Starting an Early Career in Studying Social Determinants of CVH

Latha Palaniappan, MD, MS, FAHA, FACP, FACE Palo Alto Medical Foundation Research Institute

Agenda

- Using Publically Available Data Sources
- Broadening Your Funding Search: Beyond NIH
- Positive Approaches to Criticism:
 Grants and Papers

Using Publically Available Secondary Data Sources

· Benefits:

- Completing and publishing research in a timely manner
- Developing content and methodological expertise
- Providing data for future grants

Limitations:

- The study population and measures collected may not be exactly what you want to study
- Difficult to infer causality
- Potential to be scooped

Selecting a Data Set

- Use a resource such as:
 - the Society of General Internal Medicine's Online Compendium (<u>www.sgim.org/go/datasets</u>) or
 - the online book, "Secondary Data Sources for Public Health"
- Consider a dataset that has not been widely used in your field or link datasets together to gain a fresh perspective
- Factor in complexity of the dataset
- Factor in cost and time to acquire the actual dataset
- Consider selecting a dataset your mentor has used

Get to Know Your Dataset

- 1. Learn the answers to the following questions:
 - Why does the database exist?
 - Who reports the data?
 - What are the incentives for accurate reporting?
 - How are the data audited, if at all?
 - Can you link your dataset to other large datasets?
- 2. Read everything you can about the database
- 3. Check to see if your measures have been validated against other sources
- 4. Analyze the data yourself or closely review outputs if someone else is doing the programming

Finding Secondary Data Sources

- 1. The Interuniversity Consortium for Political and Social Research (ICPSR) at the University of Michigan
 - Archive of over 500,000 files
 - Primarily focuses on social and political data, but has substantial data relevant to health and health services researchers
 - http://www.icpsr.umich.edu/

2. The Federal Government

- National Health and Nutrition Examination Survey
- Behavioral Risk Factor Surveillance System
- Medical Expenditure Panel Survey
- National Ambulatory Medical Care Survey
- http://chess.uchicago.edu/methods core/feddata.html

Broadening Your Funding Search: Beyond NIH

- NIH is competitive and the funding decision timelines are long
- Generally, all proposals will require revision and resubmission

NIH Decision Timeline



Broadening Your Funding Search: Beyond NIH

- American Heart Association
 - National Fellow-to-Faculty Transition Award (no current faculty/staff appointment)
 - Scientist Development Grant (faculty/staff position up to Assistant Professor)
- Foundations Transition Awards
 - Robert Wood Johnson Foundation
 - American College of Cardiology Foundation
 - Doris Duke Foundation

Broadening Your Funding Search: Tools

- National Health Council www.healthresearchfunding.org
 - Funds researchers with peer-reviewed NIH grants that were not funded
- Other Federal Funding <u>www.grants.gov</u>
- Sign up for email alerts from funding organizations about requests for proposals
- Talk with mentors and colleagues



"O.K., let's slowly lower in the grant money." Todd Bearson, Arlington, Massachusetts 2009

Positive Approaches to Criticism: Grants and Papers

- Don't spend too much time feeling sad/ frustrated/angry
- Aim for a quick turnaround
 - Grant cycles are long
 - Journals take months to review a new paper
- Consider reviewer comments (but remember that sometimes viewpoints are subjective)
- Don't always take "no" for an answer
- Perseverance pays off!

Positive Approaches to Criticism: Grants and Papers

- Case Study 1 Paper
 - Author submitted a paper and received an immediate rejection
 - Sent a letter to the editor asking to reconsider
 - The paper was accepted for review!
- Case Study 2 Grant Proposal
 - Proposal was "triaged" not discussed
 - Researcher revised and resubmitted proposal
 - Proposal was funded!

Thank you!

Comments or questions?

Email to: lathap@pamfri.org