

Obesity Summit

Monday, November 9, 2026 | McCormick Place Convention Center | Chicago, IL

Final Program

9:30 am – 11:30 am

Location: S105D, South Building, Level 1

Monday, November 9

9:30 – 9:35 am 5 min	Welcome & Summit Overview Chiadi E. Ndumele, MD, PhD, MHS, FAHA, University of Pennsylvania
9:35 – 9:50 am 15 min	Obesity Module 1: Understanding Obesity / Complexity and Origins of Obesity Chiadi E. Ndumele, MD, PhD, MHS, FAHA, University of Pennsylvania
9:50 – 10:10am 20 min	Obesity Module 2: How to Approach the Weight Discussion / Minimizing Bias Kim Gudzone, MD, MPH, Johns Hopkins University School of Medicine
10:10 – 10:30 am 20 min	Obesity Module 3: Supporting Lifestyle Changes Robert F. Kushner, MD, Northwestern University Feinberg School of Medicine
10:30-10:50 am 20 min	Obesity Module 4: Adjunctive therapies (Pharmacologic Therapies & Surgery) Ian J. Neeland, MD, FAHA, University Hospitals Harrington Heart & Vascular Institute
10:50-11:00 am 10 min	Obesity Module 5: Access to Care, Resources Matthew Nennstiel, PharmD, University Hospitals
11:00- 11:20 am 20 min	Obesity Module 6: Weight Loss Maintenance Silvana Pannain, MD, University of Chicago Medicine
11:20 – 11:30 am 10 min	Panel with speakers and Q&A