Difficult Stent Delivery

Aravinda Nanjundappa, MD
Professor of Medicine and Surgery
West Virginia University
Charleston, WV

Difficult stent delivery

- Coronary
- Peripheral
- Structural heart

Background: Coronary

- Tortuous vessels, calcified, CTO and angulated vessels
- Poor vessel preparation
- Inappropriate guide support
- Wrong or poor wire support
- Repeated attempts at same technique

Tips and tricks

- Pre-dilate difficult lesions.
- Use Rotoblator/ atherectomy when appropriate especially calcified vessels.
- Scoring balloon and non complaint balloon may help.
- Appropriate guiding catheters, femoral versus s radial access, large caliber 7 French vs 6 French.
- Use if buddy wires, anchor balloon technique, guide-liner, mother child catheter or Godzilla catheter.

Tips

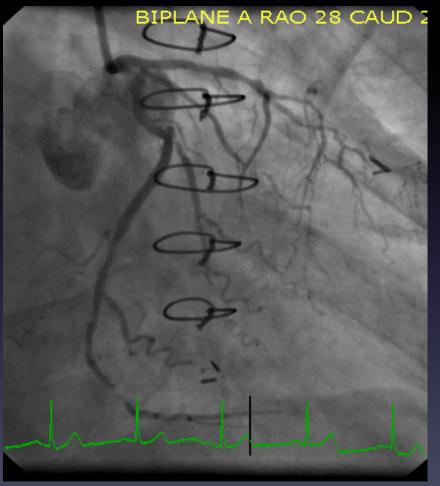
- L main: Radial is acceptable but if involving distal segment and proximal LAD and LCX use 7 French femoral
- Choose good back up support rather than JL4
- LCX proximal: Amplatz rather than EBU
- RCA: Ampltaz or Hockey stick rather than JR4

Case examples:

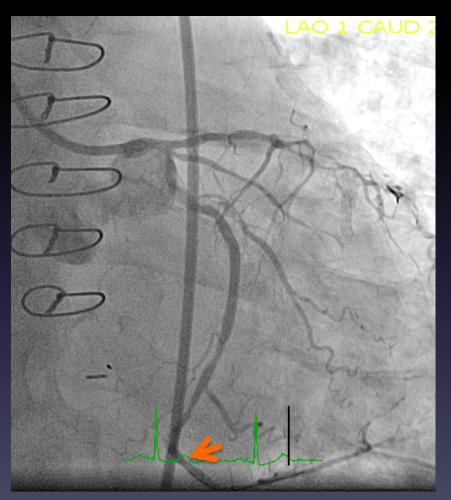
- 90 yr old patient with persistent angina despite medical treatment.
- Stress test showed lateral wall ischemia.
- Attempted PCI of distal LCX outside facility: deliver POBA and 2.25 stent lost in guide catheter. and subsequently noted in proximal LAD (intact LIMA)

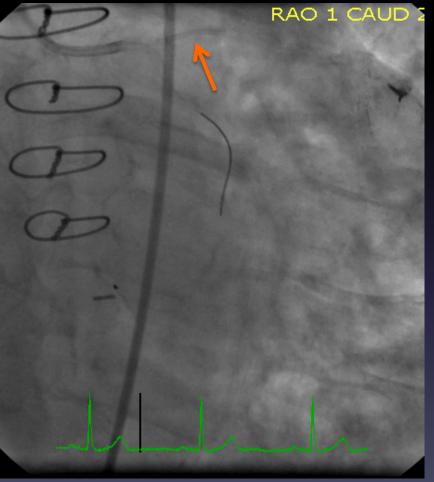
Images





Images





Options

- Lesion involves distal L main and proximal LCX: Redo CABG/medical treatment: NO
- POBA results of distal LCX/PDA acceptable
- Un deployed stent in proximal LAD: Leave it or retrieve or new stent to crush it
- Stent L main into LCX after Roto

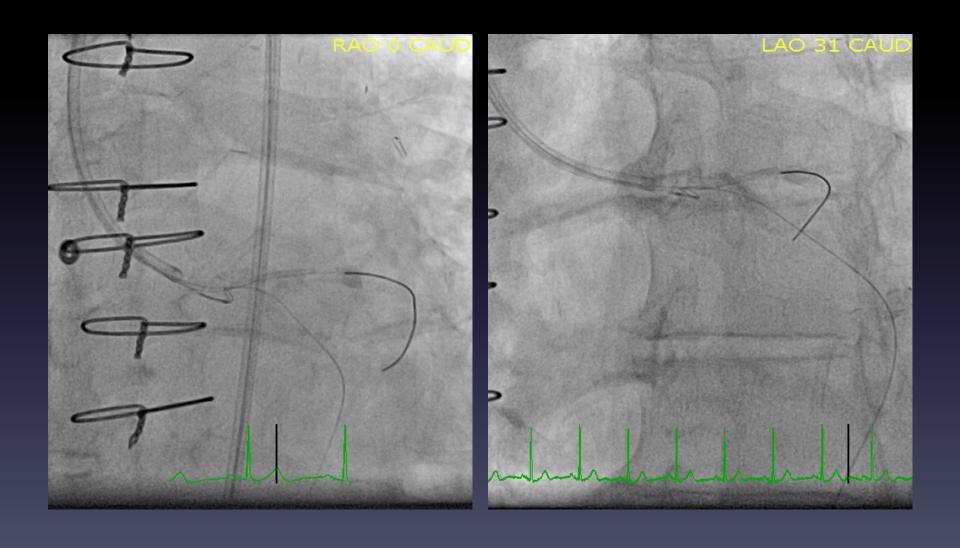
Case: Athrectomy and pre-dilatation



Still difficult to cross: support catheter



What about the un-deployed stent



Final angiogram and retrieved stent





70 yr old with positive lateral wall stress



- Radial 6 french access
- XB LAD 3.5 guide catheter
- LCX comes off at 90° to
 L Main and LAD

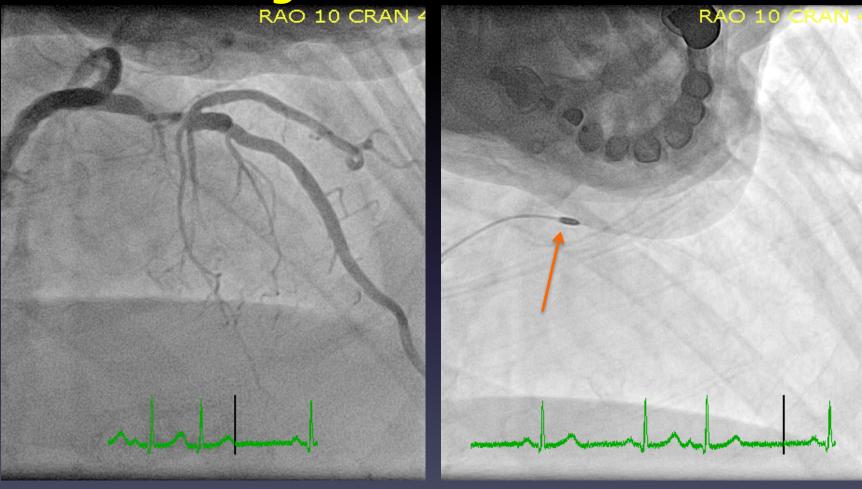
Options

- Change to femoral approach
- Upsize to 7French use
- Use buddy wire
- Pre dilatation
- Support catheter: Guideliner

Delivery of Stent via Guide-liner



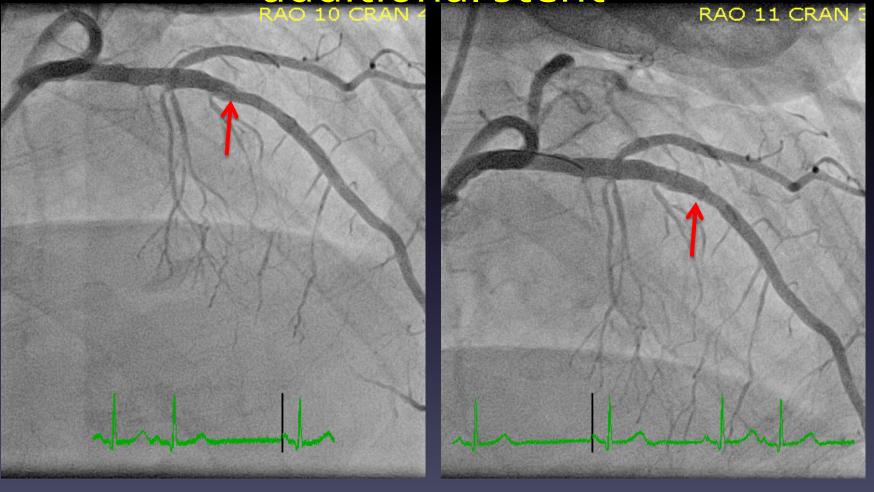
Case: Difficult to deliver stent in a LAD Diag bifurcation lesion RAO 10 CRAN 4



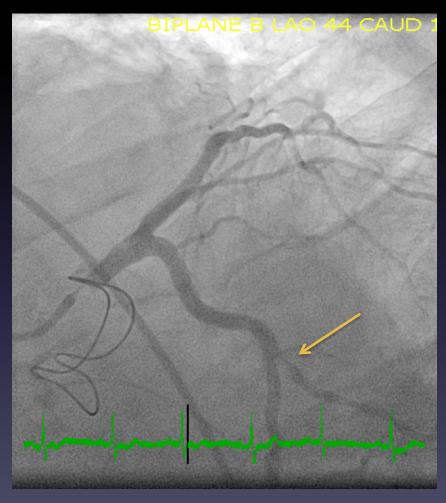
Kissing balloon followed by Support catheter for stent delivery

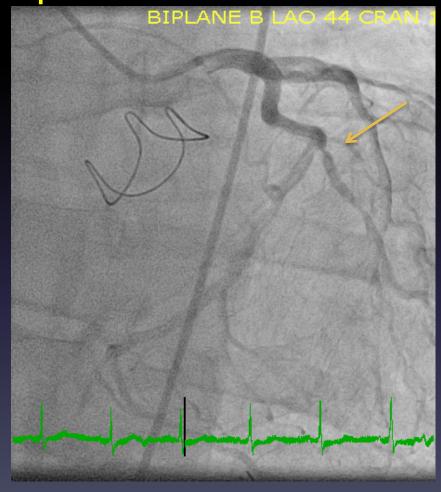


Final angiogram: edge dissectin and additional stent



Case:Ostial OM lesion accute LCX take off and ESRD patient



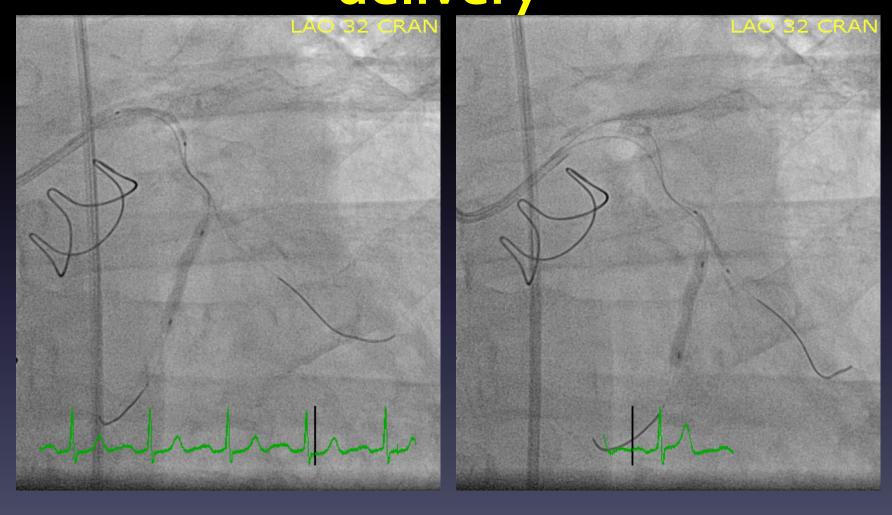


Approach: Double wire

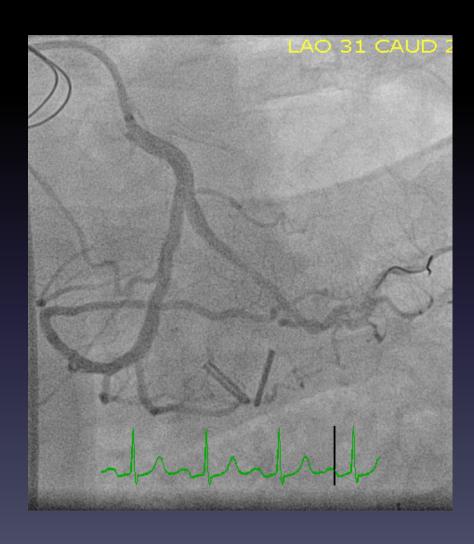


- Attempted stentdelivery failed despitepredilatation
- Options: Rotoblator,
 support catheter or
 anchor balloon

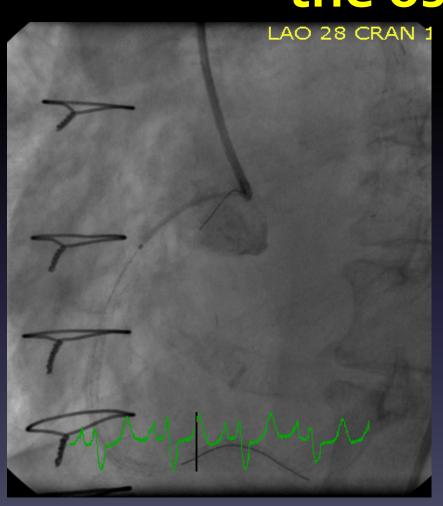
Anchor balloon and stent delivery



Final Images

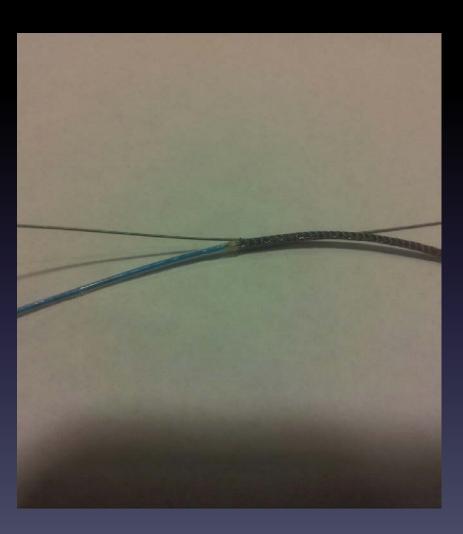


How to precisely place stent at the ostium



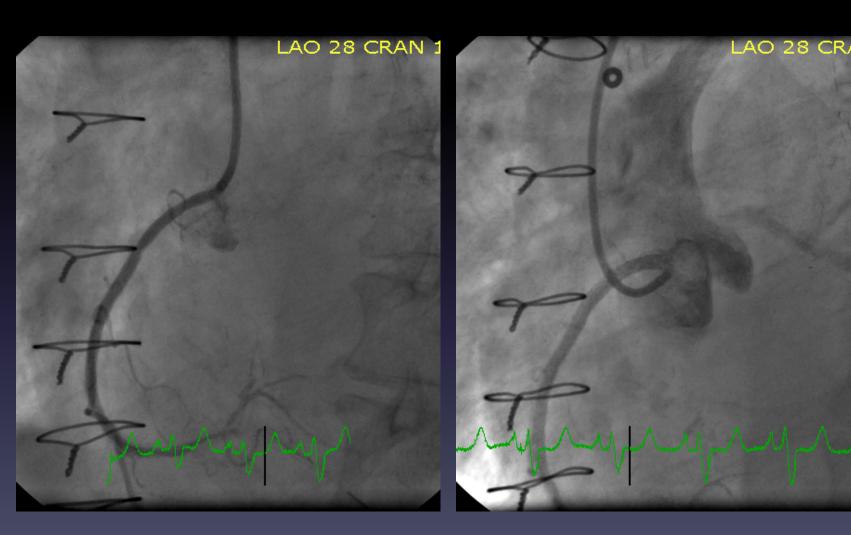
- Leave a wire in the cusp
- Mark the ostium by IVUS
- Szabo technique

Szabo technique



- Leave one wire in main lumen and one in the cusp
- Inflate the stent to 2 atms with the cover on
- Isolate the distal last stent strut
- Insert the back end of the cusp wire through the distal last stent

Final Images



Conclusions

- Stent delivery can be difficult in elderly calcified tortuous arteries
- Choose appropriate access and guide support
- Prepare the vessel with a balloon or athrectomy
- Learn tips and tricks such as double wire, anchor balloon