



**American
Heart
Association.**

2025 Heart Disease & Stroke Statistical Update Fact Sheet American Indian/Alaska Native Race & Cardiovascular Diseases

Cardiovascular Disease (CVD) (ICD-9 390 to 459; ICD-10 I00 to I99) & Coronary Heart Disease (CHD) (ICD-9 410 to 414, 429.2; ICD-10 I20 to I25 (includes MI ICD-10 I21 to I22))

- In 2022, CVD caused 4,874 deaths among non-Hispanic (NH) American Indian or Alaska Native individuals. CHD resulted in 1,973 deaths and myocardial infarction (MI) caused 572 deaths in this group.

Stroke (ICD-9 430 to 438; ICD-10 I60 to I69)

- In 2022, 747 NH American Indian/Alaska Native people, all ages, died from stroke.
- In 2022, the age-adjusted death rate for stroke in NH American Indian or Alaska Natives was 30.3 per 100,000.

High Blood Pressure (HBP) (ICD-9 401 to 404; ICD-10 I10 to I15)

- In 2022, 861 NH American Indian/Alaska Native people (all ages) died from HBP.
- In 2022, the overall age-adjusted death rate attributable primarily to HBP among NH American Indian/Alaska Native people was 34.4 per 100 000.

Smoking

- According to 2022 data, lifetime use of tobacco products for adults 18 years of age and older was highest in American Indian or Alaska Native adults (70.5%) and NH White adults (69.5%), followed by Hispanic or Latino adults (51.8%), NH Black adults (50.8%), and NH Asian adults (34.9%).
- In 2021, the prevalence rate of adults who reported cigarette use every day or some days was statistically unreliable for NH American Indian and Alaska Native adults.

Diabetes (ICD-9 250; ICD-10 E10 to E11)

- In 2022, the overall age-adjusted death rate attributable to diabetes was 24.1 per 100,000. The rate was 47.7 per 100,000 for NH American Indian/Alaska Native individuals.
- In 2022, 1,219 NH American Indian/Alaska Native individuals died from diabetes.
- Based on 2018 to 2019 data from the Indian Health Service, the age-adjusted prevalence of diagnosed diabetes among American Indian/Alaska Native individuals was 14.4% for males and 14.7% for females.

Unless otherwise noted, all statistics in this Fact Sheet pertain to the United States. Please refer to the complete Statistics Update for references and additional information for reported statistics.

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American Indian/Alaskan Natives & CVD - 2025 Statistical Fact Sheet

Fact sheets, infographics, and current/past Statistics Update publications can be downloaded from:
[Heart and Stroke Association Statistics](#) | [American Heart Association](#).

Many statistics in this fact sheet come from unpublished tabulations compiled for the Statistics Update document and can be cited using the document citation listed below. The data sources used for the tabulations are listed in the full document. Additionally, some statistics come from published studies. If you are citing any of the statistics in this fact sheet, please review the full Heart Disease and Stroke Statistics document to determine data sources and original citations.

The American Heart Association requests that the full document be cited as follows:

Martin SS, Aday AW, Allen NB, Almarzooq ZI, Anderson CAM, Arora P, Avery CL, Baker-Smith CM, Bansal N, Beaton AZ, Commodore-Mensah Y, Currie ME, Elkind MSV, Fan W, Generoso G, Gibbs BB, Heard DG, Hiremath S, Johansen MC, Kazi DS, Ko D, Leppert MH, Magnani JW, Michos ED, Mussolino ME, Parikh NI, Perman SM, Rezk-Hanna M, Roth GA, Shah NS, Springer MV, St-Onge M-P, Thacker EL, Urbut SM, Van Spall HGC, Voeks JH, Whelton SP, Wong ND, Wong SS, Yaffe K, Palaniappan LP; on behalf of the American Heart Association Council on Epidemiology and Prevention Statistics Committee and Stroke Statistics Committee. 2025 Heart disease and stroke statistics: a report of US and global data from the American Heart Association. *Circulation*. Published online January 27, 2025.

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