



Free Access to the Newest US and Global Data



Diabetes or prediabetes affects over half of US adults.

(based on 2017 to 2020 data)



Heart Disease Stroke Statistics 2025 Update

The American Heart Association (AHA) **2025 Statistics Update** is a major source for monitoring cardiovascular health, risk factors, and disease in the US and global population. It is published annually in *Circulation* and can be accessed for free at **AHAjournals.org/StatUpdate**

25.5%

of US adults have **high LDL-C** (≥130 mg/dL)

(based on 2017-2020 data)



3.65 million deaths globally were

attributed to high LDL-C

(based on updated 2021 data)



224.3

per 100,000

The age-adjusted **US death rate** attributable to **CVD** (based on 2022 data)



235.2

per 100,000

The age-adjusted global death rate attributable to CVD

(based on updated 2021 data)



On average, someone in the US dies of CVD every 34 seconds

2580 US deaths from CVD each day (based on 2022 data)



On average, someone in the US dies of a stroke every 3 minutes and 11 seconds 453 US deaths from stroke each day (based on 2022 data)



Stroke deaths in the United States increased by **28.7**% between 2012 and 2022.

Martin SS, Aday AW, Allen NB, Almarzooq ZI, Anderson CAM, Arora P, Avery CL, Baker-Smith CM, Bansal N, Barone Gibbs B, Beaton AZ, Commodore-Mensah Y, Currie ME, Elkind MSV, Fan W, Generoso G, Heard DG, Hiremath S, Johansen MC, Kazi DS, Ko D, Leppert MH, Magnani JW, Michos ED, Mussolino ME, Parikh NI, Perman SM, Rezk-Hanna M, Roth GA, Shah NS, Springer MV, St-Onge M-P, Thacker EL, Urbut SM, Van Spall HGC, Voeks JH, Whelton SP, Wong ND, Wong SS, Yaffe K, Palaniappan LP; on behalf of the American Heart Association Council on Epidemiology and Prevention Statistics Committee and Stroke Statistics Committee. 2025 Heart disease and stroke statistics: a report of US and global data from the American Heart Association. Circulation. Published online January 27, 2025.





Heart Disease & Stroke Statistics 2025 Update



Free Access to the Newest US and Global Data

The prevalence of **obesity in children and adolescents** 2 to 19 years of age was

20% in 2017 to 2020.



25.2% of US youth 6-11 years of age and

12.9% of US youth 12-17 years of age

meet the US recommendation of at least 60 minutes of physical activity every day.

(based on 2022 data)



male adults

in the United States reported **cigarette use** every day or some days.

(based on 2021 data)



female adults

in the United States reported **cigarette use** every day or some days.

(based on 2021 data)



1 in 10 high school students

in the United States used **e-cigarettes** in the past 30 days. (based on 2023 data)

United States: Adults



29% have a healthy weight

71% have overweight or obesity

(based on 2017-2020 data)

In 2021, Alzheimer disease and other dementias affected

57 million

people globally.



Global: Adults



41% have a healthy weight

59% have overweight or obesity

(based on 2022 data)



In 2020 to 2021 the annual direct and indirect **costs of CVD** in the United States were an estimated

\$417.9 billion

Access the full report at: AHAjournals.org/StatUpdate

Martin SS, Aday AW, Allen NB, Almarzooq ZI, Anderson CAM, Arora P, Avery CL, Baker-Smith CM, Bansal N, Barone Gibbs B, Beaton AZ, Commodore-Mensah Y, Currie ME, Elkind MSV, Fan W, Generoso G, Heard DG, Hiremath S, Johansen MC, Kazi DS, Ko D, Leppert MH, Magnani JW, Michos ED, Mussolino ME, Parikh NI, Perman SM, Rezk-Hanna M, Roth GA, Shah NS, Springer MV, St-Onge M-P, Thacker EL, Urbut SM, Van Spall HGC, Voeks JH, Whelton SP, Wong ND, Wong SS, Yaffe K, Palaniappan LP; on behalf of the American Heart Association Council on Epidemiology and Prevention Statistics Committee and Stroke Statistics Committee. 2025 Heart disease and stroke statistics: a report of US and global data from the American Heart Association. Circulation. Published online January 27, 2025.