



EPI|Lifestyle 2023

Schedule at a Glance

TUESDAY FEBRUARY 28	
5-7 PM	Poster Session 1
WEDNESDAY MARCH 1	
7:30 – 8 AM	Coffee <i>Breakfast on your own</i>
8-10AM	<p>Opening Session and Keynote Lectures: From Science to Action: Implementing Knowledge for Healthy Hearts AHA Presidential Remarks Michelle A. Albert, MD, MPH, FAHA, American Heart Association President</p> <p>Welcome Remarks Marie-France Hivert, MD, FAHA, Chair, EPI/Lifestyle 2023 Program Committee</p> <p>Keynote Speakers Crystal Wiley Cené, MD, MPH, FAHA Sara Bleich, PhD Josiemer Mattei, PhD, MPH</p>
10-10:30 AM	Networking Roundtable Session
10-10:30 AM	Coffee Break
10:30 AM - Noon	Session 2: Oral Abstract Session Health Disparities and Social Determinants of Health
Noon -1:30 PM	Lifestyle Council Annual Business Meeting and Networking Luncheon
1:30 - 3PM	Session 3: Oral Abstract Session Cardiometabolic Health and Disease
3-3:30 PM	Coffee Break
3:30 - 5PM	Session 4: Oral Abstract Session Maternal and Child Cardiometabolic Disease Prevention: Novel Risk Factors and Approaches
1- 5 PM NHLBI Trainee Session on Cardiovascular Epidemiology, Biostatistics, and Prevention	

5-7 PM	Poster Session 2	
7-8:30 PM	EPI Hearts Diversity Reception	
THURSDAY MARCH 2		
7-8:30 AM	3-Minute Rapid Fire Oral Abstract Competition	
7:30 – 8:30 AM	Coffee <i>Breakfast on your own</i>	
8:30 -10AM	<p>Concurrent 5A 8:30 - 9:00 AM The David Kritchevsky Memorial Lecture Shiriki Kumanyika, PhD, MPH</p> <p>9:00 - 10:00 AM Oral Abstract Presentations Nutrition</p>	<p>Concurrent 5B Oral Abstract Session Mixing up the 'omics</p>
10-10:30 AM	Networking Roundtable Session	
10-10:30 AM	Coffee Break	
10:30 AM - Noon	<p>Concurrent 6A American Heart Association Heart Disease and Stroke Statistics Update Seth S Martin, MD</p> <p>AHA Guidelines and Statements Health Equity Research Network on the Prevention of Hypertension Gbenga Ogedegbe, MD</p> <p>Life's Essential 8: The AHA Statement: Sleep as a Component of Heart Health Michael Grandner, PhD MTR DBSM</p> <p>Leveraging Implementation Science for Cardiovascular Health Equity Nathalie Moise, MD, MS, FAHA</p> <p>Optimizing Pre-Pregnancy Cardiovascular Health to Improve Outcomes in Pregnant and Postpartum Individuals and Offspring: A Scientific Statement from the American Heart Association Sadiya Khan, MD</p>	<p>Concurrent 6B Oral Abstract Session Physical Activity, Sedentary Behaviors, and Sleep</p>

Noon -1:30 PM	Council on Epidemiology and Prevention Annual Business Meeting and Networking Luncheon	
1:30 - 3PM	Session 7 The Jeremiah and Rose Stamler Research Award Finalist Presentations	
3-3:30 PM	Coffee Break	
3:30 - 5pm	Session 8 American Society for Preventive Cardiology Annual Debate: Lp(a): Is Universal Screening Ready for Prime Time? Pro: Lp(a): Universal Screening is Necessary Now Allan D. Sniderman, MD Con: Universal Screening of Lp(a) is Not Ready for Prime Time Ann Marie Navar MD, PhD	
5-7 PM	Poster Session 3	
7:00 PM	Joint Council Dinner	
FRIDAY, MARCH 3		
7:00 – 8:30 AM	Coffee <i>Breakfast on your own</i>	
7:15- 8:15 AM	Inside the AHA’s Research Enterprise: Grant Funding and Other Opportunities Glenn H. Dillon, PhD, VP of Research Operations, AHA	
8:30- 10 AM	Session 9A 8:30 - 9:00 AM Frederick H. Epstein Memorial Lecture Sandro Galea, MD, DrPH 9:00 - 10:00 AM Oral Abstract Presentations Cardiometabolic Risk Prediction	Session 9B Oral Abstract Session Ageing/Brain Health
10-10:30 AM	Coffee Break	

<p>10:30 AM - Noon</p>	<p>Session 10A 10:30 - 11:00 AM Integrated Cardiovascular Behavioral Medicine & Implementation Science <i>(Planned in collaboration with the Society for Behavioral Medicine)</i> Cardiovascular Behavioral Medicine: Opportunities for Science and Practice Alyssa Vela, PhD, LP, DipACLM Leveraging Implementation Science to Support Cardiovascular Behavioral Medicine Allison E. Gaffey, PhD</p> <p>11:00 AM- 12:00 PM Oral Abstract Presentations Health Behaviors</p>	<p>Session 10B Oral Abstract Session Hypertension</p>
<p>Noon -12:30 PM</p>	<p>Networking Roundtable Session</p>	
<p>12:30- 1:30 PM</p>	<p>Lunch on your own</p>	
<p>1:30 - 3 PM</p>	<p>Session 11A 1:30 - 2:00 PM The William B Kannel, MD Memorial Lectureship in Preventive Cardiology 2:00 - 3:00 PM Oral Abstract Presentations Preventive Cardiology</p>	<p>Session 11B Oral Abstracts Diabetes and Obesity</p>