

# Circulation

## Uqsuqsiñiq Anjun & Uqsruqsiñiq qanuqtuq tautuktuaq 2026 Nutaag

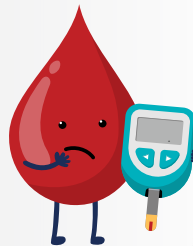
The American Heart Association (AHA) **2026 Qanuqtuq Tautuktuaq Nutaag** US-mi suli silaup iluani iñuñmiut akornanni Uqsruqsiñiq anjun timimi anilguñmiut qanuqtuñina, navianaaq pissutigijjat, suli anjun maligtaqtuq piqaqtuq anilguñmiut pissusiq. Ukiut tamaani saqqummersitaujuq **Circulation** akiqaqtuq pilaitchuqtuq ataani atuqtuñiaqtuq [AHAjournals.org/StatUpdate](https://AHAjournals.org/StatUpdate) (Qarasaasiakkut nallautik Inglisun)

**Sukkuqniq ima tanigñaq anuniağmut sivunaani atchiaqtuq qaja avataan US iñuñniñ.**

(2021-2023 nalunaqtuğniñit atchiaqtuğmiñ)

**Kisiani 23% US iñuñniñ sukkuqniq piqaqtut nalunaqsagñiqtağniña aqpiktuq sukkuq, anjun uqsruq, suli kolestaruul piqaqtut.**

(2021-2023 nalunaqtuğniñit atchiaqtuğmiñ)



**218**  
atautchimut 100,000

Ukiut nalunaqtuğniña  
**US tuquñniit qanuqtağniña CVD atchiaqtuq**

(2023 nalunaqtuğniñit atchiaqtuğmiñ)



**235**  
atautchimut 100,000

Ukiut nalunaqtuğniña silaup  
iluani tuquñniit qanuqtağniña  
**CVD atchiaqtuq**

(2021 nalunaqtuğniñit atchiaqtuğmiñ)



**Ağlagniq ağlagniq, atautchiq iñuk US-mi tuquñniit-miñ**

**CVD tamarmik 34 sekondi.**  
**2,510 US tuquñniit CVD ullut tamarmiq**

(2023 nalunaqtuğniñit atchiaqtuğmiñ)



**Ağlagniq-mi, atautchiq iñuk US-mi tuquñniit atautchimik**

**uqsruqsiñiq tamarmik 3 minit suli 14 sekondi.**  
**446 US tuquñniit uqsruqsiñiq-miñ ullut tamarmiq**

(2023 nalunaqtuğniñit atchiaqtuğmiñ)

© American Heart Association, Inc. Tamarmik pilluatağniñit anjiruq. Atchuğnaqtuq aturuminaqtuq pilluatağniñit pilaitchuq.

Palaniappan LP, Allen NB, Almarzooq ZI, Anderson CAM, Arora P, Avery CL, Baker-Smith CM, Bansal N, Currie ME, Earlie RS, Fan W, Fetterman JL, Barone Gibbs B, Heard DG, Hiremath S, Hong H, Hyacinth HI, Ibeh C, Jiang T, Johansen MC, Kazi DS, Ko D, Kwan TW, Leppert MH, Li Y, Magnani JW, Martin KA, Martin SS, Michos ED, Mussolino ME, Ogungbe O, Parikh NI, Perez MV, Perman SM, Sarraju A, Shah NS, Springer MV, St-Onge M-P, Thacker EL, Tierney S, Urbut SM, Van Spall HGC, Voeks JH, Whelton SP, Wong SS, Zhao J, Khan SS; American Heart Association Council on Epidemiology and Prevention Statistics Committee and Stroke Statistics Committee-p ataani uqaqtillugu. 2026 Uqsuqsiñiq Anjun suli Uqsruqsiñiq Qanuqtuq: US-mi suli silaup iluani nalunaqtuğniñit American Heart Association-miñ rapuutik. *Circulation*. Nallaktuami saqqummersitaujuq Jaanuari 21, 2026-mi. DOI: 10.1161/CIR.0000000000001412

# Uqsuqsiñiq Anjun & uqsruqsiñiq qanuqtuq tautuktuaq 2026 Nutaaq



Akiiqatuuq pilaitchuqtuq nutaaq US-mi sulii silaup iluani nalunaqtuḡniñit atuqtuḡniaqtuq

## 26%

US inuusuttut-niñ  
6-11 ukiuqaqtut sulii



## 14%

US inuusuttut-niñ 12-17 ukiuqaqtut

US nalunaqsagñiqtaḡniña naapittuq  
ataaniḡñaqtuq atautchimik 60 minit  
pilaqataḡniñ timimi pilaqtut ullut tamarmiḡ.

(2022 sulii 2023 nalunaqtuḡniñit atchiaqtuḡmiñ)



Yunaaitit Steets: Iñuḡniñ



## 40%

uqsruqtuq pilaqtut (2021 mut 2023 nalunaqtuḡniñit atchiaqtuḡmiñ)



Yunaaitit Steets: Meeqqat sulii Inuusuttut



## 21%

uqsruqtuq pilaqtut  
(2021 mut 2023 nalunaqtuḡniñit atchiaqtuḡmiñ)



## 1 mi 12 atuagaqtuq hai skuulu

Yunaaitit Steets e-sikaret atuqtaḡniña kingulliḡ 30 ulluni.

(2024 nalunaqtuḡniñit atchiaqtuḡmiñ)

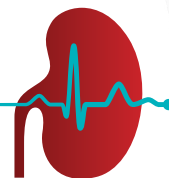


## 80%-mik qana US inuusuttut sulii aglaḡniñ ukiuqaqtut iñuḡniñ

qanuq sakiḡ CKM

(anjun timimi-taliḡluktuuq-metabulik) navianaaq.

(2009 mut 2018 nalunaqtuḡniñit atchiaqtuḡmiñ)



2021, Alzheimer uqsruqsiñiq sulii allat  
puigliḡniñ sukkuḡniñit sunḡiqsiruuq

## 57 miliyan

iñuḡniñ silaup iluani.

## Rapuutimik tamaat ataqtiillugu isiqtuḡniaqtuq:

## AHAjournals.org/StatUpdate (Qarasaasiakkut nallautik Inglisun)

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