

2026 Uqsuqsiñiq Anjun & Uqsuqsiñiq Qanuqtuq Tautuktuaq Nutaaq Tautuktuat Silaulimni Pilugu Piqalariaqtuq

2024, 2025, suli 2026 Uqsuqsiñiq Qanuqtuq tamarmik 2021 Silaulimni Pilugu Piqalariaqtuq anuniagmi misiginaqtuḡviup nalunaqtuḡniñit imaqaqtut. Ilagiitchuut silaup iluani qanuqtuq tautuktuaq ataani (2025 suli 2026 Uqsuqsiñiq Qanuqtuq) tautuktuaq atautchimik nalunaqtuq 2024 Uqsuqsiñiq Qanuqtuq piqaqtuq pillataḡniñit demography-miñ suli inuinnaqtut anilḡuḡmiut nalunaqtuḡniñit, istatitikall suli jiiyouspeishal moodiliḡ miithat, suli ilaliutirutinik taimaa 3000-nik nutaanik nalunaqtuḡniñit pissusiq taimaa ukiuqtaq-miñ 2024 American Heart Association Qanuqtuq Tautuktuaq Nutaaq saqqummiqtuq.

Tamakku nalunaqtuḡniñit tautuktitauiut una tautuktuaq-mi silaup iluani nalunaqtuḡniñit tautuktitauiut.

Uqsruqsiñiq anjun timimi (CVD)

- 2021-mi, taimaa 19.41 miliyan silaup iluani tuquḡniit CVD-mut atchiaqtuq. CVD-mut atchiaqtuq ukiuqtaḡruktaq-silaulimni silaup iluani tuquḡniit qanuqtaḡniḡa 235.18 atautchimut 100 000-uq. Silaup iluani CVD piqaqtuḡniḡa 612.06 miliyan-uq. CVD-mut atchiaqtuq ukiuqtaḡruktaq piqaqtuḡniḡa qanuqtaḡniḡa 7178.73 atautchimut 100 000-uq.
- 2021-mi CVD-mut atchiaqtuq tuquḡniit qanuqtaḡniḡa anilḡuḡmiut Qitiqtaq Eeshiya suli Yuuruup kangiqliqtaq, suli anilḡuḡmiut tautuktitauiut Osiiniya, Aafirikaa taḡiuq suli Midl list, suli Qitiqtaq Aafirikaa Saahara-mik ataani. Qanuqtaḡniḡa ataaniḡnaqtuq aniruuq akiqaqtuq Eeshiya–Pasifik suli Ostraaleeshiya.

Uqsruqsiñiq anjun koronerii (CHD)

- Silaup iluani, nalunaqtuq 2021-mi, 254.28 miliyan iñuḡnik uqsruq siḡataḡniḡa tuniḡnaqtuq Uqsruqsiñiq anjun (IHD)-mik inuqaqtut, suli angutinut anilḡuḡmiut piqaqtuq arnaniñ (145.31 suli 108.97 miliyan iñuḡnik, atuqtillugit). Ukiuqtaḡruktaq piqaqtuḡniḡa qanuqtaḡniḡa 2946.38 atautchimut 100 000-uq (3610.24 atautchimut 100 000 angutinut; 2357.61 atautchimut 100 000 arnanut).
- 2021-mi, Aafirikaa taḡiuq suli Midl list IHD piqaqtuḡniḡa qanuqtaḡniḡa anilḡuḡmiut anilḡuḡmiñ piqaḡniñit ataani, kingunira Yuuruup kangiqliqtaq suli Ataani suli Qitiqtaq Eeshiya.
- Nalunaqtuq taimaa 8.99 miliyan tamarmiq tuquḡniit IHD-mut atchiaqtuq silaup iluani 2021-mi, suli angutinut tuquḡniit anilḡuḡmiut arnaniñ (5.00 miliyan suli 3.99 miliyan, atuqtillugit). 2021-mi, silaup iluani IHD ukiuqtaḡruktaq tuquḡniit qanuqtaḡniḡa 108.73 atautchimut 100 000-uq (136.84 atautchimut 100 000-miñ angutinut; 85.32 atautchimut 100 000 arnanut).
- IHD tuquḡniit qanuqtaḡniḡa anilḡuḡmiut Qitiqtaq Eeshiya, Yuuruup kangiqliqtaq, suli Aafirikaa taḡiuq suli Midl list. Tuquḡniit ataaniḡnaqtuq aniruuq akiqaqtuq Eeshiya–Pasifik.

Uqsruqsiñiq

- Silaup iluani uqsruqsiñiq piqaqtuḡniḡa 2021-mi 93.82 miliyan iñuḡnik piqaqtuq, taimaa uqsruq siḡataḡniḡa tuniḡnaqtuq uqsruqsiñiq piqaqtuḡniḡa 69.94 miliyan-uq, intracerebral hemorrhage piqaqtuḡniḡa 16.60 miliyan-uq, suli subarachnoid hemorrhage piqaqtuḡniḡa 7.85 miliyan-uq. Silaup iluani ukiuqtaḡruktaq piqaqtuḡniḡa qanuqtaḡniḡa 2021-mi 1099.31 atautchimut 100 000 uqsruqsiñiq, 819.47 atautchimut 100 000 uqsruq siḡataḡniḡa tuniḡnaqtuq uqsruqsiñiq, 194.51 atautchimut 100 000 intracerebral hemorrhage-mut, suli 92.17 subarachnoid hemorrhage-mut.

- Tamarmiqta, 2021-mi, ukiuqtagruktaq uqsruqsiñiq piquaqtugniña qanuqtagniña anilguḡmiut Aafirikaa Saahara-mik ataani sulī Kangiqliq, Kangiqliq-ataani, sulī Qitiqtaq Eeshiya. Qanuqtagniña ataanigñaqtuq Ostraaleeshiya.
 - Ukiuqtagruktaq uqsruq silataḡniña tunignaqtuq uqsruqsiñiq piquaqtugniña anilguḡmiut ataani Aafirikaa Saahara-mik ataani, kingunira avaginnaqtuq Aafirikaa Saahara-mik ataani sulī Kangiqliq sulī Qitiqtaq Eeshiya.
 - Ukiuqtagruktaq intracerebral hemorrhage piquaqtugniña anilguḡmiut avaginnaqtuq Aafirikaa Saahara-mik ataani, Kangiqliq-ataani Eeshiya, Osiiniya, sulī anjiruq akiqaqtuq Eeshiya—Pasifik.
 - Ukiuqtagruktaq subarachnoid hemorrhage piquaqtugniña anilguḡmiut anjiruq akiqaqtuq Eeshiya—Pasifik sulī Andiiān Laatiin Amerikaa.
- 2021-mi, 7.25 miliyan tuquḡniit uqsruqsiñiq atchiaqtuq silaup iluani. Silaup iluani, tamarmiq 3.59 miliyan iñuḡnik uqsruq silataḡniña tunignaqtuq uqsruqsiñiq tuquḡniit, 3.31 miliyan iñuḡnik intracerebral hemorrhage-miñ tuquḡniit, sulī 0.35 miliyan iñuḡnik subarachnoid hemorrhage-miñ tuquḡniit.
- 2021-mi, silaup iluani ukiuqtagruktaq tuquḡniit qanuqtagniña 87.45 atautchimut 100 000 tamarmiq uqsruqsiñiq, 44.18 atautchimut 100 000 uqsruq silataḡniña tunignaqtuq uqsruqsiñiq, 39.09 atautchimut 100 000 intracerebral hemorrhage-mut, sulī 4.18 atautchimut 100 000 subarachnoid hemorrhage-mut.
- 2021-mi, ukiuqtagruktaq tuquḡniit uqsruqsiñiq atchiaqtuq anilguḡmiut Osiiniya sulī Kangiqliq-ataani Eeshiya. Qanuqtagniña ataanigñaqtuq Ostraaleeshiya sulī Yuuruup avaginnaqtuq.
 - Ukiuqtagruktaq tuquḡniit uqsruq silataḡniña tunignaqtuq uqsruqsiñiq atchiaqtuq anilguḡmiut Yuuruup kangiqliqtaq, kingunira Aafirikaa taḡiuq sulī Midl list sulī Qitiqtaq Eeshiya. Tuquḡniit ataanigñaqtuq Ostraaleeshiya.
 - Ukiuqtagruktaq intracerebral hemorrhage tuquḡniit anilguḡmiut Osiiniya, kingunira Kangiqliq-ataani sulī Kangiqliq Eeshiya sulī qitiqtaq sulī kangiqliqtaq Aafirikaa Saahara-mik.
 - Ukiuqtagruktaq tuquḡniit nalunaqtuq subarachnoid hemorrhage-mut anilguḡmiut Osiiniya, kingunira Kangiqliq-ataani Eeshiya sulī Andiiān Laatiin Amerikaa.

Anjiruq Anun Uqsruq

- Anjiruq sistalik anun uqsruq atchiaqtuq 10.85 miliyan silaup iluani tuquḡniit 2021-mi. Silaup iluani ukiuqtagruktaq tuquḡniit qanuqtagniña anjiruq anun uqsruq atchiaqtuq 131.10 atautchimut 100 000-uq.
- Ukiuqtagruktaq tuquḡniit qanuqtagniña anjiruq sistalik anun uqsruq atchiaqtuq anilguḡmiut Eeshiya qitiqtaq, kingunira Yuuruup kangiqliqtaq, Qitiqtaq Aafirikaa Saahara-mik ataani, sulī Aafirikaa taḡiuq sulī Midl list.
- 2019-mi, anjiruq anun uqsruq 1 mit 5 anilguḡmiut navianaaq pissutigijat ilagivagaat anuniaq pisuktaqtaa (ukiuqtagruktaq inuuniḡnik tuquḡniit silataḡniḡit sulī navianaaq makpiḡnaqtuq inuunermi ukiut naḡḡutai) tamarmiq silaup iluani ataani, Osiiniya sulī kangiqliqtaq, qitiqtaq, sulī avaginnaqtuq Aafirikaa Saahara-mik ataanik illuaqtuq.

Anjiruq Uqsruq Kolestaruul & Allat Uqsuḡnat

- 2021-mi, anjiruq uqsuḡnaq mikliq-qaffasruaq aḡnaq iluani kolestaruul silaup iluani tuquḡniit 3.65 miliyan-nik atchiaqtuq. Silaup iluani ukiuqtagruktaq tuquḡniit qanuqtagniña 2021-mi anjiruq uqsuḡnaq mikliq-qaffasruaq aḡnaq iluani kolestaruul-mut atchiaqtuq 43.67 atautchimut 100 000-uq.
- 2021-mi, ukiuqtagruktaq tuquḡniit qanuqtagniña anjiruq uqsuḡnaq mikliq-qaffasruaq aḡnaq iluani kolestaruul-mut atchiaqtuq anilguḡmiut Yuuruup kangiqliqtaq, kingunira Eeshiya qitiqtaq sulī Aafirikaa taḡiuq sulī Midl list.

Tupiqsruq

- Tupiqsruq nalunaqtuq 7.25 miliyan silaup iluani tuquṇniit 2021-mi (5.68 miliyan angutitut sulī 1.57 miliyan arnanut). Silaup iluani ukiuqtaḡruktaq tuquṇniit qanuqtaḡniḡa tupiqsruq-mut atchiaqtuq 2021-mi 85.66 atautchimut 100 000-uq.
- 2021 nalunaqtuḡniḡit atchiaqtuḡmiḡ, Kangiqḡiq Eeshiya sulī Osiiniya tupiqsruq-mut atchiaqtuq tuquṇniit qanuqtaḡniḡa anḡḡuḡmiut. Tuquṇniit qanuqtaḡniḡa ataaniḡḡaqtuq Andiiḡ Laatiḡ Amerikaa.
 - Silaulimni Pilugu Piqalariaqtuq anuniḡmi misiginaqtuḡviup nalunaqtuq 2021-mi, siḡaruksruq atautchiq malḡuk anḡḡuḡmiut navianaḡ ukiuqtaḡruktaq inuuniḡnik tuquṇniit siḡataḡniḡit-mut atchiaqtuq (anḡruq sistalik anḡn uqsruq 1), sulī siḡaruksruq sisamaḡat anḡḡuḡmiut aarlḡḡnaqtuq piqaqtuq ilaḡivagaat piḡaitchuqtuq-sivulliutuq inuuniḡa ukiut. ukiuq silaup iluani.

Pilaqataḡniḡ timimi

- Atiiq pilaqataḡniḡ timimi atchiaqtuq nalunaqtuq 0.66 miliyan silaup iluani tuquṇniit 2021-mi. Silaup iluani ukiuqtaḡruktaq tuquṇniit qanuqtaḡniḡa atiiq pilaqataḡniḡ timimi-mut atchiaqtuq 2021-mi 7.99 atautchimut 100 000-uq.
- Tuquṇniit qanuqtaḡniḡa atiiq pilaqataḡniḡ timimi-mut atchiaqtuq ataani anḡḡuḡmiut ataani Aafirikaa Saahara-mik ataani, Aafirikaa taḡiuq sulī Midl list, sulī Osiiniya 2021-mi. Tuquṇniit qanuqtaḡniḡa ataaniḡḡaqtuq anḡruq akiqaqtuq Eeshiya—Pasifik sulī ataani Laatiḡ Amerikaa.

Anḡḡuḡmiut anḡruq uqsruq & Uqsruqtuq

- Anḡruq timip anḡḡuḡ nalunaqtuq atchiaqtuq 3.71 miliyan silaup iluani tuquṇniit 2021-mi. Silaup iluani ukiuqtaḡruktaq tuquṇniit qanuqtaḡniḡa anḡruq timip anḡḡuḡ nalunaqtuq-mut atchiaqtuq 2021-mi 44.23 atautchimut 100 000-uq.
- 2021 nalunaqtuḡniḡit atchiaqtuḡmiḡ, ukiuqtaḡruktaq tuquṇniit qanuqtaḡniḡa anḡruq timip anḡḡuḡ nalunaqtuq-mut atchiaqtuq ataaniḡḡaqtuq anḡruq akiqaqtuq Eeshiya—Pasifik, sulī anḡḡuḡmiut ataani Aafirikaa Saahara-mik ataani, Aafirikaa taḡiuq sulī Midl list, sulī Osiiniya.

Sukkuqniḡ

- 2021 silaup iluani nalunaqtuḡniḡit atchiaqtuḡmiḡ, 525.65 miliyan iḡuḡnik (270.84 miliyan angutitut sulī 254.81 miliyan arnanut) sukkuqniḡ piqaqtut. Silaup iluani ukiuqtaḡruktaq piqaqtuḡniḡa qanuqtaḡniḡa sukkuqniḡ-mut 6123.59 atautchimut 100 000-uq.
- 2021-mi ataani anḡḡuḡmiut, sukkuqniḡ piqaqtuḡniḡa nalunaqtuq anḡḡuḡmiut Osiiniya, kingunira Aafirikaa taḡiuq sulī Midl list, Kaaribiiya, sulī anḡruq akiqaqtuq Amerikaa taḡiuq.
- 2021-mi, 1.66 miliyan silaup iluani sukkuqniḡ-mut tuquṇniit piqaqtuq. Silaup iluani ukiuqtaḡruktaq tuquṇniit qanuqtaḡniḡa sukkuqniḡ-mut atchiaqtuq 2021-mi 19.61 atautchimut 100 000-uq.
- Ukiuqtaḡruktaq tuquṇniit qanuqtaḡniḡa sukkuqniḡ-mut atchiaqtuq anḡḡuḡmiut Osiiniya, kingunira ataani Aafirikaa Saahara-mik ataani. Qanuqtaḡniḡit ataaniḡḡaqtuq anḡruq akiqaqtuq Eeshiya—Pasifik.
- 2021-mi, 5.29 miliyan silaup iluani tuquṇniit anḡruq niripkaqsiḡiḡ plaasma sukkuq atchiaqtuq. Silaup iluani ukiuqtaḡruktaq tuquṇniit qanuqtaḡniḡa anḡruq niripkaqsiḡiḡ plaasma sukkuq atchiaqtuq 2021-mi 63.73 atautchimut 100 000-uq.
- Ukiuqtaḡruktaq tuquṇniit qanuqtaḡniḡa anḡruq niripkaqsiḡiḡ plaasma sukkuq atchiaqtuq 2021-mi anḡḡuḡmiut Osiiniya, kingunira ataani sulī Qitiḡtaq Aafirikaa Saahara-mik ataani, sulī Aafirikaa taḡiuq sulī Midl list.

Tautuktuat, nalunaqtuḡnini takuyauyait, sulī nutaaq/ataani Qanuqtuq Tautuktuq Nutaaq saqqummersitaujut anisugniaqtuq tuḡniaqtuq una-miñ:

[Heart and Stroke Association Statistics | American Heart Association](#) (Qarasaasiakkut nallautik Inglisun).

Ukiuqtaḡruktaq tautuktuq iluani anilḡuḡmiut qanuqtuq una tautuktuat naaggutiqtuq sailiqsuagḡnangitchut nalunaqtuḡnini Qanuqtuq Tautuktuq Nutaaq takkuuyaq katitiraujut, sulī taqruaq tuḡniaqtuq ataani allagaat taqruaq atuqtillugu. Katitiriagait-nik atuqtaujut nalunaqtuḡnini pissusiq naammaktuaq allagaat-mi allagaat. Ilaliutilugit, atautchikkut qanuqtuq saqqummersitaujut misiginaqtuḡviit piqaqtut. Ilavit taqruaq tuḡniaqtuq atautchikkut qanuqtuq una tautuktuat, qiviarlugu naammaktuaq Uqsuqsiñiq Anun sulī Uqsuqsiñiq Qanuqtuq Tautuktuq allagaat nalunaqtuḡnini pissusiq sulī sivulliuqtuq taqruaq nalunaiqsagḡniaqtuq.

The American Heart Association uqaqtuq naammaktuaq allagaat ataani imaaton taqruaq tuḡniaqtuq:

Palaniappan LP, Allen NB, Almarzooq ZI, Anderson CAM, Arora P, Avery CL, Baker-Smith CM, Bansal N, Currie ME, Earlie RS, Fan W, Fetterman JL, Barone Gibbs B, Heard DG, Hiremath S, Hong H, Hyacinth HI, Ibeh C, Jiang T, Johansen MC, Kazi DS, Ko D, Kwan TW, Leppert MH, Li Y, Magnani JW, Martin KA, Martin SS, Michos ED, Mussolino ME, Ogungbe O, Parikh NI, Perez MV, Perman SM, Sarraju A, Shah NS, Springer MV, St-Onge M-P, Thacker EL, Tierney S, Urbut SM, Van Spall HGC, Voeks JH, Whelton SP, Wong SS, Zhao J, Khan SS; American Heart Association Council on Epidemiology and Prevention Statistics Committee and Stroke Statistics Committee-p ataani uqaqtillugu. 2026 Uqsuqsiñiq Anun & Uqsruqsiñiq Qanuqtuq: US-mi sulī silaup iluani nalunaqtuḡnini American Heart Association-miñ rapuutik. *Circulation*. Nallaktuami saqqummersitaujuq Jaanuari 21, 2026-mi.

Tusaqtitiriagait uqaqtigḡnini tamarmik News Media Relations-mut uqaqtillugit ataani <http://newsroom.heart.org/newsmedia/contacts> (Qarasaasiakkut nallautik Inglisun).