

|         | Tuesday 3/20  |                                  | Wednesday 3/21   |                       | Thursday 3/22  |   | Friday 3/23   |   |                   |  |
|---------|---|----------------------------------|--|-----------------------|--|---|---|---|-------------------|--|
| 7:00am  |   |                                  | 7:00-8:00am<br>Refreshment Break   |                       | 7:00-8:30am<br>Refreshment Break   |   | 7:00-8:30 am<br>Refreshment Break   | 7:00-8:30 am<br><b>Early Career Morning Session</b><br><i>Lost or Found? Identifying your Niche in Academic Research*</i> |                   |  |
| 8:00am  | Engaging patients in research: A PCORI Patient-Powered Research Summit* | EPI/Lifestyle Registration Opens | Session 1<br>8:00am-10:00am<br>President's Welcome and Opening Remarks<br><b>Theme: Health Promotion: Risk Prediction to Risk Prevention</b><br>Alfredo Morabia, MD, PhD, MPH, MSc<br>Mintu Turakhia, MD, MAS<br>Angela Odoms-Young, PhD |                       | Session 5<br>8:30am-9:00M<br><b>The David Kritchevsky Memorial Lecture</b><br>Barry M. Popkin, PhD   |   | Workplace Health Session*<br>8:30am-5:00pm  | Session 9<br>8:30am-9:00m<br><b>Richard D. Remington Methodology Lecture</b><br>Joel Kaufman, MD, MPH                     |                   |  |
| 8:30am  |   |                                  | Refreshment Break  |                       | 9:00 – 10:00 AM<br><b>Cardiovascular Biomarkers</b>  |   |   | 9:00am – 10:00am<br><b>Diabetes and Obesity</b>   |                   |  |
| 9:00am  |   |                                  | Refreshment Break  |                       | Refreshment Break  |   | Refreshment Break   |   | Refreshment Break |  |
| 10:00am |   |                                  | Refreshment Break  |                       | Refreshment Break  |   | Refreshment Break   |   | Refreshment Break |  |
| 10:30am |   |                                  | Refreshment Break  |                       | Refreshment Break  |   | Refreshment Break   |   | Refreshment Break |  |
| 10:30am |   |                                  | Session 2<br>10:30am-11:00am<br><b>Hypertension: Guidelines and Prevention</b><br>Paul Whelton<br>11:00am-12:00pm<br><b>Hypertension – Rapid Fire Oral Presentation</b>  |                       | Session 6<br>10:30am-12:00pm<br>Concurrent A<br><b>Hot Off the Press</b><br>Concurrent B<br><b>Lifecourse Epidemiology</b>   |   | Session 10<br>10:30am-12:00pm<br>Concurrent A<br><b>Physical Activity</b><br>Concurrent B<br><b>OMICS</b>   |   |                   |  |
| 12:00pm |   |                                  | Lifestyle Council Annual Business Meeting, Networking Luncheon & Early Career Session<br><i>Keeping the Balance: Avoiding Burnout and Managing Time Demands in Academia</i>  |                       | EPI Council Annual Business Meeting, Network Luncheon & Early Career Session<br><i>International Collaboration in Cardiovascular Epidemiology</i>  | Lifestyle Early Career Lunchtime Session<br><i>3-Minute Thesis Competition (3MT™)</i> | Early Career Roundtable Luncheon<br><i>Forging International Collaboration</i>  |   |                   |  |
| 1:00pm  |   |                                  |  | NHLBI Trainee Session | Session 7<br>1:30pm-3:00pm<br><b>Stamler Award Finalists</b>   |   | Session 11<br>1:30pm-2:00pm<br><b>The William B Kannel, MD Memorial Lectureship in Preventative Cardiology</b><br>Emelia J. Benjamin, MD, ScM, FAHA   |   |                   |  |
| 1:30pm  |   |                                  | Session 3<br>1:30pm-3:00pm<br><b>Risk Prediction</b>   |                       |  |   | 2:00pm-3:00pm<br><b>Nutrition</b>   |   |                   |  |
| 3:00pm  |   |                                  | Refreshment Break  |                       | Refreshment Break  |   | Refreshment Break   |   |                   |  |
| 3:30pm  |   |                                  | Session 4<br>3:30pm-5:00pm<br><b>Health Promotion and Disease Prevention</b>   |                       | Session 8<br>3:30pm-4:15pm<br><b>The Behavior Change Committee: The New Landscape of Tobacco use: E-cigarette Use Patterns and Cardiovascular Disease Risk</b><br>Aruni Bhatnagar, PhD, FAHA |   | Session 12<br>3:30pm-4:30pm<br><b>ASPC Annual Debate: Medical Costs when Considering Cardiovascular Prevention &amp; Treatment</b><br>CON: Matthew DeCamp, MD, PhD<br>PRO: William S. Weintraub, MD, MACC, FAHA, FESC |   |                   |  |
| 5:00pm  | Poster Session 1  |                                  | Poster Session 2   |                       | Poster Session 3   |   |   |   |                   |  |
| 7:00pm  |   |                                  | 7:00-8:00pm<br><b>Hearts Diversity Reception</b><br><i>Hosted by the Council of Epidemiology &amp; Prevention</i>  |                       | 7:00-11:00pm<br><b>JOINT Council Dinner</b><br><i>Hosted by the Council of Epidemiology &amp; Prevention and the Council of Lifestyle &amp; Cardiometabolic Health</i>                       |   | <b>SAVE THE DATE!</b><br><b>March 5-8, 2019</b><br><b>The Westin Galleria Houston, Texas</b>  |   |                   |  |