham, AL

10:45  Implementation of Pediatric Guidelines for Hypertension Management  
        Joshua A. Samuels, MD, MPH, FAHA, McGovern Medical School at UTHouston, Houston, TX

11:05  Q&A

11:15  Case 1: Presented by Michael Fitzgerald, MD, DuPage Medical Group, Naperville, IL  
      Chair: William J. Elliott, MD, PhD, FAHA, Pacific Northwest University of Health Sciences, Yakima, WA  
      Panel:  
        Jan Basile, MD, FAHA, Medical University of South Carolina, Charleston, SC
        Louis Kuritzky, MD, University of Florida College of Medicine, Gainesville, FL
        Matthew Weir, MD, University Maryland School of Medicine, Baltimore, MD
        Steven A. Yarows, MD, FAHA, University of Michigan Health System, Chelsea, MI
Concurrent Session 14 D (Continued)
Primary Care Track: The Evolving Landscape of Blood Pressure Guidelines Part 3: Special Situations

11:35  Case 2: Presented by William J. Elliott, MD, PhD, FAHA, Pacific Northwest University of Health Sciences, Yakima, WA
Panel:
Steven M. Smith, RPH, University of Florida College of Medicine, Gainesville, FL
Anthony Viera, MD, MPH, FAHA, Duke University Medical School, Durham, NC
David A. Calhoun, MD, FAHA, University of Alabama, Birmingham, AL
Mark Santillan, MD, PhD, FACOG, FAHA, University of Iowa Carver College of Medicine, Iowa City, IA

11:55  Closing Comments
Jan Basile, MD, Medical University of South Carolina, Charleston, SC