

# 2024 AHA/ACC/ACS/ASNC/HRS/SCA/SCCT/SCMR/SVM Guideline for Perioperative Cardiovascular Management for Noncardiac Surgery

A Report of the American Heart Association/American College of Cardiology Joint Committee on Clinical Practice Guidelines

Developed in Collaboration With and Endorsed by the American College of Surgeons, American Society of Nuclear Cardiology, Heart Rhythm Society, Society of Cardiovascular Anesthesiologists, Society of Cardiovascular Computed Tomography, Society of Cardiovascular Magnetic Resonance, and the Society for Vascular Medicine





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# 2024 Writing Committee Members\*

Annemarie Thompson, MD, MBA, FAHA, Chair Kirsten E. Fleischmann, MD, MPH, FACC, Vice-Chair Nathaniel R. Smilowitz, MD, MS, FACC, Vice-Chair Lisa de las Fuentes, MD, MS, FAHA, *JC Liaison*† Debabrata Mukherjee, MD, MS, FACC, FAHA, JC Liaison‡

Niti R. Aggarwal, MD, FACC, FASNC Faraz S. Ahmad, MD, MS, FACC, FAHA§ Robert B. "Skip" Allen, JD S. Elissa Altin, MD, FACC, FSVM Andrew Auerbach, MD, MPH Jeffrey S. Berger, MD, MS, FAHA, FACC Benjamin Chow, MD, PhD, FACC, FASNC, MSCCT Habib A. Dakik, MD, FACC Eric L. Eisenstein, DBA Marie Gerhard-Herman, MD, FACC, FAHA Kamrouz Ghadimi, MD, MHSc, FAHA Bessie Kachulis, MD# Jacinthe Leclerc, RN, PhD, FAHA Christopher S. Lee, PhD, RN, FAHA\*\*

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> Tracy E. Macaulay, PharmD, FACC Gail Mates, BS Geno J. Merli, MD, FSVM Purvi Parwani, MBBS, MPH, FACC<sup>++</sup> Jeanne E. Poole, MD, FACC, FHRS<sup>‡‡</sup> Michael W. Rich, MD, FACC Kurt Ruetzler, MD, PhD, FAHA Steven C. Stain, MD, FACS§§ BobbieJean Sweitzer, MD Amy W. Talbot, MPH Saraschandra Vallabhajosyula, MD, MSc, FAHA, FACC John Whittle, MD Kim Allan Williams, Sr., MD, MACC, FAHA, MASNC

\*Writing committee members are required to recuse themselves from voting on sections to which their specific relationships with industry may apply; see Appendix 1 for detailed information. <sup>†</sup>Former ACC/AHA JCCPG member; current member during the writing effort. <sup>‡</sup>ACC/AHA Joint Committee on Clinical Practice Guidelines. §AHA/ACC Joint Committee on Clinical Data Standards. Society for Vascular Medicine representative. Society of Cardiovascular Computed Tomography representative. #Society of Cardiovascular Anesthesiologists representative. \*\*AHA/ACC Joint Committee on Performance Measures. ++Society for Cardiovascular Magnetic Resonance representative. ++Heart Rhythm Society representative. §§American College of Surgeons representative.









1. A stepwise approach to perioperative cardiac assessment assists clinicians in determining when surgery should proceed or when a pause for further evaluation is warranted.





2. Cardiovascular screening and treatment of patients undergoing noncardiac surgery (NCS) should adhere to the same indications as nonsurgical patients, carefully timed to avoid delays in surgery and chosen in ways to avoid overscreening and overtreatment.





3. Stress testing should be performed judiciously in patients undergoing NCS, especially those at lower risk, and only in patients in whom testing would be appropriate independent of planned surgery.





4. Team-based care should be emphasized when managing patients with complex anatomy or unstable cardiovascular disease.





5. New therapies for management of diabetes, heart failure, and obesity have significant perioperative implications. Sodium-glucose cotransporter 2 inhibitors should be discontinued 3 to 4 days before surgery to minimize the risk of perioperative ketoacidosis associated with their use.





6. Myocardial injury after NCS is a newly identified disease process that should not be ignored because it portends real consequences for affected patients.





7. Patients with newly diagnosed atrial fibrillation identified during or after NCS have an increased risk of stroke. These patients should be followed closely after surgery to treat reversible causes of arrhythmia and to assess the need for rhythm control and long-term anticoagulation.





8. Perioperative bridging of oral anticoagulant therapy should be used selectively only in those patients at highest risk for thrombotic complications and is not recommended in the majority of cases.





9. In patients with unexplained hemodynamic instability and when clinical expertise is available, emergency focused cardiac ultrasound can be used for preoperative evaluation; however, focused cardiac ultrasound should not replace comprehensive transthoracic echocardiography.





# Table 2. Definitions of Surgical Timing and Surgical Risk

| _Timing        | Definition  |  |  |
|----------------|---|--|--|
| Emergency      | Immediate threat to life or limb without surgical intervention, where there is ve |  |  |
|                | limited or no time for preoperative clinical evaluation, typically <2 h.          |  |  |
| Urgent         | Threat to life or limb without surgical intervention, where there may be time for |  |  |
|                | preoperative clinical evaluation to allow interventions that could reduce risk of |  |  |
|                | MACE or other postoperative complications, typically $\geq 2$ to $< 24$ h.        |  |  |
| Time-sensitive | Surgery may be delayed up to 3 mo to allow for preoperative evaluation and        |  |  |
|                | management without negatively impacting outcomes.                                 |  |  |
| Elective       | The surgical procedure can be delayed to permit a complete preoperative evalu     |  |  |
|                | and appropriate management.   |  |  |

\*Determining elevated calculated risk depends on the calculator used. Traditionally a Revised Cardiac Risk Index (RCRI) >1 or a calculated risk of MACE with any perioperative risk calculator >1% is used as a threshold to identify patients at elevated risk. †Encompasses patients at intermediate or high surgical risk.

MACE indicates major adverse cardiovascular event; and RCRI, Revised Cardiac Risk Index.







# Table 2. Definitions of Surgical Timing and Surgical Risk (con't.)

| Risk Category*             | Definition                                  |
|----------------------------|---|
| Low risk                   | Combined surgical and patient               |
|                            | characteristics predict a low risk of MACE  |
|                            | of <1%.*                                    |
| Elevated risk <sup>†</sup> | Combined surgical and patient               |
|                            | characteristics predict an elevated risk of |
|                            | MACE of $\geq 1\%$ .*                       |

\*Determining elevated calculated risk depends on the calculator used. Traditionally a Revised Cardiac Risk Index (RCRI) >1 or a calculated risk of MACE with any perioperative risk calculator >1% is used as a threshold to identify patients at elevated risk. †Encompasses patients at intermediate or high surgical risk.

MACE indicates major adverse cardiovascular event; and RCRI, Revised Cardiac Risk Index.





Table 3. Applying the American College of Cardiology/American Heart Association Class of Recommendation and Level of Evidence to Clinical Strategies, Interventions, Treatments, or Diagnostic Testing in **Patient** Care (Updated May 2019)

Applying Class of Recommendation and Level of Evidence to Clinical Strategies, Interventions, Treatments, or Diagnostic Testing in Patient Care (Updated May 2019)\*

Benefit >>> Risk

Benefit >> Risk

**Benefit > Risk** 

**Risk > Benefit** 

### **CLASS (STRENGTH) OF RECOMMENDATION**

### CLASS 1 (STRONG)

### Suggested phrases for writing recommendations:

- Is recommended
- Is indicated/useful/effective/beneficial
- Should be performed/administered/other
- Comparative-Effectiveness Phrasest:
- Treatment/strategy A is recommended/indicated in preference to treatment B
- Treatment A should be chosen over treatment B

### **CLASS 2a (MODERATE)**

### Suggested phrases for writing recommendations:

- Is reasonable
- Can be useful/effective/beneficial
- Comparative-Effectiveness Phrases†:
- Treatment/strategy A is probably recommended/indicated in preference to treatment B
- It is reasonable to choose treatment A over treatment B

### CLASS 2b (WEAK)

### Suggested phrases for writing recommendations:

- May/might be reasonable
- May/might be considered
- Usefulness/effectiveness is unknown/unclear/uncertain or not wellestablished

CLASS 3: No Benefit (MODERATE) Benefit = Risk (Generally, LOE A or B use only)

### Suggested phrases for writing recommendations:

- Is not recommended
- Is not indicated/useful/effective/beneficial
- Should not be performed/administered/other

### Class 3: Harm (STRONG)

### Suggested phrases for writing recommendations:

- Potentially harmful
- Causes harm
- Associated with excess morbidity/mortality
- Should not be performed/administered/other

### LEVEL (QUALITY) OF EVIDENCE‡

### LEVEL A

- High-quality evidence<sup>±</sup> from more than 1 RCT
- Meta-analyses of high-quality RCTs
- · One or more RCTs corroborated by high-quality regist

### LEVEL B-R

- Moderate-guality evidence<sup>±</sup> from 1 or more RCTs
- Meta-analyses of moderate-quality RCTs

### LEVEL B-NR

- Moderate-quality evidence‡ from 1 or more well-desi executed nonrandomized studies, observational studi studies
- Meta-analyses of such studies

### LEVEL C-LD

- Randomized or nonrandomized observational or regist limitations of design or execution
- Meta-analyses of such studies
- Physiological or mechanistic studies in human subject

### LEVEL C-EO

· Consensus of expert opinion based on clinical experience

COR and LOE are determined independently (any COR may be paired with any LOE).

A recommendation with LOE C does not imply that the recommendation is weak. Many important clinical questions addressed in guidelines do not lend themselves to clinical trials. Although RCTs are unavailable, there may be a very clear clinical consensus that a particular test or therapy is useful or effective.

- \* The outcome or result of the intervention should be specified (an improved clinical outcome or increased diagnostic accuracy or incremental prognostic information).
- + For comparative-effectiveness recommendations (COR 1 and 2a; LOE A and B only). studies that support the use of comparator verbs should involve direct comparisons of the treatments or strategies being evaluated.
- The method of assessing quality is evolving, including the application of standardized, widely-used, and preferably validated evidence grading tools; and for systematic reviews, the incorporation of an Evidence Review Committee.

COR indicates Class of Recommendation; EO, expert opinion; LD, limited data; LOE, Level of Evidence; NR, nonrandomized; R, randomized; and RCT, randomized controlled trial.

| ry studies                     |
|--------------------------------|
| (Randomized)                   |
|                                |
|                                |
| onrandomized)                  |
| gned, well-<br>is, or registry |
| o, or rogical)                 |
|                                |
| (Limited Data)                 |
| ry studies with                |
|                                |
| S                              |
| xpert Opinion)                 |





# **Risk Calculators**







### Cardiovascular Risk Indices

|       | <b>Recommendation for Cardiovascular Risk Indices</b>                                 |   |  |  |
|-------|---|---|--|--|
| Refer | Referenced studies that support the recommendations are summarized in the Online Data |   |  |  |
|       |   | Supplement.   |  |  |
| COR   | LOE   | Recommendation  |  |  |
| 2a    | B-NR  | 1. In patients with known CVD being considered for NCS, a validate<br>risk-prediction tool can be useful to estimate the risk of<br>perioperative MACE. |  |  |







### Table 4. Risk Scores and Calculators

|          | Goldman Index of<br>Cardiac Risk<br>(1977) | Revised Cardiac<br>Risk Index<br>(RCRI) (1999) | Gupta NSQIP Risk Calculator for<br>Perioperative Myocardial Infarction<br>or Cardiac Arrest (MICA) (2011) | ACS NSQIP Surgical<br>Risk Calculator (2023) | Surgical Outcome<br>Risk Tool (2014) | NSQIP Geriatric-<br>Sensitive<br>Perioperative Cardiac<br>Risk Index (2017) | AUB-HAS2<br>Cardiovascular Risk<br>Index (2019) |
|----------|--|--|---|--|--------------------------------------|---|---|
| Criteria | • Age >70 y (5                             | Ischemic heart                                 | • Age   | • Age group                                  | • Age group                          | •ASA class  | • Age ≥75 y                                     |
|          | points)                                    | disease  | • ASA class   | • Sex  | ASA class                            | • History of HF   | • History of heart disease                      |
|          | • Recent MI within                         | Cerebrovascular                                | Preoperative function   | ASA class                                    | • Urgency of surgery                 | History of stroke   | • Symptoms of                                   |
|          | 6 mo (10 points)                           | disease  | • Creatinine  | <ul> <li>Functional status</li> </ul>        | • Specialty                          | • Diabetes  | angina/dyspnea                                  |
|          | Jugular venous                             | • History of HF                                | • Procedure type (anorectal surgery,  | <ul> <li>Emergency case</li> </ul>           | • Severity of surgery                | Functional status   | • Hemoglobin <12 mg/dL                          |
|          | distention or a third                      | • Insulin therapy                              | aortic, bariatric, brain, breast, cardiac,  | • Steroid use for chronic                    | • Cancer                             | (partially versus totally   | <ul> <li>Vascular surgery</li> </ul>            |
|          | heart sound on                             | for diabetes                                   | ENT, foregut/hepato-pancreatobiliary,   | condition                                    |                                      | dependent)  | • Emergency surgery                             |
|          | auscultation (11                           | • Serum  | gallbladder/appendix/adrenal/spleen,  | • Ascites within 30 d                        |                                      | • Creatinine >1.5mg/dL  |   |
|          | points)                                    | creatinine ≥2.0                                | intestinal, neck, obstetric/  | preoperatively                               |                                      | <ul> <li>Surgical category</li> </ul>                                       |   |
|          | • ≥5 PVCs per                              | mg/dL  | gynecologic, orthopedic, other  | • System sepsis within 48                    |                                      |   |   |
|          | minute (7 points)                          | Planned high-                                  | abdomen, peripheral vascular, skin,   | h preoperatively                             |                                      |   |   |
|          | Nonsinus rhythm                            | risk procedure                                 | spine, thoracic, urology, vein)   | <ul> <li>Ventilator dependent</li> </ul>     |                                      |   |   |
|          | or PACs on                                 | (intraperitoneal,                              |   | <ul> <li>Disseminated cancer</li> </ul>      |                                      |   |   |
|          | preoperative ECG                           | intrathoracic, or                              |   | Diabetes                                     |                                      |   |   |
|          | (7 points)                                 | vascular surgery)                              |   | • HTN requiring                              |                                      |   |   |
|          | • Aortic stenosis (3                       |  |   | medication                                   |                                      |   |   |
|          | points)                                    | (1 point for each                              |   | <ul> <li>Previous cardiac event</li> </ul>   |                                      |   |   |
|          | • Intraperitoneal,                         | criterion)                                     |   | • HF in 30 d                                 |                                      |   |   |
|          | intrathoracic, or                          |  |   | preoperatively                               |                                      |   |   |
|          | aortic surgery (3                          |  |   | • Dyspnea                                    |                                      |   |   |
|          | points)                                    |  |   | • Current smoker within 1                    |                                      |   |   |
|          | • Any emergency                            |  |   | у  |                                      |   |   |
|          | surgery (4 points)                         |  |   | • History of COPD                            |                                      |   |   |
|          |  |  |   | Dialysis                                     |                                      |   |   |
|          |  |  |   | • Acute renal failure                        |                                      |   |   |
|          |  |  |   | BMI class                                    |                                      |   |   |
|          |  |  |   | • CPT-specific linear risk                   |                                      |   |   |





## Table 4. Risk Scores and Calculators (con't.)

| Score Range                            | Class I: 0-5 points<br>(lowest risk)<br>Class II: 6-12 points<br>Class III: 13-25<br>points<br>Class IV: ≥26 points<br>(highest risk) | Class I: RCRI 0<br>(lowest risk)<br>Class II: RCRI 1<br>Class III: RCRI 2<br>Class IV: RCRI<br>3+ (highest risk) | 0%-100%<br>(0% lowest risk, 100% highest risk)                | 0%-100%<br>(0% lowest risk, 100%<br>highest risk)          | 0%-100%<br>(0% lowest risk, 100%<br>highest risk) | 0%-100%<br>(0% lowest risk, 100%<br>highest risk)                                    | CVRI Score 0 (lowest<br>risk)<br>CVRI Score 1<br>CVRI Score 2<br>CVRI Score 3<br>CVRI Score >3 (highest<br>risk) |
|--|---|--|---|--|---|--|--|
| Threshold<br>Denoting<br>Elevated Risk | Class II or higher<br>(≥6 points)   | RCRI >1  | >1%   | >1%  |   | >1%  | CVRI Score ≥2  |
| Outcome                                | Intraoperative/posto<br>perative MI,<br>pulmonary edema,<br>VT, cardiac death   | MI, pulmonary<br>edema, ventricular<br>fibrillation,<br>complete heart<br>block, cardiac<br>death                | Intraoperative/postoperative MI or cardiac arrest within 30 d | Cardiac arrest, MI, all-<br>cause mortality within 30<br>d | 30-d mortality                                    | Cardiac arrest, MI, all-<br>cause mortality within<br>30 d                           | Death, MI, or stroke at 30<br>d  |
| Derivation (n)                         | 1001  | 1422   | 211,410   | 1,414,006  | 19,097  | 584,931  | 3284   |
| Derivation Set<br>ROC                  | 0.61  | 0.76   | 0.88  | 0.90 (cardiac arrest or MI)<br>0.94 (mortality)            |   | N/A  | 0.90   |
| Validation Set<br>ROC                  | 0.70  | 0.81<br>0.75†  | 0.87*   | 0.88 (cardiac arrest or<br>MI)*<br>0.94 (mortality)*       | 0.91‡   | $\begin{array}{c} 0.83^{*} \\ (0.76 \text{ in adults age} \geq 65 \\ y) \end{array}$ | 0.82*  |
| Score Range                            | Class I: 0-5 points<br>(lowest risk)<br>Class II: 6-12 points<br>Class III: 13-25<br>points<br>Class IV: ≥26 points<br>(highest risk) | Class I: RCRI 0<br>(lowest risk)<br>Class II: RCRI 1<br>Class III: RCRI 2<br>Class IV: RCRI<br>3+ (highest risk) | 0%-100%<br>(0% lowest risk, 100% highest risk)                | 0%-100%<br>(0% lowest risk, 100%<br>highest risk)          | 0%-100%<br>(0% lowest risk, 100%<br>highest risk) | 0%-100%<br>(0% lowest risk, 100%<br>highest risk)                                    | CVRI Score 0 (lowest<br>risk)<br>CVRI Score 1<br>CVRI Score 2<br>CVRI Score 3<br>CVRI Score >3 (highest<br>risk) |





### Table 4. Risk Scores and Calculators (con't.)

\*Validated using the NSQIP database.

<sup>†</sup>Pooled validation studies assessing the performance of the RCRI in mixed noncardiac surgery.

<sup>‡</sup>Derived and validated using the NCEPOD Knowing the Risk study.

ACS indicates American College of Surgeons; ASA, American Society of Anesthesiologists; AUB, American University of Beirut; BMI, body mass index; COPD, chronic obstructive pulmonary disease; CPT, current procedural terminology; CVRI, Coronary Vascular Resistance Index; ECG, electrocardiogram; ENT, ear, nose and throat; HF, heart failure; HTN, hypertension; MI, myocardial infarction; MICA, MI and cardiac arrest; NCEPOD, National Confidential Enquiry into Patient Outcome and Death; NSQIP, National Surgical Quality Improvement Program; PAC, premature atrial contraction; PVC, premature ventricular complex; RCRI, Revised Cardiac Risk Index; ROC, receiver operating characteristic; and VT, ventricular tachycardia.





## Functional Capacity Assessment

|        | <b>Recommendation for Functional Capacity Assessment</b>                              |   |  |
|--------|---|---|--|
| Refere | Referenced studies that support the recommendations are summarized in the Online Data |   |  |
|        | Supplement.   |   |  |
| COR    | LOE   | Recommendation  |  |
| 2a     | B-NR  | 1. In patients undergoing elevated-risk NCS, a structure<br>assessment of functional capacity (such as the Duke Activity<br>Status Index [DASI]) is reasonable to stratify the risk o<br>perioperative adverse cardiovascular events. |  |







## Table 5. Duke Activity Status Index (DASI)

| Activity: Can you  | Weig |  |
|--|------|--|
| take care of yourself (eg, eating, dressing, bathing, or using the toilet)?                  | 2.75 |  |
| walk indoors, such as around your house?   | 1.75 |  |
| walk a block or 2 on level ground?   | 2.75 |  |
| climb a flight of stairs or walk a hill?   | 5.5  |  |
| run a short distance?  | 8    |  |
| do light work around the house (eg, dusting, washing dishes)?                                | 2.7  |  |
| do moderate work around the house (eg, vacuuming, sweeping floors, carrying in               |      |  |
| groceries)?  |      |  |
| do heavy work around the house (eg, scrubbing floors, lifting or moving heavy furniture)?    | 8    |  |
| do yardwork (eg, raking leaves, weeding, pushing a power mower)?                             | 4.5  |  |
| have sexual relations?   | 5.25 |  |
| participate in moderate recreational activities (eg, golf, bowling, dancing, doubles tennis, | 6    |  |
| throwing a baseball or football)?  |      |  |
| participate in strenuous sports (eg, swimming, singles tennis, basketball, skiing)?          | 7.5  |  |

The DASI score is calculated by adding the points of all performed activities together. The higher the score (range, 0-58.2), the higher the functional status.







## Frailty

|            | <b>Recommendation for Frailty</b>   |  |  |  |
|------------|---|--|--|--|
| Referen    | Referenced studies that support the recommendations are summarized in the Online Data |  |  |  |
|            | Supplement.   |  |  |  |
| COR        | LOE   | Recommendation   |  |  |
| <b>2</b> a | <b>B-NR</b>   | <ol> <li>In all patients ≥65 years of age and in those &lt;64 years with<br/>perceived frailty who are undergoing elevated-risk NCS,<br/>preoperative frailty assessment using a validated tool can be<br/>useful for evaluating perioperative risk and guiding<br/>management.</li> </ol> |  |  |







## Table 6. Frailty Assessment Tools

| Name                              | Items                     | Scoring                    |
|-----------------------------------|---------------------------|----------------------------|
| Physical Frailty Phenotype        | Slowness, low activity,   | 0=Nonfrail                 |
| (Fried Phenotype)                 | weight loss, exhaustion,  | 1-2=Prefrail               |
|                                   | weakness (1 point each)   | 3-5=Frail                  |
| <b>Deficit Accumulation Index</b> | Variable; typically 30-70 | Number of deficits/number  |
|                                   | items from multiple       | items scored; higher score |
|                                   | domains                   | indicate greater frailty   |
| <b>Edmonton Frail Scale</b>       | 10 items across multiple  | Sum of scores/17; higher   |
|                                   | domains                   | scores indicate greater    |
|                                   |                           | frailty                    |







### Table 6. Frailty Assessment Tools (con't.)

| Name                          | Items                           | Scoring                        |
|-------------------------------|---------------------------------|--------------------------------|
| FRAIL Scale                   | Fatigue, stair climb,           | 0=Nonfrail                     |
|                               | ambulation, illnesses >5,       | 1-2=Intermediate               |
|                               | weight loss $\geq 5\%$ (1 point | 3-5=Frail                      |
|                               | each)                           |                                |
| <b>Clinical Frailty Scale</b> | 9 categories ranging from       | Categories 5-8 indicate mile   |
|                               | very fit to terminally ill as   | moderate, severe, and ver      |
|                               | assessed by clinicians          | severe frailty                 |
| SPPB                          | Gait speed, chair stands,       | Maximum 4 points per item      |
|                               | balance tests                   | range, 0-12 points;            |
|                               |                                 | $\geq$ 10=Nonfrail, 3-9=Frail, |
|                               |                                 | ≤2=Disabled                    |

SPPB indicates Short Physical Performance Battery.







### Preoperative Biomarkers for Risk Stratification

### **Recommendations for Preoperative Biomarkers for Risk Stratification**

Referenced studies that support the recommendations are summarized in the Online Data Supplement.

| COR | LOE  | Recommendations   |
|-----|------|---|
| 2a  | B-NR | <ol> <li>In patients with known CVD, or age ≥65 years, or age ≥45 years<br/>symptoms suggestive of CVD undergoing elevated-risk NCS, it is<br/>reasonable to measure B-type natriuretic peptide (BNP) or N-Ter<br/>pro B-type natriuretic peptide (NT-proBNP) before surgery to<br/>supplement evaluation of perioperative risk.</li> </ol> |
| 2b  | B-NR | 2. In patients with known CVD, or age ≥65 years, or age ≥45 years symptoms suggestive of CVD undergoing elevated-risk NCS, it n reasonable to measure cardiac troponin (cTn) before surgery to supplement evaluation of perioperative risk.   |







# Preoperative Cardiovascular Diagnostic Testing



28



### 12-Lead Electrocardiogram

| -   |      |  |
|---|------|--|
| <b>Recommendations for 12-Lead Electrocardiogram</b><br>Referenced studies that support the recommendations are summarized in the Online Data Suppl |      |  |
| COR   | LOE  | Recommendations  |
| 2a  | B-NR | 1. For patients with known coronary heart disease, significant arrhythmia<br>arterial disease, cerebrovascular disease, other significant structural he<br>symptoms* of CVD undergoing elevated-risk surgery, a preoperative re<br>electrocardiogram (ECG) is reasonable to establish a preoperative base<br>perioperative management. |

\*Active symptoms and signs of CVD include chest pain, dyspnea, undiagnosed palpitations, tachycardia, syncope, or murmurs.



### ement.

### a, peripheral

### eart disease, or

### esting 12-lead

### eline and guide



## 12-Lead Electrocardiogram (con't.)

| 2a               | B-NR | 2. In patients undergoing NCS with a preoperative ECG exhibiting new abnormalities <sup>†</sup> , further evaluation is reasonable to refine assessment of cardiovascular risk. |
|------------------|------|---|
| 2b               | B-NR | 3. For asymptomatic patients undergoing elevated-risk surgeries withou CVD, a preoperative resting 12-lead ECG may be considered to establ and guide perioperative management.  |
| 3: No<br>benefit | B-NR | 4. For asymptomatic patients undergoing low-risk surgical procedures, a preoperative resting 12-lead ECG is not recommended to improve out                                      |

†Abnormalities may include ST-segment elevation, ST depression, T-wave inversions, left ventricular (LV) hypertrophy, significant pathologic Qwaves, Mobitz type II or higher atrioventricular (AV) block, bundle branch block, QT prolongation, or AF.



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### a routine

### tcomes.



### Left Ventricular Function

|  | <b>Recommendations for Assessment of Left Ventricular Function</b> |      |  |
|--|--|------|--|
| Referenced studies that support the recommendations are summarized in th |  |      | hat support the recommendations are summarized in the Online Data Supple   |
|  | COR  | LOE  | Recommendations  |
|  |  |      | 1. In patients undergoing NCS with new dyspnea, physical examination   |
|  | 1  | B-NR | findings of HF, or suspected new/worsening ventricular dysfunction<br>recommended to perform preoperative evaluation of LV function to   |
|  | <b>2</b> a   | C-LD | <ul> <li>guide perioperative management.</li> <li>In patients with a known diagnosis of HF with worsening dyspnea of the change in clinical status undergoing NCS, preoperative assessment function is reasonable to help guide perioperative management.</li> </ul> |
|  | 3: No<br>Benefit   | B-NR | 3. In asymptomatic and clinically stable patients undergoing NCS, roppreoperative evaluation of LV function is not recommended due to benefit.   |







### **Stress Testing**

| <b>Recommendations for Stress Testing</b> |   |  |  |
|---|---|--|--|
| Refer                                     | Referenced studies that support the recommendations are summarized in the Online Data |  |  |
| Supplement.                               |   |  |  |
| COR                                       | LOE   | Recommendations  |  |
| 2b  | B-NR  | 1. For patients undergoing elevated-risk NCS with poor or unknown<br>functional capacity and elevated risk for perioperative<br>cardiovascular events based on a validated risk tool, stress testing<br>may be considered to evaluate for inducible myocardial ischemia. |  |
| 3: No<br>benefit                          | B-R   | 2. In patients who are at low risk for perioperative cardiovascular<br>events, have adequate* functional capacity with stable symptoms,<br>or who are undergoing low-risk procedures, routine stress testing<br>before NCS is not recommended due to lack of benefit.    |  |

\*Poor functional capacity is considered <4 METS or a DASI score of  $\leq$  34.







# Table 7. Considerations and Contraindications for Specific Stress Testing Modalities

| Modality                      | Contraindication*  |
|-------------------------------|--|
| Vasodilator pharmacological   | Significant arrhythmias (eg, VT, second- or third-degree   |
| stress imaging                | atrioventricular block), significant hypotension (SBP <90  |
|                               | mm Hg), known or suspected bronchoconstrictive or          |
|                               | bronchospastic disease or recent use of dipyridamole or    |
|                               | methylxanthines (eg, aminophylline, caffeine) within 12 h  |
| Exercise stress testing (with | Inability to exercise                                      |
| or without imaging)           |  |
| Dobutamine stress             | Critical aortic stenosis, hemodynamically significant LVOT |
| echocardiography              | obstruction  |

\*In general, the following contraindications apply to all stress testing modalities: ACS, decompensated HF, severe/symptomatic aortic stenosis, uncontrolled arrhythmia, systemic arterial HTN (eg, ≥200/110 mm Hg), acute aortic dissections, pericarditis/myocarditis, pulmonary embolism, and severe pulmonary HTN.

ACS indicates acute coronary syndrome; HF, heart failure; HTN, hypertension; LVOT, left ventricular outflow tract; SBP, systolic blood pressure; and VT, ventricular tachycardia.







## Coronary Computed Tomography Angiography

| <b>Recommendations for Coronary Computed Tomography Angiography</b>                         |             |   |
|---|-------------|---|
| Referenced studies that support the recommendations are summarized in the Online Data Suppl |             |   |
| COR   | LOE         | Recommendations   |
| 2b  | <b>B-NR</b> | 1. For patients undergoing elevated-risk surgery with poor* or u functional capacity, and elevated risk for perioperative cardiov events based on a validated risk tool, coronary computed tomo angiography (CCTA) for the detection of high-risk coronary a may be considered. |
| 3: No benefit   | <b>B-NR</b> | 2. In patients who are at low risk for perioperative cardiovascula<br>have adequate* functional capacity with stable symptoms, or w<br>undergoing low-risk procedures, routine CCTA before NCS is<br>recommended due to lack of benefit.  |

\*Poor functional capacity is considered <4 METS or a DASI score of  $\leq$  34.

†High-risk coronary anatomy is defined as patients with obstructive stenosis who have ≥50% left main stenosis or anatomically significant 3-vessel disease (≥70% stenosis).6







## Invasive Coronary Angiography

| <b>Recommendation for Invasive Coronary Angiography</b> |      |   |
|---|------|---|
| COR   | LOE  | Recommendation  |
| 3: No<br>benefit  | C-LD | 1. In patients undergoing NCS, routine preoperative<br>invasive coronary angiography (ICA) is not<br>recommended to improve perioperative outcomes. |





# Approach to Perioperative Cardiac Testing






### Figure 1. Stepwise Approach to Perioperative Cardiac Assessment.

\*Cardiovascular risk factors: HTN, smokina, hiah cholesterol, diabetes, women age >65; men age >55; obesity; family history of premature CAD.

†Determining elevated calculated risk depends on the calculator used. Traditionally, RCRI >1 or a calculated risk of MACE with any perioperative risk calculator >1% is used as a threshold to identify patients at elevated risk.

§Abnormal biomarker thresholds: troponin >99th percentile URL for the assay; BNP >92 ng/L, NTproBNP ≥300 ng/L.

‡Conditions that pose additional risk for MACE.

Noninvasive stress testing or CCTA suggestive of LM or multivessel CAD.





**BNP** indicates B-type natriuretic peptide; CABG, coronary artery bypass grafting; CAD, coronary artery disease; CCTA, coronary computed tomography angiography; CIED, cardiovascular implantable electronic device; CVD, cardiovascular disease; DASI, Duke Activity Status Index; ECG, electrocardiogram; GDMT, guidelinedirected management and therapy; HTN, hypertension; ICD, implantable cardioverter-defibrillator; LM, left main; MACE, major adverse cardiovascular event; METS, metabolic equivalents; NCS, noncardiac surgery; NT-proBNP, Nterminal pro b-type natriuretic peptide; RCRI, Revised Cardiac Risk Index; and URL, upper reference limit.

> Colors correspond to Class of Recommendation in Table 3.



# Cardiovascular Comorbidities and Perioperative Management







## Coronary Revascularization

#### **Recommendations for Revascularization**

Referenced studies that support the recommendations are summarized in the Online Data Supplement.

| COR              | LOE  | Recommendations  |  |
|------------------|------|--|--|
| 1                | C-LD | 1. In patients with ACS being considered for elective NCS, coronary revascularization as appropriate and deferral of surgery is recom reduce perioperative cardiovascular events.  |  |
| 2a               | C-LD | 2. In patients with CCD and hemodynamically significant left main c<br>artery stenosis ≥50% who are planning elective NCS, coronary<br>revascularization and deferral of surgery is reasonable to reduce p<br>cardiovascular events. |  |
| 3: No<br>benefit | B-R  | 3. In patients with non-left main CAD who are planned for NCS, rou<br>preoperative coronary revascularization is not recommended to re<br>perioperative cardiovascular events.*  |  |

\*Modified from the 2021 ACC/AHA/SCAI Coronary Revascularization Guideline.







#### Hypertension and Perioperative Blood Pressure Management

| <b>Recommendations for Hypertension and Perioperative Blood Pressure Management</b> |  |  |  |  |
|---|--|--|--|--|
| Refere  | Referenced studies that support the recommendations are summarized in the Online Data Supp |  |  |  |
| COR   | LOE  | Recommendations  |  |  |
| Preoperative Blood Pressure Management  |  |  |  |  |
| 2a  | C-EO   | 1. In most* patients with HTN planned for elective NCS, it is reasonab<br>continue medical therapy for HTN throughout the perioperative per  |  |  |
| 2b  | C-LD   | 2. In patients undergoing elective elevated-risk surgery who have cardin risk factors for perioperative complications <sup>‡</sup> and recent history of perioperative controlled HTN (systolic blood pressure [SBP] ≥180 mm Hg or diasted pressure [DBP] ≥110 mm Hg before the day of surgery), deferring su may be considered to reduce the risk of perioperative complications. |  |  |

\*Caution is advised when continuing antihypertensive therapy in patients with low or low-normal perioperative BPs, older adults (≥65 years), and patients in whom the risk for perioperative hypotension is high based on an evaluation of the patient's overall clinical status, surgery type, and anesthetic plan.

†Modified from the "2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA High Blood Pressure Guideline."







### Hypertension and Perioperative Blood Pressure Management (con't.)

| Intraoperative Blood Pressure Management |   |   |  |
|--|---|---|--|
|  |   | 3. In patients undergoing NCS, maintaining an intraoperative mean   |  |
| 1  | B-NR                                    | arterial pressure (MAP) ≥60 to 65 mm Hg or SBP ≥90 mm Hg is         |  |
|  |   | recommended to reduce the risk of myocardial injury.                |  |
|  | Postoperative Blood Pressure Management |   |  |
| 1  | 4<br>B-NR                               | 4. In patients undergoing NCS, treatment of hypotension (MAP <60-   |  |
|  |   | SBP <90 mm Hg) in the postoperative period is recommended to li     |  |
|  |   | the risk of cardiovascular, cerebrovascular, renal events, and mort |  |
|  | <b>С-ЕО</b>                             | 5. In patients with HTN undergoing NCS, it is recommended that      |  |
| 1  |   | preoperative antihypertensive medications be restarted as soon as   |  |
|  |   | clinically reasonable to avoid complications from postoperative H   |  |







#### Heart Failure

#### **Recommendations for Heart Failure**

Referenced studies that support the recommendations are summarized in the Online Data

Supplement.

| COR | LOE  | Recommendations  |  |
|-----|------|--|--|
| 1   | C-LD | 1. In patients with HF undergoing elective NCS, sodium-glucose<br>cotransporter-2 inhibitors (SGLT2i) should be withheld for 3 to<br>days* before surgery when feasible to reduce the risk of<br>perioperative metabolic acidosis. |  |
| 2a  | C-LD | 2. In patients with compensated HF undergoing NCS, it is reasonal<br>to continue GDMT (excluding SGLT2i) in the perioperative peri-<br>unless contraindicated, to reduce the risk of worsening HF.                                 |  |

\*Canagliflozin, dapagliflozin, and empagliflozin should be stopped ≥3 days and ertugliflozin ≥4 days before scheduled surgery.







Table 8. Association of Heart Failure and Left Ventricular Ejection Fraction With 90-day Mortality in Patients Undergoing Noncardiac Surgery

|                  | N       | Crude Mortality | Crude OR         | Adjusted OR      |
|------------------|---------|-----------------|------------------|------------------|
| No heart failure | 561,738 | 1.22%           | Reference        | Reference        |
| HFpEF, LVEF      | 28,742  | 4.88%           | 4.14 (3.90-4.39) | 1.51 (1.40-1.62) |
| ≥50%             |         |                 |                  |                  |
| LVEF 40-49%      | 7,612   | 5.11%           | 4.34 (3.91-4.82) | 1.53 (1.38-1.71) |
| LVEF 30-39%      | 6,048   | 6.58%           | 5.68 (5.12-6.31) | 1.85 (1.68-2.05) |
| LVEF<30%         | 4,185   | 8.34%           | 7.34 (6.56-8.21) | 2.35 (2.09-2.63) |

HFpEF indicates heart failure with preserved ejection fraction; LVEF, left ventricular ejection fraction; and OR, odds ratio (with 95% CI).







# Hypertrophic Cardiomyopathy

|        | Recommendation for Hypertrophic Cardiomyopathy |   |  |
|--------|--|---|--|
| COR    | COR LOE Recommendation                         |   |  |
| 3-Harm | C-LD   | 1. For patients with hypertrophic cardiomyopathy (HCM)<br>undergoing NCS, factors that aggravate or trigger dynamic<br>outflow obstructions (eg, positive inotropic agents,<br>tachycardia, or reduced preload) are harmful and should be<br>avoided to reduce the risk of hemodynamic instability. |  |







# Table 9. Preoperative and Intraoperative Management Considerations in Patients With Hypertrophic Cardiomyopathy

#### **Management Considerations**

Continue beta blockers and/or nondihydropyridine calcium channel blockers without interruption in the

perioperative period

Avoid hypovolemia and reduced preload (can worsen LVOT obstruction)

Avoid hypotension and reduced afterload (can worsen LVOT obstruction)

Avoid tachycardia to ensure adequate LV filling

If hypotension develops:

- Prioritize intravenous fluid administration to correct hypovolemia
- Use alpha-agonists, such as phenylephrine or vasopressin,<sup>7</sup> rather than beta-agonists, which can worsen LVOT obstruction
- Consider intraoperative echocardiography to evaluate LVOT obstruction in the setting of hypotension
- In selected cases, intravenous beta-blockade may be necessary to reduce LV myocardial contractility and relieve LVOT obstruction

LV indicates left ventricular; and LVOT, left ventricular outflow tract.







### Pulmonary Hypertension

|         | <b>Recommendations for Pulmonary Hypertension</b>                                     |   |  |
|---------|---|---|--|
| Referen | Referenced studies that support the recommendations are summarized in the Online Data |   |  |
|         | Supplement.   |   |  |
| COR     | LOE   | Recommendations   |  |
|         | C-LD  | 1. In patients receiving stable doses of targeted medical therapies |  |
| 1       |   | for pulmonary arterial hypertension (PAH) undergoing NCS, i         |  |
| Ι       |   | recommended to continue these agents to reduce the risk for th      |  |
|         |   | development of perioperative MACE.                                  |  |

\*For example, nitric oxide pathway mediators, endothelin receptor antagonists, prostacyclin pathway agonists, or a combination of these.







# Pulmonary Hypertension (con't.)

|    | C-LD | 2. In patients with severe <sup>†</sup> pulmonary hypertension (PH) undergoing    |
|----|------|---|
|    |      | NCS, referral to or consultation with a specialized PH center that c              |
| 2a |      | risk assessment, optimization, and postoperative management (with                 |
|    |      | consideration of intensive care after NCS) is reasonable to reduce p              |
|    |      | cardiopulmonary complications.  |
| 2a | C-LD | 3. In patients with severe <sup>†</sup> PH undergoing elevated-risk NCS, invasive |
|    |      | hemodynamic monitoring is reasonable to guide intraoperative and                  |
|    |      | postoperative care.   |
| 2b | С-ЕО | 4. In patients with precapillary PH undergoing elevated-risk NCS, per             |
|    |      | administration of short-acting inhaled pulmonary vasodilators (eg,                |
|    |      | aerosolized prostacyclins) may be reasonable to reduce elevated RV                |
|    |      | and prevent acute decompensated right HF.   |

†Severe PH is defined according to hemodynamics (severe precapillary PH component by right heart catheterization and echocardiography) and additional data derived from clinical assessment, exercise tests, and laboratory biomarkers. Hemodynamically, severe PH displays a mean pulmonary artery (PA) pressure >40 mm Hg, pulmonary vascular resistance >5 Wood units, or echocardiographic evidence of significant RV dysfunction (eg, RV-to-LV diastolic diameter ratio >0.8 or RV dysfunction that is graded as moderate or severe). Although all 5 World Symposium Pulmonary Hypertension group classifications display some degree of risk for developing severe PH, Group 1 (PAH), Group 3 (PH due to lung disease), and Group 4 (chronic thromboembolic PH) are at high risk for developing severe PH if left untreated and may be best managed and followed at a center with PH specialists.



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# Adult Congenital Heart Disease

|       | <b>Recommendation for Adult Congenital Heart Disease</b>                             |   |  |
|-------|--|---|--|
| Refer | Referenced studies that support the recommendation are summarized in the Online Data |   |  |
|       | Supplement.  |   |  |
| COR   | LOE  | Recommendation  |  |
| 1     | 1<br>B-NR  | 1. In patients with intermediate- to elevated-risk congenital heart |  |
|       |  | disease (CHD) lesions (Table 10) undergoing elective NCS,           |  |
|       |  | preoperative consultation with an adult congenital heart disease    |  |
|       |  | (ACHD) specialist is recommended before the surgery.*               |  |

\*Modified from the "2018 AHA/ACC Guideline for Management of ACHD."







# Table 10. ACHD Risk Stratification Before Noncardiac Surgery

| Risk     | Anatomy                       | Functional/Hemodynamic Status                   |
|----------|-------------------------------|---|
| Low Risk | Patients with isolated small  | NYHA class I functional status, normal exercise |
|          | CHD lesions                   | No chamber enlargement on imaging               |
|          | Patients with repaired CHD    | No residual shunt                               |
|          | lesion with no residual shunt | No PAH  |
|          | Patients with bicuspid aortic | No arrhythmias                                  |
|          | valve disease and aortopathy  |   |
|          |                               |   |

ASD indicates atrial septal defect; AVSD, atrioventricular septal defect; CCTGA, congenitally corrected transposition of the great arteries; CHD, congenital heart disease; CoA, coarctation of the aorta; d-TGA, dextro-transposition of the great arteries; FC, functional class; HF, heart failure; L-TGA, Levo-transposition of the great arteries; NYHA, New York Heart Association; PA, pulmonary artery; PAH, pulmonary arterial hypertension; TGA, transposition of the great arteries; VHD, valvular heart disease, anatomic and physiological; and VSD, ventricular septal defect.







### Table 10. ACHD Risk Stratification Before Noncardiac Surgery (con't.)

| Risk              | Anatomy   | Functional/Hemodynamic Status  |
|-------------------|---|--|
| Intermediate risk | Unrepaired moderate-large shunts<br>(ASD, VSD, PDA, AVSD)   | NYHA class II-IV functional status<br>Limited exercise capacity  |
|                   | Repaired CHD with moderate to<br>large residual shunt (ASD, VSD,<br>PDA, AVSD)  | Presence of residual shunt<br>Presence of PAH  |
|                   | Obstructive left-sided lesions<br>(congenital mitral stenosis,<br>subaortic stenosis, supravalvular<br>aortic stenosis, coarctation of<br>aorta) except the ones described<br>as low risk | Presence of cardiac chamber enlargement<br>Significant valvular dysfunction (more than mi<br>Arrhythmias requiring treatment<br>Presence of HF |
|                   | Obstructive right-sided lesion<br>(pulmonary stenosis, branch<br>pulmonary stenosis, repaired<br>tetralogy of Fallot)   |  |

ASD indicates atrial septal defect; AVSD, atrioventricular septal defect; CCTGA, congenitally corrected transposition of the great arteries; CHD, congenital heart disease; CoA, coarctation of the aorta; d-TGA, dextro-transposition of the great arteries; FC, functional class; HF, heart failure; L-TGA, Levo-transposition of the great arteries; NYHA, New York Heart Association; PA, pulmonary artery; PAH, pulmonary arterial hypertension; TGA, transposition of the great arteries; VHD, valvular heart disease, anatomic and physiological; and VSD, ventricular septal defect.







# Table 10. ACHD Risk Stratification Before Noncardiac Surgery (con't.)

| Risk              | Anatomy  | Functional/Hemodynamic Status                 |
|-------------------|--|---|
| Intermediate risk | Ebstein anomaly (disease spectrum                            | NYHA class II-IV functional status            |
|                   | severe variations)   | Limited exercise capacity                     |
|                   | Anomalous coronary artery arising                            | Presence of residual shunt                    |
|                   | from the pulmonary artery                                    | Presence of PAH                               |
|                   | Anomalous aortic origin of a                                 | Presence of cardiac chamber enlargement       |
|                   | coronary artery from the opposi                              | Significant valvular dysfunction (more than i |
|                   | sinus, especially with an interarterial or intramural course | Arrhythmias requiring treatment               |
|                   |  | Presence of HF                                |

ASD indicates atrial septal defect; AVSD, atrioventricular septal defect; CCTGA, congenitally corrected transposition of the great arteries; CHD, congenital heart disease; CoA, coarctation of the aorta; d-TGA, dextro-transposition of the great arteries; FC, functional class; HF, heart failure; L-TGA, Levo-transposition of the great arteries; NYHA, New York Heart Association; PA, pulmonary artery; PAH, pulmonary arterial hypertension; TGA, transposition of the great arteries; VHD, valvular heart disease, anatomic and physiological; and VSD, ventricular septal defect.



# mild in severity)



# Table 10. ACHD Risk Stratification Before Noncardiac Surgery (con't.)

| Risk          | Anatomy                              | Functional/Hemodynamic Status               |
|---------------|--------------------------------------|---|
| Elevated risk | Single-ventricle patients (palliated | NYHA class II-IV functional status          |
|               | or status post Fontan procedure),    | Limited exercise capacity                   |
|               | unrepaired or palliated cyanotic     | Significant valvular dysfunction (more than |
|               | CHD, double outlet right             | Arrhythmias requiring treatment             |
|               | ventricle, pulmonary atresia,        | Presence of PAH                             |
|               | truncus arteriosus, TGA (classic     | Presence of HF                              |
|               | or d-TGA; CCTGA or l-TGA),           |   |
|               | interrupted aortic arch              |   |
|               |                                      |   |

ASD indicates atrial septal defect; AVSD, atrioventricular septal defect; CCTGA, congenitally corrected transposition of the great arteries; CHD, congenital heart disease; CoA, coarctation of the aorta; d-TGA, dextro-transposition of the great arteries; FC, functional class; HF, heart failure; L-TGA, Levo-transposition of the great arteries; NYHA, New York Heart Association; PA, pulmonary artery; PAH, pulmonary arterial hypertension; TGA, transposition of the great arteries; VHD, valvular heart disease, anatomic and physiological; and VSD, ventricular septal defect.







# Table 11. ACHD Patient Management for Noncardiac Surgery

#### Clarify the ACHD diagnosis and review cardiac anatomy

Clarify prior procedures, residua, sequelae, and current functional status

Identify factors associated with increased risk of perioperative morbidity and mortality

Cyanosis

HF

Poor functional capacity

Pulmonary hypertension

Intermediate- to high-risk CHD lesions

Urgent/emergency procedures

Operations of the respiratory and nervous systems

ACHD indicates adult congenital heart disease; CHD, congenital heart disease; and HF, heart failure.







# Table 11. ACHD Patient Management for Noncardiac Surgery (con't.)

#### Multidisciplinary team discussion to develop management strategies to minimize risk and optimiz

#### **Issues to consider**

Endocarditis prophylaxis

Prevention of venous thrombosis

Monitoring of renal and liver function and appropriate drug dosing

Complications related to underlying hemodynamics

Need for hemodynamic monitoring

Periprocedural anticoagulation

Abnormal venous and/or arterial anatomy affecting venous and arterial access

Meticulous line care, including air filters for intravenous lines to reduce risk of paradoxical embolus

who are cyanotic because of right-to-left shunts

Arrhythmias, including bradyarrhythmias

Erythrocytosis

Pulmonary vascular disease

Adjustment of anticoagulant volume in tubes for some blood work in cyanotic patients



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### Left Ventricular Assist Devices

| Recommendation for Left Ventricular Assist Devices |      |   |  |
|--|------|---|--|
| COR  | LOE  | Recommendation  |  |
| 1  | C-EO | 1. In patients with a left ventricular assist device<br>(LVAD), coordination with the LVAD care team on<br>the appropriate timing and perioperative<br>considerations of elective NCS is recommended to<br>mitigate the risk of perioperative MACE. |  |





#### **Aortic Stenosis**

| <b>Recommendations for Aortic Stenosis</b> |      |  |
|--|------|--|
| COR  | LOE  | Recommendations  |
| 1  | C-LD | 1. Patients with severe AS should be evaluated for the need for a or valve intervention before elective NCS to reduce perioperative riterion before elective need to reduce perioperative riterion before elective need to reduce perioperative riterion before elective need to reduce perioperative need to redu |
| 1  | C-EO | 2. In patients with suspected moderate or severe AS who are<br>undergoing elevated-risk NCS, preoperative echocardiography i<br>recommended before elective NCS to guide perioperative<br>management.*   |
| <b>2</b> a                                 | C-LD | 3. In asymptomatic patients with moderate or severe AS and norma<br>LV systolic function as assessed by echocardiography within the<br>year, it is reasonable to proceed with elective low-risk NCS.   |

\*Modified from the "2020 ACC/AHA Guideline for the Management of Patients With Valvular Heart Disease."







Figure 2. Management of Patients With Severe Aortic Stenosis Requiring Elective or Time-Sensitive Noncardiac Surgery.

Colors correspond to Class of Recommendation in Table 3.

\*Severe aortic stenosis: aortic valve area <1.0 cm2, mean aortic valve gradient ≥40 mm Hg, or peak aortic valve velocity Vmax ≥4.0 m/s.

†Symptoms of exertional dyspnea, angina, HF, syncope, or presyncope.

‡Including elevated risk for hemodynamic instability, large volume shifts, or major bleeding.





AVR indicates aortic valve replacement; BAV, balloon aortic valvuloplasty; CAD, coronary artery disease; LVEF, left ventricular ejection fraction; NCS, noncardiac surgery; SAVR, surgical aortic valve replacement; and TAVI, transcatheter aortic valve implantation.



#### **Mitral Stenosis**

| <b>Recommendations for Mitral Stenosis</b> |  |   |  |
|--|--|---|--|
| Refe                                       | Referenced studies that support the recommendations are summarized in the Online Data Supp |   |  |
| COR  | LOE  | Recommendations   |  |
| 1  | B-NR   | 1. Patients with severe mitral stenosis (MS) should be evaluated for the mitral valve (MV) intervention before elective NCS.  |  |
| 2a   | С-ЕО   | 2. In patients with severe MS who cannot undergo MV intervention bef<br>perioperative invasive hemodynamic monitoring is reasonable to guid<br>management to reduce the risk of cardiovascular complications.   |  |
| 2b   | C-LD   | 3. In patients with severe MS who cannot undergo MV intervention bef<br>perioperative heart-rate control (eg, beta blockers, calcium channel b<br>[CCBs], ivabradine, digoxin) may be considered to prolong diastolic f<br>and decrease perioperative cardiovascular complications. |  |







### Chronic Aortic and Mitral Regurgitation

| Recommendations for Chronic Aortic and Mitral Regurgitation |         |  |
|---|---------|--|
| COR   | LOE     | Recommendations  |
| 1   | C-EO    | 1. In patients with suspected moderate or severe valvular regurgitation, preoperative echocardiography is recommended before elective NCS to guide perioperative |
|   |         | management.*   |
|   |         | 2. In patients with VHD who meet indications for valvular intervention based on clinical   |
| 1   | С-ЕО    | presentation and severity of regurgitation, the need for valvular intervention should be   |
|   |         | considered before elective elevated-risk NCS to reduce perioperative risk.*  |
| 2a  | 2a C-LD | 3. In asymptomatic patients with moderate or severe MR, normal LV systolic function, and   |
|   |         | estimated PA systolic pressure <50 mm Hg, it is reasonable to perform elective NCS.*   |
| 2a  | C-LD    | 4. In asymptomatic patients with moderate or severe aortic regurgitation and normal LV systolic function (LVEF >55%), it is reasonable to perform elective NCS.* |

\*Modified from the "2020 ACC/AHA Guideline for the Management of Patients With Valvular Heart Disease."





# Previous Transcatheter Aortic Valve Implantation or Mitral Valve Transcatheter Edge-to-Edge Repair

| <b>Recommendations for Patients With Previous</b> | Transcatheter Aortic V | Valve Implantation or |
|---|------------------------|-----------------------|
|---|------------------------|-----------------------|

Valve Transcatheter Edge-to-Edge Repair

Referenced studies that support the recommendations are summarized in the Online Data Supplement.

| COR | LOE    | Recommendations  |
|-----|--------|--|
| 2-  |        | 1. For patients who undergo successful transcatheter aortic va |
| 2a  | B-NK   | clinically indicated.  |
| 2a  | a C-EO | 2. For patients who undergo MV TEER, it is reasonable to per   |
|     |        | NCS after the successful MV intervention as clinically indic   |

\*Evidence supports the safety of NCS within 30 days of TAVI, if indicated.







#### Atrial Fibrillation

| <b>Recommendations for Atrial Fibrillation</b> |      |  |
|--|------|--|
| COR  | LOE  | Recommendations  |
|  |      | Perioperative  |
|  |      | 1. In patients with rapid AF identified in the setting of NCS, it is reason  |
| 2a   | C-LD | treat potential underlying triggers contributing to AF and rapid vent<br>response (eg, sepsis, anemia, pain).*   |
| 2a   | C-LD | 2. In patients with new-onset AF identified in the setting of NCS, initiat<br>postoperative anticoagulation therapy can be beneficial after conside<br>the competing risks associated with thromboembolism and periopera<br>bleeding.* |
| Post-discharge                                 |      |  |
| 1  | C-LD | 3. In patients with new-onset AF identified in the setting of NCS, outpation follow-up for thromboembolic risk stratification and AF surveillance recommended given a high risk of AF recurrence.*                                     |

\*Adapted from the "2023 ACC/AHA/ACCP/HRS Guideline for the Diagnosis and Management of Atrial Fibrillation."







## Cardiovascular Implantable Electronic Devices

| Recommendations for Preoperative Management of Patients With Cardiovascular Implantable |              |   |
|---|--------------|---|
|   |              | Devices   |
| Reference   | ed studies t | hat support the recommendations are summarized in the Online Data Supple  |
| COR   | LOE          | Recommendations   |
| 1   | B-NR         | 1. Patients with cardiovascular implantable electronic devices (CIED)<br>elective NCS should have a management plan developed before sur<br>electromagnetic interference (EMI) is anticipated, including identif<br>the type of CIED (eg, pacemaker, implantable cardioverter-defibril<br>[ICD], implantable monitor), manufacturer, and model. |
| 1   | B-NR         | 2. Patients who are pacemaker-dependent having surgeries above the with anticipated EMI should have the pacemaker reprogrammed o magnet placed on the generator to provide an asynchronous mode pacing inhibition.  |



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# Cardiovascular Implantable Electronic Devices (con't.)

|    |      | 3. Pacemaker-dependent patients with a transvenous ICD undergoing surgery      |
|----|------|--|
|    |      | above the umbilicus with anticipated EMI should have the device                |
| 1  | B-NR | reprogrammed*; if the patient is not pacemaker-dependent, then either          |
|    |      | reprogramming or a magnet placed on the generator can be used to inhibit       |
|    |      | tachytherapies or inappropriate shocks.  |
|    |      | 4. Patients who have a pacemaker or ICD reprogrammed to asynchronous pacing    |
| 1  | B-NR | or have tachytherapies programmed off before surgery should have device        |
|    |      | functioning restored in the postoperative period before hospital discharge.    |
|    |      | 5. Patients with leadless pacemakers who are pacemaker-dependent having        |
| 1  | C-LD | surgeries with anticipated EMI above the umbilicus should have their           |
|    |      | pacemakers reprogrammed to an asynchronous mode.                               |
|    |      | 6. For patients with subcutaneous ICD having noncardiac or nonthoracic surgery |
| 2a | C-LD | with anticipated EMI above the groin, it is reasonable to reprogram the device |
|    |      | or use a magnet to temporarily disable tachytherapies.                         |

\*For pacemaker-dependent patients with an ICD, tachytherapies should be disabled and the device should be reprogrammed to an asynchronous mode to avoid pacing inhibition.





## Figure 3. Patients With Transvenous CIEDs.

Colors correspond to Class of Recommendation in Table 3.

\*EMI is considered a significant risk when the source is <15 cm from the CIED generator. External pacing and/or defibrillation must be available. Clinicians must confirm device magnet capabilities are enabled and individual magnet responses are known. Consider consulting a CIED team for cardiac resynchronization therapy devices.





**CIED** indicates cardiovascular implantable electronic device; EMI, electromagnetic interference; and ICD, implantable cardioverterdefibrillator.



## Figure 4. Patients With Nontransvenous Devices.

Colors correspond to Class of Recommendation in Table 3.

EMI indicates electromagnetic interference; and ICD, implantable cardioverterdefibrillator.





\*For patients with a leadless pacemaker, a magnet will not force asynchronous pacing.

†A subcutaneous ICD does not currently provide pacing. A magnet, if used, should be secured with adhesive tape. If the patient is in a position other than supine, or extensive EMI is anticipated when performing the surgery above the diaphragm, consider reprogramming. A magnet placed over the subcutaneous ICD will emit an R wave synchronous beep, indicating that the magnet is correctly positioned. If the tone is not audible, reprogramming is necessary.





# Previous Stroke or Transient Ischemic Attack

|             | <b>Recommendation for Previous Stroke or Transient Ischemic Attack</b>               |  |  |
|-------------|--|--|--|
| Reference   | Referenced studies that support the recommendation are summarized in the Online Data |  |  |
| Supplement. |  |  |  |
| COR         | LOE  | Recommendation   |  |
| 2a          | B-NR   | 1. In patients with a history of stroke or transient ischemic      |  |
|             |  | attack, it is reasonable to delay elective NCS for $\geq$ 3 months |  |
|             |  | after the most recent cerebrovascular event to reduce the          |  |
|             |  | incidence of recurrent stroke, MACE, or both.                      |  |







# Obstructive Sleep Apnea

| <b>Recommendation for Obstructive Sleep Apnea</b>                                    |      |   |  |  |  |  |
|--|------|---|--|--|--|--|
| Referenced studies that support the recommendation are summarized in the Online Data |      |   |  |  |  |  |
| Supplement.  |      |   |  |  |  |  |
| COR  | LOE  | Recommendation  |  |  |  |  |
| 2a   | B-NR | 1. In patients scheduled for NCS, obstructive sleep apnea (OSA)<br>screening using validated questionnaires is reasonable to assess<br>the risk of perioperative complications. |  |  |  |  |







# **Perioperative Medical Therapy**







#### Statins

| <b>Recommendations for Statins</b> |      |   |  |  |  |
|------------------------------------|------|---|--|--|--|
| Supplement.                        |      |   |  |  |  |
| COR                                | LOE  | Recommendations   |  |  |  |
| 1                                  | B-NR | 1. In patients currently on statins and scheduled for NCS,<br>continuation of statin therapy is recommended to reduce<br>the risk of MACE.  |  |  |  |
| 1                                  | B-R  | 2. In statin-naïve adult patients who meet criteria for statin<br>use based on ASCVD history or 10-year risk assessment<br>and are scheduled for NCS, perioperative initiation of<br>statin is recommended with intention of long-term use. |  |  |  |







## Renin-Angiotensin-Aldosterone System Inhibitors

| Recommendations for Perioperative Renin-Angiotensin-Aldosterone System Inhibitor             |      |  |  |  |  |
|--|------|--|--|--|--|
| Referenced studies that support the recommendations are summarized in the Online Data Supple |      |  |  |  |  |
| COR  | LOE  | Recommendations  |  |  |  |
| 2b   | B-R  | 1. In select* patients on chronic renin-angiotensin-aldosterone s<br>inhibitors (RAASi) for HTN undergoing elevated-risk NCS, o<br>24 hours before surgery may be beneficial to limit intraopera<br>hypotension. |  |  |  |
| 2a   | C-EO | 2. In patients on chronic RAASi for HFrEF, perioperative conti<br>is reasonable. <sup>†</sup>  |  |  |  |

\*Patients with controlled BP and undergoing elevated-risk surgical procedures.

†Modified from the "2022 AHA/ACC/HFSA Guideline for the Management of Heart Failure."



# rs ement. system omission ntive inuation



# Alpha-2 Receptor Agonists

| <b>Recommendation for Perioperative Alpha-2 Receptor Agonists Management</b>         |     |   |  |  |  |
|--|-----|---|--|--|--|
| Referenced studies that support the recommendation are summarized in the Online Data |     |   |  |  |  |
| Supplement.  |     |   |  |  |  |
| COR  | LOE | Recommendation  |  |  |  |
| 3: No<br>benefit   | B-R | 1. In patients undergoing NCS, initiation of low-dose<br>clonidine perioperatively is not recommended to reduce<br>cardiovascular risk. |  |  |  |







# Antiplatelet Therapy and Timing of Noncardiac Surgery in Patients With Coronary Artery Disease

| Recommendations for Antiplatelet Therapy and Timing of Noncardiac Surgery in Patients With        |      |   |  |  |  |  |
|---|------|---|--|--|--|--|
| <b>Coronary Artery Disease</b>  |      |   |  |  |  |  |
| Referenced studies that support the recommendations are summarized in the Online Data Supplement. |      |   |  |  |  |  |
| COR   | LOE  | Recommendations   |  |  |  |  |
| 1   | B-NR | 1. For patients with CAD undergoing elective NCS, management of<br>perioperative antiplatelet therapy and timing of surgery should be<br>determined by a multidisciplinary team with shared decision-making<br>to weigh the risks of bleeding, thrombosis, and consequences of<br>delayed surgery |  |  |  |  |




# Antiplatelet Therapy and Timing of Noncardiac Surgery in Patients With Coronary Artery Disease (con't.)

|    | Timing of NCS After PCI |   |  |  |  |  |
|----|-------------------------|---|--|--|--|--|
| 1  | C-LD                    | 2. In patients with recent coronary artery balloon angioplasty wit stent placement, elective NCS should be delayed for a minimun days to minimize perioperative MACE.                           |  |  |  |  |
| 1  | B-NR                    | 3. In patients with DES-PCI placed for ACS who require elective with interruption of ≥1 antiplatelet agents, surgery should idea delayed ≥12 months to minimize perioperative MACE.             |  |  |  |  |
| 2a | B-NR                    | 4. In patients with DES-PCI placed for CCD who require elective with interruption of ≥1 antiplatelet agents, it is reasonable to desurgery for ≥6 months after PCI to minimize perioperative MA |  |  |  |  |







Antiplatelet Therapy and Timing of Noncardiac Surgery in Patients With Coronary Artery Disease (con't.)

|         |             | 5. In patients with DES-PCI who require time-sensitive NCS with intern           |
|---------|-------------|--|
| 2b      | <b>B-NR</b> | $\geq 1$ antiplatelet agents, NCS may be considered $\geq 3$ months after PCI if |
|         |             | of delaying surgery outweigns the risk of MACE.                                  |
|         |             | 6. In patients with a recent (≤30 days) bare-metal stent (BMS) or DES-P          |
| 3: Harm | <b>B-NR</b> | elective NCS requiring interruption of $\geq 1$ antiplatelet agents is potent    |
|         |             | harmful due to a high risk of stent thrombosis and ischemic complica             |
|         |             | Perioperative Antiplatelet Management Post PCI                                   |
| 1       | ЪD          | 7. In patients with prior PCI undergoing NCS, it is recommended to cor           |
| 1       | B-K         | aspirin* (75-100 mg), if possible, to reduce the risk of cardiac events.         |
| 1       |             | 8. In patients with CAD who require time-sensitive NCS within 30 days            |
| 1       | <b>B-NR</b> | with BMS or <3 months of PCI with DES, DAPT should be continued                  |
|         |             | the risk of bleeding outweighs the benefit of the prevention of stent th         |

\*Platelet adenosine diphosphate receptor (P2Y12) monotherapy may be considered if surgical bleeding risks are acceptable or if aspirin is not tolerated.



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## Antiplatelet Therapy and Timing of Noncardiac Surgery in Patients With Coronary Artery Disease (con't.)

| 1       | B-NR        | 9. In patients with prior PCI in whom OAC monotherapy must be disconting NCS, aspirin should be substituted when feasible in the perioperative |
|---------|-------------|--|
|         |             | OAC can be safely reinitiated.   |
|         |             | 10. In select patients after PCI who have a high thrombotic risk, perioperat   |
| 2b      | <b>B-NR</b> | with intravenous antiplatelet therapy may be considered <6 months afte   |
|         |             | <30 days after BMS if NCS cannot be deferred.  |
|         | Р           | erioperative Antiplatelet Management in Patients Without Prior PCI   |
|         |             | 11. In patients with CCD without prior PCI undergoing elective NCS, it ma  |
| 2b      | B-R         | reasonable to continue aspirin in selected patients when the risk of cardi   |
|         |             | outweighs the risk of bleeding.  |
| 3: No   | D D         | 12. In patients with CAD but without prior PCI who are undergoing electiv  |
| Benefit | B-K         | NCS, routine initiation of aspirin is not beneficial.  |



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## Table 12. Duration of Antiplatelet Therapy Effect

| Antiplatelet Agent | Minimum Time From Drug Interruption<br>to Restoration of Platelet Function |
|--------------------|--|
| Aspirin            | 4 d  |
| Clopidogrel        | 5-7 d  |
| Prasugrel          | 7-10 d   |
| Ticagrelor         | 3-5 d  |

Minimum times from drug interruption to noncardiac surgery should be guided by pharmacokinetic data, restoration of platelet function after drug withdrawal, and drug-specific FDA-prescribing information.





Figure 5. Optimal Timing of Elective or Time-Sensitive NCS for Prior PCI Requiring Management of DAPT. Optimal Timing of Elective or Time-Sensitive NCS for Prior PCI Requiring Management of DAPT



Colors correspond to Class of Recommendation in Table 3.

BMS indicates bare-metal stent; DAPT, dual antiplatelet therapy; DES, drug-eluting stent; NCS, noncardiac surgery; and PCI, percutaneous coronary intervention.





## Oral Anticoagulants

|         | <b>Recommendations for Oral Anticoagulants Management</b>                        |  |  |  |  |  |
|---------|--|--|--|--|--|--|
| Referen | Referenced studies that support the recommendations are summarized in the Online |  |  |  |  |  |
|         |  | Data Supplement.   |  |  |  |  |
| COR     | COR LOE Recommendations  |  |  |  |  |  |
|         | OAC Management   |  |  |  |  |  |
|         |  | <b>1. For patients with CVD receiving OAC who require elective</b> |  |  |  |  |
|         |  | NCS, a multidisciplinary team-based approach to time-              |  |  |  |  |
| 1       | B-NR   | based* interruption is recommended to balance the                  |  |  |  |  |
|         |  | competing risks of thromboembolism and perioperative               |  |  |  |  |
|         |  | bleeding (Tables 13 and 14).                                       |  |  |  |  |

\*Timing of preoperative interruption is based on patient-specific factors (eg, thrombotic risk, age, sex, body weight, renal clearance), surgical bleeding risk, and drug factors (eg, pharmacokinetics, dosing, drug interactions).





## Oral Anticoagulants (con't.)

|            | OAC Bridging |   |  |  |  |
|------------|--------------|---|--|--|--|
| <b>2</b> a | C-LD         | 2. In patients with CVD and high thrombotic risk (Table 14)<br>undergoing NCS where interruption of vitamin K antagonist<br>(VKA) is required, preoperative bridging with parenteral<br>heparin can be effective to reduce thromboembolic risk. |  |  |  |
| 3:<br>Harm | C-LD         | 3. In most patients with CVD who are undergoing elective NCS<br>where OAC interruption is warranted, routine periprocedural<br>bridging is not recommended due to increased bleeding risk.  |  |  |  |
|            |              | OAC Resumption  |  |  |  |
| <b>2</b> a | C-LD         | 4. In patients with preoperative OAC interruption, resumption of OAC is reasonable after hemostasis is achieved.  |  |  |  |







## Table 13. Perioperative Management of Direct Oral Anticoagulants and Vitamin K Antagonists

| Preoperative DOAC Schedule  |                    |                           |     |     |                             |     |     |                  |        |     |     |     |
|-----------------------------|--------------------|---------------------------|-----|-----|-----------------------------|-----|-----|------------------|--------|-----|-----|-----|
|                             | Procedure Bleeding | Preoperative Interruption |     |     | Surgery/ Postoperative Resu |     |     | Resur            | nption |     |     |     |
|                             | Risk               |                           |     |     |                             |     |     | Procedure        |        |     |     |     |
|                             |                    | Day                       | Day | Day | Day                         | Day | Day | Day 0            | Day    | Day | Day | Day |
|                             |                    | -6                        | -5  | -4  | -3                          | -2  | -1  |                  | +1     | +2  | +3  | +4  |
| Apixaban, edoxaban,         | High               | *                         | *   | *   | *                           | +   | +   | +                | Ť      | +   | *   | *   |
| rivaroxaban                 | Low/Moderate       | *                         | *   | *   | *                           | *   | †   | - <del> </del> - | *      | *   | *   | *   |
|                             | Minimal            | *                         | *   | *   | *                           | *   | *   | *                | *      | *   | *   | *   |
| Apixaban, edoxaban,         | High               | *                         | *   | *   | †                           | ţ   | †   | †                | Ť      | †   | *   | *   |
| rivaroxaban                 | Low/Moderate       | *                         | *   | *   | *                           | †   | +   | Ť                | *      | *   | *   | *   |
| with renal impairment (CrCl | Minimal            | *                         | *   | *   | *                           | *   | *   | *                | *      | *   | *   | *   |
| <30 mL/min)                 |                    |                           |     |     |                             |     |     |                  |        |     |     |     |
| Dabigatran CrCl ≥50         | High               | *                         | *   | *   | *                           | ţ   | †   | +                | Ť      | +   | *   | *   |
| mL/min                      | Low/Moderate       | *                         | *   | *   | *                           | *   | †   | <u>+</u>         | *      | *   | *   | *   |
|                             | Minimal            | *                         | *   | *   | *                           | *   | *   | *                | *      | *   | *   | *   |
| Dabigatran CrCl <50         | High               | *                         | *   | +   | +                           | †   | +   | †                | +      | *   | *   | *   |
| mL/min                      | Low/               | *                         | *   | *   | *                           | +   | +   | +                | *      | *   | *   | *   |
|                             | Moderate           |                           |     |     |                             |     |     |                  |        |     |     |     |
|                             | Minimal            | *                         | *   | *   | *                           | *   | *   | *                | *      | *   | *   | *   |



CrCl indicates creatinine clearance; DOAC, direct oral anticoagulants; GI, gastrointestinal; INR, international normalized ratio; LMWH, lowmolecular-weight heparin; and VKA, vitamin K agonist.



# Table 13. Perioperative Management of Direct Oral Anticoagulants and Vitamin K Antagonists (con't.)

| VKA Schedule                |                    |     |                           |     |     |     |     |           |                          |     |     |        |
|-----------------------------|--------------------|-----|---------------------------|-----|-----|-----|-----|-----------|--------------------------|-----|-----|--------|
|                             | Procedure Bleeding |     | Preoperative Interruption |     |     |     |     | Surgery/  | Postoperative Resumption |     |     | nption |
|                             | Risk               |     |                           |     |     |     |     | Procedure |                          |     |     |        |
|                             |                    | Day | Day                       | Day | Day | Day | Day | Day 0     | Day                      | Day | Day | Day    |
|                             |                    | -6  | -5                        | -4  | -3  | -2  | -1  |           | +1                       | +2  | +3  | +4     |
| Warfarin in law/madarata    | High               | *   | +                         | +   | +   | †   | +   | ÷         | *                        | *   | *   | *      |
| through a tig right         | Low/ Moderate      | *   | †                         | †   | †   | †   | †   | †         | *                        | *   | *   | *      |
|                             | Minimal            | *   | *                         | *   | *   | *   | *   | *         | *                        | *   | *   | *      |
| Warfarin in high thrombotic | High               | *   | †                         | Ť   | ‡   | **  | ++  | +         | *                        | *   | *#  | *#     |
|                             | Low/ Moderate      | *   | Ť                         | Ť   | *   | **  | +++ | ţ         | *                        | *#  | *#  | *#     |
|                             | Minimal            | *   | *                         | *   | *   | *   | *   | *         | *                        | *   | *   | *      |

CrCl indicates creatinine clearance; DOAC, direct oral anticoagulants; GI, gastrointestinal; INR, international normalized ratio; LMWH, low-molecular-weight heparin; and VKA, vitamin K agonist.





## Table 13. Perioperative Management of Direct Oral Anticoagulants and Vitamin K Antagonists (con't.)

\*Administer DOAC or VKA.

†Withhold DOAC or VKA.

+While withholding VKA in select very high thrombotic risk patients, preoperative bridging with parenteral heparin once INR less than desired therapeutic range.

#Resuming postoperative LMWH bridge at either full dose or prophylaxis dose until INR within therapeutic range is a teambased decision that weighs the risks and benefits.

Management for perioperative bleeding risk and DOAC or VKA schedule should incorporate team-based decision-making, especially in high thrombotic risk patients or when undergoing procedures with higher risks of adverse outcome, should bleeding occur (eg, neuraxial anesthesia).

Minimal bleeding risk = 30-day risk of major bleeding 0% (eg, cataract surgery, minor dental/dermatological procedures). Low/moderate bleeding risk = 30-day risk of major bleeding <2% (eg, complex dental, GI, breast surgery, procedures using large-bore needles).

High bleeding risk = 30-day risk of major bleeding  $\geq$ 2%.





# Table 14. Thromboembolic Risk for Common OAC Indications

| Risk<br>Category | Venous<br>Thromboembolism     | Atrial Fibrillation  | Mechanical Valve  | Othe<br>Antic<br>Indic           |
|------------------|-------------------------------|--|---|----------------------------------|
| Low              | VTE >12 mo                    | CHA <sub>2</sub> DS <sub>2</sub> -VASc 1-4<br>(without prior history of<br>stroke) | Bileaflet mechanical AVR<br>without major risk factors<br>for stroke* |                                  |
| Moderate         | VTE ≤3-12 mo<br>Recurrent VTE | CHA <sub>2</sub> DS <sub>2</sub> -VASc 5-6   | Bileaflet mechanical AVR<br>with major risk factors for<br>stroke*    | Nons<br>coagu<br>(heter<br>Leide |
|                  |                               |  | Mitral valve without major<br>risk factors for stroke*                | gene<br>mutat                    |
|                  |                               |  |   | Activ                            |

\*Major risk factors for stroke include AF, multiple prior strokes/TIAs (>3 months), prior perioperative stroke, or prior valve thrombosis.

AVR indicates aortic valve replacement; LV, left ventricular; MHV, mechanical heart valve; TIA, transient ischemic attack; and VTE, venous thromboembolism.



#### er coagulation cations

severe ulopathy rozygous factor V en or prothrombin G20210A tion)

ve cancer



# Table 14. Thromboembolic Risk for Common OAC Indications (con't.)

| Risk<br>Category | Venous<br>Thromboembolism      | Atrial Fibrillation   | Mechanical Valve                                      | Othe<br>Antic<br>Indic |
|------------------|--------------------------------|---|---|------------------------|
| High             | Recent VTE (<1 mo or <3<br>mo) | CHA <sub>2</sub> DS <sub>2</sub> -VASc $\geq$ 7 (or 5-<br>6 with recent stroke or<br>TIA) | Mechanical mitral valve                               | Recent                 |
|                  |                                |   | valve   | Activ                  |
|                  |                                | AF with rheumatic   |   | assoc                  |
|                  |                                | valvular heart disease  | Mechanical heart value in<br>any position with recent | VTE                    |
|                  |                                |   | stroke or TIA (<3 mo)                                 | LV th<br>last 3        |
|                  |                                |   |   | Seven                  |
|                  |                                |   |   | Antıp<br>antibo        |

‡Deficiency of protein C, protein S, or antithrombin; homozygous factor V Leiden or prothrombin gene G20210A mutation or double heterozygous for each mutation, multiple thrombophilias.

AVR indicates aortic valve replacement; LV, left ventricular; MHV, mechanical heart valve; TIA, transient ischemic attack; and VTE, venous thromboembolism.



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## Table 15. Pharmacokinetic Characteristics, Monitoring, and Reversal of VKA and DOACs

|                           | Warfarin         | Apixaban  | Rivaroxaban         | Edoxaban  | Dab  |
|---------------------------|------------------|-----------|---------------------|-----------|------|
| Mechanism of              | VKORC1 (vitamin  | Factor Xa | Factor Xa inhibitor | Factor Xa | Fact |
| Action                    | K-dependent      | inhibitor |                     | inhibitor | (di  |
|                           | factors)         |           |                     |           |      |
| Bioavailability           | >95%             | 50%       | 100% (66%           | 62%       | 3-7% |
|                           |                  |           | without food)       |           |      |
| Time to Cmax              | 2-6 h            | 3-4 h     | 2-4 h               | 1-2 h     | 1.25 |
| Plasma Half-Life          | 36-48 h          | 9-14 h    | 6-9 h (11-13 h in   | 10-14 h   | 12-1 |
| (t <sub>1/2</sub> )       |                  |           | older persons)      |           |      |
| <b>Duration of Action</b> | ~5 d (beyond     | 24 h      | 24 h                | 24 h      | 24 h |
|                           | normalization of |           |                     |           |      |
|                           | INR)             |           |                     |           |      |

ACT indicates activated clotting time; Anti-Xa, assay to measure anticoagulation activity; aPCC, activated prothrombin complex concentrate; aPTT, activated partial thromboplastin time; CYP, cytochrome; DOAC, direct oral anticoagulant; DTT, diluted thrombin time; ECT, ecarin clotting time; FFP, fresh frozen plasma; INR, international normalized ratio; PT, prothrombin; and 4F-PCC, 4-factor prothrombin complex concentrate.



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#### inhibitor)

6

#### -3 h

5 h



## Table 15. Pharmacokinetic Characteristics, Monitoring, and Reversal of VKA and DOACs (con't.)

| Renal Clearance               | 0%             | 27%            | 33%                | 37-59%         | 85%   |
|-------------------------------|----------------|----------------|--------------------|----------------|-------|
|                               |                |                |                    |                | (part |
|                               |                |                |                    |                | dialy |
| <b>Drug Interaction</b>       |                | CYP p450 3A4,  | CYP 450 3A4/2J2,   | CYP 450 3A4    | p-gly |
|                               |                | p-glycoprotein | p-glycoprotein     | (<5%), p-      |       |
|                               |                |                |                    | glycoprotein   |       |
| Altered                       |                | PT, aPTT, ACT  | PT, aPTT, ACT      | PT, aPTT,      | aPT   |
| Anticoagulation<br>Parameters |                |                |                    | ACT            | PT/I  |
| Monitor for                   | PT/INR         | Anti-Xa*       | Anti-Xa*           | Anti-Xa*       | ECT   |
| Presence of Drug<br>Effect    |                | (DOAC)         | (DOAC)             | (DOAC)         |       |
| Antidote/ Reversal            | Vitamin K, 4F- | 4F-PCC,        | 4F-PCC, and exanet | 4F-PCC,        | 4F-P  |
|                               | PPC, FFP       | andexanet alfa | alfa               | andexanet alfa | idarı |

\*Quantitative assessment requires drug-specific calibrators. With no therapeutic levels, use can indicate ongoing drug effect.

ACT indicates activated clotting time; Anti-Xa, assay to measure anticoagulation activity; aPCC, activated prothrombin complex concentrate; aPTT, activated partial thromboplastin time; CYP, cytochrome; DOAC, direct oral anticoagulant; DTT, diluted thrombin time; ECT, ecarin clotting time; FFP, fresh frozen plasma; INR, international normalized ratio; PT, prothrombin; and 4F-PCC, 4-factor prothrombin complex concentrate.



#### rtially

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#### lycoprotein

### T, ACT,

### /INR, DTT

### T (DOAC)

### PCC,

#### ucizumab



## Perioperative Beta Blockers

#### **Recommendations for Perioperative Beta Blockers**

Referenced studies that support the recommendations are summarized in the Online Data Supplement.

|         | _    |   |
|---------|------|---|
| COR     | LOE  | Recommendations   |
| 1       | B-NR | 1. In patients on stable doses of beta blockers undergoing NCS, beta bloc<br>should be continued through the perioperative period as appropriate b<br>the clinical circumstances.   |
| 2b      | B-NR | 2. In patients scheduled for elective NCS who have a new indication for b<br>blockade, beta blockers may be initiated far enough before surgery (op<br>days) to permit assessments of tolerability and drug titration if needed |
| 3: Harm | B-R  | <b>3.</b> In patients undergoing NCS and with no immediate need for beta bloc blockers should not be initiated on the day of surgery due to increased postoperative mortality.  |







## Perioperative Management of Blood Glucose

| <b>Recommendations for Perioperative Management of Blood Glucose</b> |  |   |  |  |
|--|--|---|--|--|
| Refere   | Referenced studies that support the recommendations are summarized in the Online Data Supp |   |  |  |
| COR  | LOE  | Recommendations   |  |  |
| 2a   | B-NR   | <ol> <li>In patients with or at risk for diabetes who are scheduled for elective preoperative hemoglobin A1c (HbA1C) testing is reasonable if it has performed in ≤3 months.</li> </ol> |  |  |
| 1  | C-LD   | 2. In patients scheduled for NCS, SGLT2i should be discontinued 3 to days before surgery to reduce the risk of perioperative metabolic ac   |  |  |
| 2a   | C-LD   | 3. In patients with diabetes or impaired glucose tolerance, continuation metformin during the perioperative period is reasonable to maintain glycemic control.                          |  |  |

\*Canagliflozin, dapagliflozin, and empagliflozin should be stopped  $\geq$ 3 days and ertugliflozin  $\geq$ 4 days before scheduled surgery.







# Anesthetic Considerations and Intraoperative Management







## Choice of Anesthetic Technique and Agent

| <b>Recommendations for Choice of Anesthetic Technique and Agent</b> |   |  |  |  |
|---|---|--|--|--|
| Refere  | Referenced studies that support the recommendations are summarized in the Online Data |  |  |  |
|   |   | Supplement.  |  |  |
| COR   | LOE   | Recommendations  |  |  |
| 2a  | Α   | 1. In patients undergoing NCS, use of a volatile-based anesthetic ag<br>or total intravenous anesthesia is reasonable for general anesthe<br>with no apparent difference in associated cardiovascular events<br>MI, ischemia). |  |  |
| 2a  | B-R   | 2. In patients undergoing NCS where neuraxial is feasible, either<br>neuraxial or general anesthesia is reasonable with no apparent<br>difference in associated cardiovascular events.   |  |  |







## Perioperative Pain Management

| <b>Recommendations for Perioperative Pain Management</b> |   |  |  |
|--|---|--|--|
| Reference  | Referenced studies that support the recommendations are summarized in the Online Data |  |  |
|  |   | Supplement.  |  |
| COR  | LOE   | Recommendations  |  |
|  |   | 1. For patients undergoing major abdominal surgery, the use of   |  |
| <b>2</b> a   | B-R   | epidural analgesia for postoperative pain relief is reasonable   |  |
|  |   | to decrease the incidence of perioperative cardiac events.       |  |
|  |   | 2. For patients with a hip fracture waiting for surgical repair, |  |
| 2b   | B-R   | epidural analgesia may be considered to decrease the             |  |
|  |   | incidence of preoperative cardiac events.                        |  |







## Echocardiography

| <b>Recommendations for Echocardiography</b> |   |   |  |  |
|---|---|---|--|--|
| Referen                                     | Referenced studies that support the recommendations are summarized in the Online Data |   |  |  |
|   |   | Supplement.   |  |  |
|   |   | 1. In patients with unexplained hemodynamic instability         |  |  |
|   | C-LD  | undergoing NCS, the emergency use of perioperative TEE or       |  |  |
| 2a  |   | FoCUS is reasonable to determine the cause if expertise is      |  |  |
|   |   | readily available.  |  |  |
|   | C-LD  | 2. In patients undergoing NCS without risk factors or procedura |  |  |
| 3: No                                       |   | risks for significant hemodynamic compromise, the routine us    |  |  |
| benefit                                     |   | of intraoperative TEE is not recommended to screen for cardi    |  |  |
|   |   | abnormalities or to monitor for myocardial ischemia.            |  |  |







## Body Temperature

| <b>Recommendation for Body Temperature</b>   |             |   |  |
|--|-------------|---|--|
| Referenced studies that support the recommendation are summarized in the Online Data |             |   |  |
|  | Supplement. |   |  |
| COR  | LOE         | Recommendation  |  |
| 2a   | B-R         | 1. In patients with CVD undergoing NCS, maintenance of<br>normothermia is reasonable to avoid perioperative |  |







## Temporary Mechanical Circulatory Support

| <b>Recommendation for Temporary Mechanical Circulatory Support</b> |      |  |
|--|------|--|
| COR  | LOE  | Recommendation   |
| 2b   | C-LD | 1. In patients with acute, severe hemodynamic instability and<br>cardiopulmonary dysfunction undergoing urgent or emergency N<br>temporary MCS devices may be used preemptively or as rescue<br>therapy. |







## Pulmonary Artery Catheters

| <b>Recommendations for Pulmonary Artery Catheters</b>                                       |      |  |  |
|---|------|--|--|
| Referenced studies that support the recommendations are summarized in the Online Data Suppl |      |  |  |
| COR   | LOE  | Recommendations  |  |
| 2b  | C-LD | 1. In patients with CVD undergoing NCS, the use of PA catheterizati<br>be considered when underlying medical conditions that significant<br>affect hemodynamics (eg, decompensated HF, severe valvular dise<br>combined shock states, pulmonary HTN) cannot be corrected befor<br>surgery. |  |
| 3: No<br>benefit  | Α    | 2. In patients with CVD undergoing NCS, routine use of PA catheter is not recommended to reduce morbidity or mortality.  |  |







## Perioperative Anemia Management

|   | Recom | mendations for Perioperative Anemia Management   |  |  |
|---|-------|--|--|--|
| Referenced studies that support the recommendations are summarized in the Online Data |       |  |  |  |
| Supplement.   |       |  |  |  |
| COR   | LOE   | Recommendations  |  |  |
| 2a  | Α     | 1. In patients having NCS with expected blood loss, tranexami-<br>acid is reasonable to reduce intraoperative blood loss, reduc<br>transfusions, and avoid anemia.   |  |  |
| 2a  | B-R   | 2. In patients with iron deficiency anemia having elective NCS<br>iron therapy (either oral or intravenous) administered<br>preoperatively is reasonable to reduce blood transfusions an<br>to increase Hgb. |  |  |







# Perioperative Surveillance and Management of Myocardial Injury and Infarction







## Myocardial Injury After Noncardiac Surgery Surveillance and Management

| <b>Recommendations for Myocardial Injury After Noncardiac Surgery</b> |   |   |  |  |  |
|---|---|---|--|--|--|
| Refe  | Referenced studies that support the recommendations are summarized in the Online Data |   |  |  |  |
|   |   | Supplement.   |  |  |  |
| COR   | LOE   | Recommendations   |  |  |  |
|   | MINS Surveillance   |   |  |  |  |
|   |   | 1. In patients with known CVD, symptoms of CVD, or age ≥65 years    |  |  |  |
| 2h  | B-NR  | with cardiovascular risk factors undergoing elevated-risk NCS, it   |  |  |  |
| 20  |   | may be reasonable to measure cTn at 24 and 48 hours after surge     |  |  |  |
|   |   | to identify myocardial injury.                                      |  |  |  |
| 3: No<br>benefit  | B-NR  | 2. In patients undergoing low-risk NCS, routine postoperative scree |  |  |  |
|   |   | with cTn levels is not indicated without signs or symptoms sugges   |  |  |  |
|   |   | of myocardial ischemia or MI.                                       |  |  |  |







## Myocardial Injury After Noncardiac Surgery Surveillance and Management (con't.)

|    | MINS Management |  |  |
|----|-----------------|--|--|
| 2a | B-NR            | 1. In patients who develop MINS, especially in those not previously known to have excess cardiovascular risk, outpatient follow-up reasonable for optimization of cardiovascular risk factors. |  |
| 2b | C-LD            | 2. In patients who develop MINS, antithrombotic therapy may be considered to reduce thromboembolic events.   |  |







Figure 6. Evaluation of an Abnormal Troponin Obtained for Postoperative Surveillance.

Colors correspond to Class of Recommendation in Table 3.

\*Presumes a rise and fall of troponin consistent with acute myocardial injury. Troponin may be measured using a conventional fourth-generation or a highsensitivity assay.

†Nonischemic myocardial injury encompasses pulmonary embolism, sepsis, acute decompensated heart failure, or acute stroke.



ECG indicates electrocardiogram; GDMT, guideline-directed management and therapy; MI, myocardial infarction; NCS, noncardiac surgery; NSTEMI, non ST-segment-elevation myocardial infarction; STEMI, ST-segmentelevation myocardial infarction; and URL, upper reference limit.





## Management of Postoperative ST-Segment-Elevation Myocardial Infarction/Non ST-Segment-Elevation Myocardial Infarction

| Recommendations for Management of Postoperative ST-Segment-Elevation Myocardial Infarction/Non ST<br>Elevation Myocardial Infarction |                |  |
|--|----------------|--|
| ]  | Referenced stu | dies that support the recommendations are summarized in the Online Data Supplement.  |
| COR  | LOE            | Recommendations  |
| 1  | B-NR           | 1. Patients who develop STEMI after NCS should be considered for GDMT, incl<br>consideration of ICA, balancing bleeding and thrombotic risks with the sever<br>clinical presentation.        |
| 1  | С-ЕО           | 2. Patients who develop NSTEMI after NCS should receive medical therapy as recommended for patients with spontaneous MI but after consideration of postleeding risks and hemodynamic status. |
| 2a   | C-LD           | 3. Patients who develop NSTEMI after NCS can be considered for ICA, balancin<br>and thrombotic risks with the severity of clinical presentation.   |

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Non ST-Segment-







## Abbreviations

| Abbreviations | Meaning/Phrase                           |
|---------------|--|
| ACEi          | angiotensin-converting enzyme inhibitors |
| ACHD          | adult congenital heart disease           |
| ACS           | acute coronary syndrome                  |
| AF            | atrial fibrillation                      |
| ARB           | angiotensin receptor blocker             |
| ARR           | absolute risk reduction                  |
| AS            | aortic stenosis                          |
| ASCVD         | atherosclerotic cardiovascular disease   |
| AV            | atrioventricular                         |
| AVR           | aortic valve replacement                 |





| Abbreviations | Meaning/Phrase                               |
|---------------|--|
| BMS           | bare-metal stent                             |
| BNP           | B-type natriuretic peptide                   |
| BP            | blood pressure                               |
| CAD           | coronary artery disease                      |
| CCD           | chronic coronary disease                     |
| ССВ           | calcium channel blocker                      |
| CHD           | congenital heart disease                     |
| CIED          | cardiovascular implantable electronic device |
| CKD           | chronic kidney disease                       |
| CPET          | cardiopulmonary exercise testing             |





| Abbreviations | Meaning/Phrase             |
|---------------|----------------------------|
| СТ            | coronary tomography        |
| cTn           | cardiac troponin           |
| CVD           | cardiovascular disease     |
| DAPT          | dual antiplatelet therapy  |
| DASI          | Duke Activity Status Index |
| DBP           | diastolic blood pressure   |
| DOAC          | direct oral anticoagulants |
| ECG           | electrocardiogram          |





| Abbreviations | Meaning/Phrase                            |
|---------------|---|
| EMI           | electromagnetic interference              |
| ESU           | electrosurgery units                      |
| FDA           | Food and Drug Administration, US          |
| FoCUS         | focused cardiac ultrasound                |
| GDMT          | guideline-directed management and therapy |
| GLP-1         | glucagon-like polypeptide-1               |
| HbA1c         | hemoglobin A1c                            |
| НСМ           | hypertrophic cardiomyopathy               |
| Hgb           | hemoglobin                                |
| HF            | heart failure                             |







| Abbreviations | Meaning/Phrase                               |
|---------------|--|
| HFrEF         | heart failure with reduced ejection fraction |
| HTN           | hypertension                                 |
| HR            | hazard ratio                                 |
| ICA           | invasive coronary angiography                |
| ICD           | implantable cardioverter-defibrillator       |
| LDL           | low-density lipoproteins                     |
| LV            | left ventricular                             |
| LVAD          | left ventricular assist device               |
| LVOT          | left ventricular outflow tract               |
| LVEF          | left ventricular ejection fraction           |
| MACE          | major adverse cardiovascular event           |





| Abbreviations | Meaning/Phrase                             |
|---------------|--|
| MACCE         | major adverse cardiac and cerebral event   |
| MAP           | mean arterial pressure                     |
| MCS           | mechanical circulatory support             |
| METs          | metabolic equivalents                      |
| MR            | mitral regurgitation                       |
| MI            | myocardial infarction                      |
| MICA          | myocardial infarction and cardiac arrest   |
| MINS          | myocardial injury after noncardiac surgery |
| MS            | mitral stenosis                            |
| MV            | mitral valve                               |
| NCS           | noncardiac surgery                         |





| Abbreviations | Meaning/Phrase                                 |
|---------------|--|
| NSQIP         | National Surgical Quality Improvement Program  |
| NSTEMI        | non ST-segment elevation myocardial infarction |
| NT-proBNP     | N-terminal pro-B-type natriuretic peptide      |
| NYHA          | New York Heart Association                     |
| OAC           | oral anticoagulant                             |
| OR            | odds ratio                                     |
| OSA           | obstructive sleep apnea                        |
| РА            | pulmonary artery                               |
| РАН           | pulmonary arterial hypertension                |
| P2Y12         | platelet adenosine diphosphate receptor        |






## Abbreviations (con't.)

| Abbreviations | Meaning/Phrase                                  |
|---------------|---|
| PCI           | percutaneous coronary intervention              |
| POAF          | perioperative/postoperative atrial fibrillation |
| QOL           | quality of life                                 |
| RAASi         | renin-angiotensin-aldosterone system inhibitors |
| RCT           | randomized controlled trial                     |
| RCRI          | Revised Cardiac Risk Index                      |
| RR            | relative risk                                   |
| RV            | right ventricular                               |
| SBP           | systolic blood pressure                         |
| SGLT2i        | Sodium-glucose cotransporter-2 inhibitors       |
| STEMI         | ST-segment elevation myocardial infarction      |





## Abbreviations (con't.)

| Abbreviations | Meaning/Phrase                          |
|---------------|---|
| TAVI          | transcatheter aortic valve implantation |
| TEA           | thoracic epidural analgesia             |
| TEE           | transesophageal echocardiography        |
| TEER          | transcatheter edge-to-edge repair       |
| TTE           | transthoracic echocardiogram            |
| VHD           | valvular heart disease                  |
| VKA           | vitamin K antagonist                    |

