



## 2025 Heart Disease & Stroke Statistics Update Fact Sheet Older Americans & Cardiovascular Diseases

### Cardiovascular Disease (CVD) (ICD-9 390 to 459; ICD-10 I00 to I99)

- For the 60–79 years of age group between 2017 and 2020, the following had CVD (with hypertension in the CVD definition): 77.8% of males; 76.3% of females.
- For the 80+ years of age group, the following had CVD (with hypertension in the definition): 85.9% of males; 85.1% of females.

### Coronary Heart Disease (CHD) (ICD-9 410 to 414, 429.2; ICD-10 I20 to I25, includes Myocardial Infarction [MI] ICD-10 I21 to I22)

- For the 60–79-years of age group between 2017 and 2020, the following had CHD: 22.4% of males; 12.2% of females. 12.3% of males and 4.8% of females in this age group have had an MI.
- For the 80+ years of age group between 2017 and 2020, the following had CHD: 30.6% of males; 20.6% of females. 16.5% of males in this age group have had an MI; 7.5% of females.
- Based on data from 2005 to 2014, the average age of first heart attack was 65.6 years for males and 72.0 years for females.

### Stroke (ICD-9 430 to 438; ICD-10 I60 to I69)

- For the 60–79-years of age group between 2017 and 2020, the following had had a stroke: 7.7% of males; 6.8% of females.
- For the 80+ years of age group between 2017 and 2020, the following had had a stroke: 13.9% of males; 14.0% of females.
- From 2012 to 2022, crude stroke death rates increased among people 65 to 74 years of age (11.0%; from 75.7 to 84.0 per 100 000), and >85 years of age (12.1%; from 931.2 to 1043.9 per 100 000) and decreased among those 75 to 84 years of age (–2.6%; 272.2 to 265.0 per 100 000).

### High Blood Pressure (ICD-9 401 to 404; ICD-10 I10 to I15)

- For those 65 to 74 years of age between 2017 and 2020, the following had high blood pressure: 72.0% of males; 75.1% of females.
- For those 75+ years of age between 2017 and 2020, the following had high blood pressure: 80.1% of males; 80.7% of females.
- According to 2017 to 2020 data, awareness, treatment, and control of hypertension were higher at older ages. Hypertension control was more prevalent in US adults ≥60 years of age with hypertension (35.7%) than in those 40 to 59 years of age (21.4%) and those 20 to 39 years of age (8.1%).

### Heart Failure (ICD-9 428, ICD-10 I50)

- According to data from 2017 to 2020, for the 60–79-years of age group, the following had heart failure: 7.5% of males; 4.3% of females.
- According to data from 2017 to 2020, for the 80-years of age and older group, the following had heart failure: 7.1% of males; 10.9% of females.

### Medical Procedures

- In 2020, 55.6% of the percutaneous coronary intervention procedures were performed on people ≥65 years of age.
- In 2023, 18.5% of heart transplant recipients were 65 years of age and older.

### Costs

- Total direct and indirect annual costs for CVD and stroke in 2020 to 2021 were \$174.4 billion for patients 65 years of age and older; about 42% of total CVD and stroke costs.

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[Heart and Stroke Association Statistics](#) | [American Heart Association](#).

Many statistics in this fact sheet come from unpublished tabulations compiled for the Statistics Update document and can be cited using the document citation listed below. The data sources used for the tabulations are listed in the full document. Additionally, some statistics come from published studies. If you are citing any of the statistics in this fact sheet, please review the full Heart Disease and Stroke Statistics document to determine data sources and original citations.

The American Heart Association requests that the full document be cited as follows:

Martin SS, Aday AW, Allen NB, Almarzooq ZI, Anderson CAM, Arora P, Avery CL, Baker-Smith CM, Bansal N, Beaton AZ, Commodore-Mensah Y, Currie ME, Elkind MSV, Fan W, Generoso G, Gibbs BB, Heard DG, Hiremath S, Johansen MC, Kazi DS, Ko D, Leppert MH, Magnani JW, Michos ED, Mussolino ME, Parikh NI, Perman SM, Rezk-Hanna M, Roth GA, Shah NS, Springer MV, St-Onge M-P, Thacker EL, Uribut SM, Van Spall HGC, Voeks JH, Whelton SP, Wong ND, Wong SS, Yaffe K, Palaniappan LP; on behalf of the American Heart Association Council on Epidemiology and Prevention Statistics Committee and Stroke Statistics Committee. 2025 Heart disease and stroke statistics: a report of US and global data from the American Heart Association. *Circulation*. Published online January 27, 2025.

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