



American Heart Association.

## Epidemiology, Prevention, Lifestyle & Cardiometabolic Health

### Poster Upload Instructions

In order for your poster to be included in the program, you are required to upload your poster image (one page PDF, no larger than 10MB) or video file (mp4 file required) of your poster presentation no later than April 23, 2021.

Beginning today, you may submit your poster image or video file via this link: <https://www.dropbox.com/request/hgLe0FUaoF9pm6i7NtpX>

\*IMPORTANT: Please name your file in this specific order: poster number, last name and file type (for example: 123\_Jarvis\_ Poster Image or 123\_Jarvis\_Video).

NOTE: If you choose to share a pdf of your poster only and do not submit a video- your poster will appear as a "picture". We highly recommend a video file so that attendees will be able to easily read your poster.

A poster presentation is meant to be a snapshot of your science. If you choose to prepare a video file we suggest you do not include more than 8 slides (excluding disclosures) and no more than 2-3 minutes in duration. NOTE: You must include a disclosure slide. If you are uploading a pdf only, disclosures must be included somewhere on the pdf. Posters will be available for viewing by attendees throughout the duration of the conference. There will be a feature whereby attendees can communicate with you if you choose to utilize it.

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