

ABC-AF study A Randomized Controlled Study of Personalized Treatment to Reduce Stroke or Death in Atrial Fibrillation

PURPOSE: To evaluate whether an ABC-AF (age, biomarkers, and clinical history in atrial fibrillation) risk score-guided treatment strategy reduces the risk of stroke or death compared to standard guideline-based care in patients with AF.

STUDY DESIGN: Multicenter, registry-based, randomized controlled, open-label study, N=3933

KEY TAKEAWAYS: Personalized treatment based on ABC-AF risk scores offered no benefit over standard guideline-based management.

	ABC-AF		Standard of Care		
	Events (%)	Rate/100 patient years	Events (%)	Rate/100 patient years	Log-rank test P value
Primary outcome					
Composite of Stroke or Death	175 (8.87)	3.18	148 (7.54)	2.67	0.12

RESULTS: The ABC-AF score-guided treatment did not significantly enhance clinical outcomes compared with standard of care.