



COUNCIL ON LIFESTYLE AND CARDIOMETABOLIC HEALTH (LCH)

LEADERSHIP COMMITTEE COMMISSION

SCOPE:

The American Heart Association's Council on Lifestyle and Cardiometabolic Health provides science-based leadership and assistance in support of the organization's goal to be a relentless force for longer, healthier lives.

The Council on Lifestyle and Cardiometabolic Health Leadership Committee serves as a resource on issues pertaining to the expansion and exchange of knowledge with the ultimate goal of improving cardiovascular health across the lifespan. The council promotes basic, clinical, epidemiological, and translational science related to nutrition, lipids, obesity, diabetes, physical activity, and behavior change.

NUMBER OF MEMBERS:

27-33 Members

MEMBERS:

The Leadership Committee shall be comprised of:

- Chair
- Vice Chair
- Immediate Past Chair
- Chair, LIFESTYLE Awards Committee
- Chair, LIFESTYLE Diabetes Committee
- Chair, LIFESTYLE Early Career Committee
- Chair, LIFESTYLE Membership & Communications Committee
- Chair, LIFESTYLE Nominating Committee
- Chair, LIFESTYLE Nutrition Committee
- Chair, LIFESTYLE Obesity Committee
- Chair, LIFESTYLE Physical Activity Committee
- Chair, LIFESTYLE Scientific & Clinical Education Lifelong Learning Committee (SCILL)
- Chair, LIFESTYLE & EPI Conference Program Committee
- 6 to 8 Members-At-Large (One At-Large Member must be Early Career)
- Advocacy Ambassador
- Diversity Champion
- Go Red Women in Science & Medicine Representative
- Liaison, National Heart, Lung, and Blood Institute (NHLBI)
- Liaison, Council on Cardiovascular and Stroke Nursing (CVSN)
- Liaison, Council on Quality of Care and Outcomes Research (QCOR)
- Liaison, Behavior Change Platform (2 total)
- Others as deemed appropriate by Chair

Note: Members and Members-at-Large vote. Liaisons are nonvoting Members of the



committee.

REPORTS TO:

Council Operations Committee (COC)

APPOINTMENT TO THE COMMITTEE:

Nominations for the officers and Members of this committee are vetted and decided on by the Council Nominating Committee, chaired by the Council's Immediate Past Chair. Nominees come from numerous sources including input from the committee Chair and Vice Chair, suggestions from other volunteers, the Science Volunteer Form in Professional Heart Daily as well as relevant staff input.

TERM OF SERVICE:

Terms begin on July 1st and end on June 30th and shall be staggered for continuity. The Chair, Vice Chair and Immediate Past Chair only serve one two-year term in those positions. Members and liaisons on the committee serve a two-year term but are eligible to be re-invited for a second two-year term after which time they are replaced.

FREQUENCY OF MEETINGS:

The committee may meet face-to-face twice per year in conjunction with AHA Scientific Sessions and XXXX Scientific Sessions with two operational teleconferences in advance of them. Additional meetings, via teleconference, may be arranged as required.

OR

This committee meets face-to-face at AHA Scientific Sessions with an operational teleconference in advance of that and has a combined teleconference in the spring. Additional meetings, via teleconference, may be arranged as required.

OR

This committee meets face-to-face at XXXX with an operational teleconference in advance of that and has a combined teleconference in XXXX.

RESPONSIBILITIES/OBJECTIVES:

To conduct the affairs of the Scientific Council in the intervals between regular meetings and carry out the objectives within the policies of the AHA.

1. Provide input into the AHA's science positions as they relate to the Council's given field of cardiovascular and neurological expertise.
2. Guide and direct the Council's scientific papers, statements and programming for conferences and on-line lifelong learning products. Anticipate and appraise areas of developing relevance to the Council's field of science and develop recommendations for needed activities in these areas of science, medicine and research over the next three-to-five (3-5) years.
3. Identify Members to serve on writing groups for Scientific Statements, advisories, and guidelines and to review journal articles, serve as journal editors and editorial board Members.
4. Promote diversity, equity and inclusion.
5. Create and maintain a strategic plan for the Council.



6. Provide input into community education and patient education programs.
7. Explore and provide opportunities for early career professionals to interact with mentors and others in their field of interest.
8. Involve the Council in Association-wide strategic planning, goal setting and subsequent support of achieving those goals.
9. Maintain ongoing, open communications and interaction with the Council Operations Committee.
10. Prepare an annual budget and ensure fiscal oversight over Council funds.
11. With the Membership and Communications Committee, identify methods to increase Membership and participation of current Members in Council and AHA activities.
12. Member with the Membership and Communications Committee to facilitate the communication of science through various outlets including *Connections*.

CHAIR'S RESPONSIBILITIES:

- Facilitate Council business in an efficient and timely manner.
- Keep the Members apprised of issues facing the Council and the AHA.
- Ensure Council input and facilitate timely responses to AHA issues.
- With the assistance of staff, develop agenda that allows for thorough discussion of important issues, and approve subsequent agendas and work plans.
- Insure input from key leaders and constituencies in decision-making.
- Facilitate Leadership Committee meetings and present reports.
- Present Council report at the Annual Business meeting. (if applicable)
- Work with AHA staff to set meeting dates and times.
- Lead discussions at meetings and monitor activities.
- Review minutes of Committee meetings.
- Work with Committee and AHA staff to develop an annual plan and budget and oversee projects.
- Attend Science Advisory & Coordinating Committee (SACC) meetings.
- Work with AHA staff to develop Annual Business Meeting and Council Dinner agendas. (if applicable)
- Submit Chair's report to Newsletter Editor for Council *Connections*.
- Serves as a Member of the Nominating Committee.
- With the Vice Chair and Immediate Past Chair, select the next Vice Chair of the Council.

VICE CHAIR'S RESPONSIBILITIES:

- Works with staff to monitor budget and presents proposed budget to Leadership Committee each year.
- Assist the Chair in planning and monitoring activities.
- Preside over Committee meetings in the absence of the Chair.
- Attend Leadership Committee meetings and present reports in the absence of the Chair.
- Attend SACC meetings if the Chair is unable to attend.
- Assume role of Chair at the end of term as Vice Chair.
- Also serves as Member of the Nominating Committee.



- With the Chair and Immediate Past Chair, select the next Vice Chair of the Council.

IMMEDIATE PAST CHAIR'S RESPONSIBILITIES:

- Acts as Chair of the Nominating Committee.
- With the Chair and Vice Chair, select the next Vice Chair of the Council.

MEMBERS:

- Provide relevant written reports in advance of meetings and present at meetings.
- Attend and actively participate in meeting discussions and vote on issues as necessary.

MEMBERS-AT-LARGE:

- Attend and actively participate in meeting discussions and vote on issues as necessary.

LIAISONS:

- Provide relevant written reports in advance of meetings and present at meetings.
- Attend and actively participate in meeting discussions.

STAFFED BY:

AHA Council Manager