

PAD Month | Collaborative Activities

SEPTEMBER 2024 TIMELINE

Sept 3rd @ 6pm **CST** Vascular Cures

Webinar:

https://bit.lu/24P **ADRegistration**

Sept 10th @ 7pm CST

ACC

Health Equity Webinar

SVS Vascular Health Step Challenge (entire month)

Sept 19th -22nd SVM

Annual Scientific Sessions Houston, TX

Sept 24th @ 6pm CST SVN

Webinar Roundtable:

https://www.svnnet.o rg/page/roundtables

Sept 8th-14th

SVN

Vascular **Nurses Week**

Activities

SCA/ Get a Pulse on PAD toolkit (throughout month)

ACC Social media, article in Cardiology magazine (throughout month)

ACC CardiaCast PAD podcast series (released each Friday)

Sept 11th

SVM

Journal Club Session on New PAD Guidelines

#PADAWARENESS

Sept

AHA

National Press Release Heat Map Activation Guide Release AHA PAD House Calls Real Docs Real Talk:

House Calls | American **Heart Association**





Join Us for an Informative Webinar on Peripheral Artery Disease (PAD)!

The Foundation to Advance Vascular Cures and the PAD Collaborative are hosting a special webinar designed to provide essential support and information for those newly diagnosed with Peripheral Artery Disease.

Date: September 3, 2024

Time: 4-5 PM Pacific | 6 PM CT | 7 PM ET

Don't miss this opportunity to empower yourself with knowledge and connect with others on a similar journey.

Register now: https://bit.ly/24PADRegistration







PATIENTS ARE PARTNERS™: HEAR FROM PATIENTS LIKE US

SUPPORT AND INFORMATION FOR PEOPLE NEWLY DIAGNOSED WITH PERIPHERAL ARTERY DISEASE



DATE: SEPTEMBER 3, 2024



5 PM PACIFIC



MODERATOR:

DR. MICHAEL CONTE

ISABEL BJORK, JD

WEBINAR AGENDA:

Activating and Engaging Newly Diagnosed Patients

- Hear Patients' Lived Experiences
- Discover Information Resources
- Learn About Peer Support Options
- Integrate Lifestyle Changes to Achieve Better Health

Register at https://bit.ly/24PADRegistration



Join us on Tuesday, 9/24/24 at 6:00 pm CST to learn about your risk based on where you live.

Register here:

https://www.svnnet.org/page/ro undtables

Society for Vascular Nursing, PAD Collaborative & The Association for the Advancement of Wound Care Present

What Is It?

Leg Circulation Disease is More Common Than You Know—Are You At Risk?

SAVE THE DATE! Join us on Tuesday, Sept. 24, 2024 at 6:00pm CST to learn about your risk based on where you live.

REGISTER AT: https://www.svnnet.org/page/roundtables









The SVS Foundation challenges you to walk 60 miles between Sept. 1 – Sept. 30 to represent the 60,000 miles of blood vessels in the human body.

By participating, every step you take helps spread the word about PAD + raise \$60,000 to fund vascular research, education, and awareness initiatives. Invite your friends, family, and colleagues to join your team and make a difference together.

Participants will receive an exclusive 2024 Vascular Health Step Challenge t-shirt + be eligible to win incredible prizes!

Learn more + join the movement to get moving: https://www.charityfootprints.com/Vascular



Register today to join the movement to get moving + raise awareness of PAD.





American Heart Association PAD House Calls Real Docs Real Talk

We at House Calls understand you have a lot to manage in your daily lives and want to make managing your heart and brain health easier.

Whether you want to prevent or better your health, House Calls can address your questions with answers that will fit into your daily routine.

American Heart Association House Calls host, Dr. Eduardo Sanchez, Chief Medical Officer for Prevention, carefully reviews your question and offers science-backed advice on heart health habits and conditions.

View House Calls related specifically to PAD:

House Calls | American Heart Association

¿Qué es la enfermedad arterial periférica?



La enfermedad arterial periférica o
EAP es un estrechamiento de las
arterias periféricas o arterias que
transportan sangre desde el corazón a
otras partes del cuerpo, como los
brazos y las piernas. EAP también
puede aumentar el riesgo de
enfermedad de las arterias coronarias,
ataque cardíaco y derrame cerebral.

Six simple steps you can take to treat PAD at home



One of the most effective ways to prevent and treat peripheral artery disease, or PAD, is regular physical activity. Dr. Eduardo Sanchez takes us through a simple walking routine that one can help increase leg strength, making it easier to walk and climb stairs, and ease your PAD symptoms.



SEPTEMBER SOCIAL CALENDAR

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Patient/Consumer Posts

- September 2: 1:00 PM
- September 4: 10:00 AM
- September 5: 11:00 AM
- September 9: 12:00 PM

- September 9: 1:00 PM
- September 12: 11:00 AM
- September 12: 5:00 PM
- September 16: 12:00 PM

- September 17: 2:00 PM
- September 18: 9:00 AM
- September 19: 7:00 AM
- September 25: 9:00 AM

AHA Social Media Accounts

Patient/Consumer:

- American_Heart (Instagram)
- American Heart Association (Facebook)
- American Heart Association (LinkedIn)
- @American_Heart
 (X)
- September 26: 7:00 AM
- September 26: 11:00 AM
- September 29: 10:00 AM

* All times are in CST



2024 SOCIAL CALENDAR

SEPTEMBER							
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