Clinical Practice/Clinical Science
Clinical Practice/Clinical Science sessions are focused on applying clinical science to the clinician’s practice.

Wednesday September 7, 2022
1:30 – 3:00 PM

State of the Art Debates on Blood Pressure Control

Moderator: Wanpen Vongpatanasin, MD, FAHA

Case Presentation 1
Wanpen Vongpatanasin, MD, FAHA

Blood Pressure Control Should Focus on Less Sodium
Stephen P Juraschek, MD, PhD, FAHA

Blood Pressure Control Should Focus on More Potassium
Swapnil Hiremath, MD, MPH, FAHA, FASN, ISHF

Case Presentation 2
Lama Ghazi, MD, PhD
Systolic Blood Pressure Target Should Be Less Than 130 mm Hg Among Older Adults with Hypertension
Mark A. Supiano, MD, AGSF

For Older Adults We Are Not There Yet: Systolic Blood Pressure Target Should Be 130 mm Hg or Higher
Sanjay Kaul, MD

Thursday, September 8, 2022
3:30 – 5:30 PM

Update on the Non-Pharmacologic Treatment of Hypertension

Moderators: Naomi DL Fisher, MD and D. Edmund Anstey, MD MPH

Treatment of Primary Aldosteronism
Anand Vaidya, MD, MMSc

Treatment of Sleep Apnea for Blood Pressure Control
TBD

Exercise Training in a Sedentary World
Alan L Hinderliter, MD, FAHA
Update in Renal Sympathetic Denervation BP Lowering Effects Hypertension
Sverre E. Kjeldsen, MD, Dr. med.

Weight Loss: Bariatric and Metabolic Surgery
Carlos Aurelio Schiavon

Implementing Sodium Reduction in the Real World
Sarah C. Couch, PhD, RDN

Friday, September 9, 2022
7:30 – 9:30 AM

Update on Pharmacologic Interventions in Hypertension

Moderators: Wanpen Vongpatanasin, MD and Angela L. Price, MD

Chlorthalidone in Chronic Kidney Disease
Rajiv Agarwal, MD, MS

Non-Steroidal Mineralocorticoid Receptor Antagonists
Sadayoshi Ito, MD, PhD
SGLT2 Inhibitors and GLP-1 Receptor Agonists: Role in Hypertension Control
Wanpen Vongpatanasin, MD, FAHA

Chronic Hypertension and Pregnancy (CHAP): Updates on Antihypertensive Medication and Outcomes
Alan Thevenet N. Tita, MD, PhD

Emerging Pharmacotherapy in Hypertension: Lessons Learned from Pharmacogenomics
Arlene Chapman, MD

10:00 AM – 12:00 PM
Population Health: Understanding Disparities and Achieving Health Equity in Hypertension

Moderators: Chinelo Onyilofo, MD, MPH and Hilary K. Wall, MPH

Hypertension in Young Adults: Lessons from Coronary Artery Risk Development in Young Adults (CARDIA) and the Multi-Ethnic Study of Atherosclerosis (MESA)
Yuichiro Yano, MD, PhD, FAHA

Hypertension in Women: Lessons from the Women Health Initiative (WHI)
Sylvia Wassertheil-Smoller, PhD, FAHA
Hypertension in African Americans: Lessons from the Jackson Heart Study (JHS)
Shakia Hardy, PhD, MPH

High Blood Pressure in Children and Adolescents: Focus on the 2020 US Preventive Services Task Force Report
Elaine M. Urbina, MD, MS, FAHA, FACC, FAAP

Hypertension and Systems of Care: Rethinking Healthcare Delivery for Blood Pressure Control
Brent M. Egan, MD, FAHA

Polypill in Underserved Populations
Thomas Wang, MD

Advancing Equity in Hypertension Outcomes in the US: What Have We Achieved?
Yvonne Commodore-Mensah, PhD, MHS, RN, FAHA