Council on Lifestyle and Cardiometabolic Health’s

Most impactful publications – 2014

Chiuve, Stephanie E. et al. Lifestyle-based prediction model for the prevention of CVD: The Healthy Heart Score. *Journal of the American Heart Association*

Cook, Nancy R. et al. Lower levels of sodium intake and reduced cardiovascular risk. *Circulation*


Green, Angela K. et al. Sugar-sweetened beverages and prevalence of the metabolically abnormal phenotype in the Framingham Heart Study. *Obesity*

Lee, Duck-chul et al. Leisure-time running reduces all-cause and cardiovascular mortality risk. *Journal of the American College of Cardiology*


Sacks, Frank M. et al. Effects of high vs. low glycemic index of dietary carbohydrate on cardiovascular disease risk factors and insulin sensitivity: the OmniCard Randomized Clinical Trial. *Journal of the American Medical Association*


Wang, Xia et al. Fruit and vegetable consumption and mortality from all causes, cardiovascular disease, and cancer: systematic review and dose-response meta-analysis of prospective cohort studies. *British Medical Journal*

Wickramasinghe, Chanaka D. et al. Prediction of 30-year risk for cardiovascular mortality by fitness and risk factor levels: The Cooper Center Longitudinal Study. *Circulation: Cardiovascular Quality and Outcomes*

Join us at the Joint Council Dinner, Thursday, March 5, 2015 at 7:00 pm
(Marriott Baltimore Waterfront Grand Ballroom Salons 5-6) to hear more details!