OPTIMAL-STROKE
Intensive Blood-Pressure Control in Patients with Previous Ischemic Stroke

OBJECTIVE: To investigate whether intensive blood pressure (BP) control reduces cardiovascular risk after cerebrovascular events

STUDY DESIGN: Multicenter, open-label, randomized, N=4,368

CONCLUSIONS: Targeting a systolic BP of less than 120 mm Hg lowered the incidence of major cardiovascular events compared with targeting a systolic BP of less than 140 mm Hg in patients with previous ischemic stroke or transient ischemic attack.

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Results reflect the data available at the time of presentation.