

COMMISSION
Behavior Change for Improving Health Factors
Councils on
Lifestyle and Cardiometabolic Health
And
Epidemiology and Prevention

Committee on Behavior Change for Improving Health Factors	As a means of supporting AHA efforts to achieve the 2020 Impact Goals, the AHA must understand behavior change, motivation and appropriate interventions that can facilitate and support lifestyle changes that can be sustained. This Committee shall focus on the behavioral aspects of primary prevention through lifestyle change.
Number of Members	1410
Method of Appointment	<p>Chair person and Vice-chair appointed by the leadership of the joint Councils in consultation with the leadership of the Behavior Committee.</p> <p>Four Committee members appointed by each Council.</p> <p><u>Four Committee members with tobacco expertise appointed by the committee Chair.</u></p> <p>Liaisons shall be appointed from across internal AHA councils as appropriate.</p>
Term of Office	Two and three year terms
Meeting Frequency	Two face-to-face per year, calls as needed
Responsibilities	<ol style="list-style-type: none"> 1. Be fully informed of the new scientific developments in the areas of behavioral in medicine, considering the individual across the life span, the family, and the community including ethnic and cultural sub-groups; also at the population and global levels. 2. Serve as the nexus to drive advocacy, science and education and to impact environmental change. 3. Develop and participate in AHA Scientific Statements and Advisories. 4. Serve as a scientific resource and promote, in cooperation with AHA Scientific Councils, and other AHA Committees, appropriate and well-designed educational and cause programs related to the prevention and treatment of cardiovascular disease and stroke, with emphasis on altering lifestyle.

	<ol style="list-style-type: none">5. Serve as a resource and provide input in scientific programming on behavior change for AHA conferences, for the purpose of disseminating science and educating practitioners.6. Act in a science advisory role and work cooperatively with the Office of Public Advocacy in matters concerning legislation and government regulations related to food and nutrition, diet and physical activity and behavioral aspects of cardiovascular health promotion and treatment of cardiovascular health promotion.7. Serve in an advisory capacity to AHA internal departments such as Food Certification, Consumer Publications, Corporate Relations, Nutrition and Obesity And Consumer Health Department.8. Cooperate with and assist other scientific and health agencies in relevant programs, such as NHLBI.
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Revised Saturday, March 06, 2010 October 5, 2015