

Council on Lifestyle and Cardiometabolic Health's

Most impactful publications – 2018



EPI|LIFESTYLE ²⁰/₁₈

Deborah Rohm Young, PhD; William L. Haskell, PhD. **Accumulation of Moderate-to-Vigorous Physical Activity and All-Cause Mortality.** *JAMA*

Sadiya S. Khan, MD, MS^{1,2}; Hongyan Ning, MD, MS²; John T. Wilkins, MD, MS. **Association of Body Mass Index With Lifetime Risk of Cardiovascular Disease and Compression of Morbidity.** *JAMA*

Christopher D. Gardner, PhD¹; John F. Trepanowski, PhD¹; Liana C. Del Gobbo, PhD. **Effect of Low-Fat vs Low-Carbohydrate Diet on 12-Month Weight Loss in Overweight Adults and the Association With Genotype Pattern of Insulin Secretion: The DIETFITS Randomized Clinical Trial.** *JAMA*

Deepak L. Bhatt, M.D., M.P.H., P. Gabriel Steg, M.D., Michael Miller, M.D., Eliot A. Brinton, M.D., Terry A. Jacobson, M.D., Steven B. Ketchum, Ph.D., Ralph T. Doyle, Jr., B.A., Rebecca A. Juliano, Ph.D., Lixia Jiao, Ph.D., Craig Granowitz, M.D., Ph.D., Jean-Claude Tardif, M.D., and Christie M. Ballantyne, M.D. **Cardiovascular Risk Reduction with Icosapent Ethyl for Hypertriglyceridemia.** *NJEM*

Regina Guthold, PhD, Gretchen A Stevens, DSc, Leanne M Riley, MSc, Prof Fiona C Bull, PhD. **Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants.** *The Lancet*

Cécilia Samieri, PhD; Marie-Cécile Perier, MSc; Bamba Gaye, PhD. **Association of Cardiovascular Health Level in Older Age With Cognitive Decline and Incident Dementia.** *JAMA*

Mohammadhassan Mirbolouk, MD; Paniz Charkhchi, MD; Sina Kianoush, MD, MPH; S.M. Iftekhar Uddin, MBBS, MSPH; Olusola A. Orimoloye, MBBS, MPH; Rana Jaber, PhD; Aruni Bhatnagar, PhD; Emelia J. Benjamin, MD, ScM; Michael E. Hall, MD, MSc; Andrew P. DeFilippis, MD, MSc; Wasim Maziak, MD, PhD; Khurram Nasir, MD MPH; Michael J. Blaha, MD, MPH. **Prevalence and Distribution of E-Cigarette Use Among U.S. Adults: Behavioral Risk Factor Surveillance System, 2016.** *Ann Intern Med*

Katrina L. Piercy, PhD, RD; Richard P. Troiano, PhD; Rachel M. Ballard, MD, MPH. **The Physical Activity Guidelines for Americans.** *JAMA*

Yuichiro Yano, MD, PhD; Jared P. Reis, PhD; Laura A. Colangelo, MS. **Association of Blood Pressure Classification in Young Adults Using the 2017 American College of Cardiology/American Heart Association Blood Pressure Guideline With Cardiovascular Events Later in Life.** *JAMA*

Sangeeta Lachman, S Matthijs Boekholdt, Robert N Luben, Stephen J Sharp, Soren Brage, Kay-Tee Khaw, Ron JG Peters, Nicholas J Wareham. **Impact of physical activity on the risk of cardiovascular disease in middle-aged and older adults: EPIC Norfolk prospective population study.** *Eur J Prev Cardiol*

Join us at the Joint Council Dinner, Thursday, March 7, 2019 at 7:00-11:00pm (Central)
ADD LOCATION/UPDATE LOGO