STREAM
Discontinuing Statins in Older Adults without Cardiovascular Disease

OBJECTIVE: To determine whether stopping statins is noninferior to continuation for time to first major cardiovascular event or death from any cause in adults aged ≥70 years who have at least two chronic conditions but no known cardiovascular disease

STUDY DESIGN: International, multicenter, open-label, noninferiority randomized control trial, 1:1 randomization, N=1,880

CONCLUSIONS: Statin discontinuation was noninferior to continuation for a composite of major cardiovascular events and death from any cause at 2 years.

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Results reflect the data available at the time of presentation.