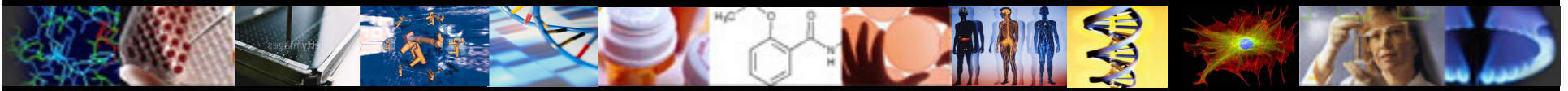


# Cardiovascular Genomics in 2007: Careers in Genomics and Proteomics



Christopher J. O'Donnell MD MPH

No Disclosures

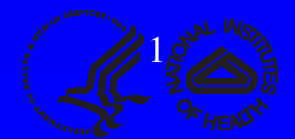
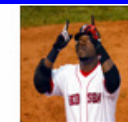
ACC How to Become a Cardiovascular Investigator

November 9, 2007



HARVARD  
MEDICAL SCHOOL  
A Teaching Affiliate

PARTNERS.  
HEALTH CARE SYSTEM  
A Founding Member



# My Story: the Sculpting of a Cardiovascular Investigator



1987

Medical School

Residency  
1<sup>st</sup> Clin Research

Contagious passion for epi & outcomes research



CV Fellowship  
Epi Fellow+MPH



“What am I good at →  
move on → enjoy and succeed”

Faculty Job I  
“50/50”



Focus on research, play  
focussed clinical role

1997

Faculty Job IIa  
“80/20” NIH+Hospital  
“Major” in Genetic  
Epidemiology

Be rigorous, publish, focus  
on genetics and imaging



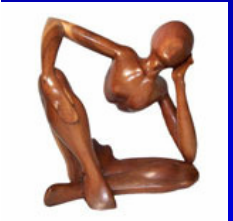
Faculty Job IIb  
“90/10” NIH+Hospital  
Immerse in Gen Epi,  
Genomics & Programs



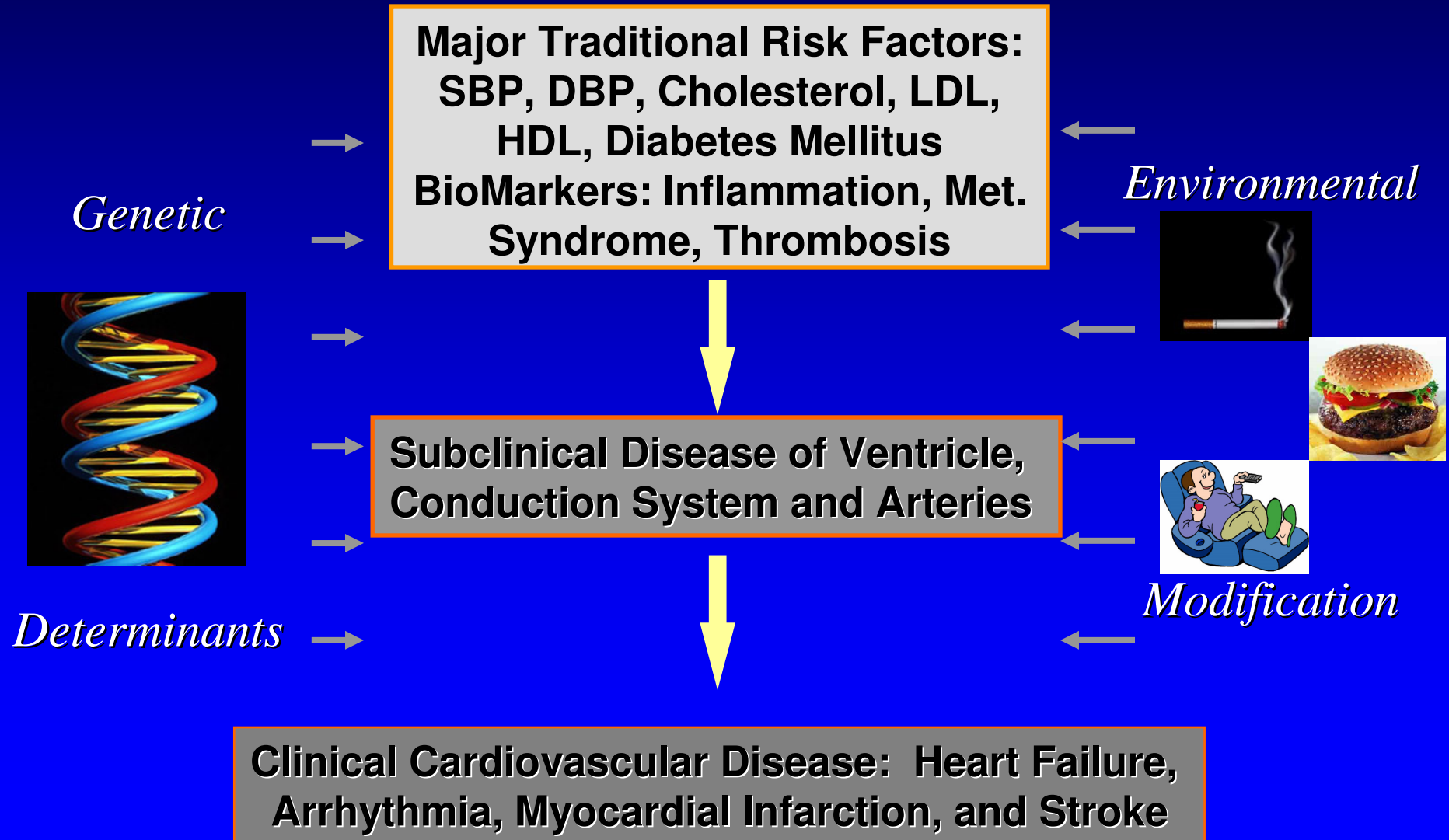
Join a collaborative genomic  
community

2007

Lead novel genomic programs  
at Framingham & NHLBI

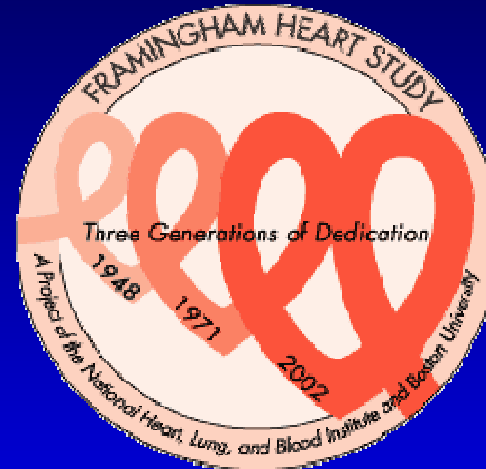


# Progression from Risk Factors to Clinical Cardiovascular Disease



# Framingham Heart Study

Downtown Framingham, MA (circa 1960)



1948 → 1958 → 1968 → 1978 → 1988 → 1998 → 2008

1948 → → → → → → 2008

**Original cohort:** N = 5209 men and women (ages 28-62)  
1644 spouse pairs, 596 extended families

1972 → → → → 2008

**Offspring study:** N = 5124 men and women (ages 5-70)  
1576 spouse pairs, 3514 biological offspring

**Third Generation study:**  
N ≈ 4000 men and women

2002 →

# Premature CVD in Parents\* Leads to Increased Relative Risk of CVD

Model Adjustment	<u>Positive Parental History of Premature CVD</u>		
	None	Both	≥1 Parent
<b>Men</b>			
Age-adjusted	1.0	<b>3.1</b>	<b>2.6</b>
Multivariable-adjusted*	1.0	<b>2.4</b>	<b>2.0</b>
<b>Women</b>			
Age-adjusted	1.0	<b>4.1</b>	<b>2.3</b>
Multivariable-adjusted*	1.0	<b>2.8</b>	<b>1.7</b>

\*Lloyd-Jones et al. JAMA 2004;291:2204. Adj. for age, total/HDL, SBP, anti-HTN Rx, AODM, BMI, current smoking.

# Heritability of CVD Risk Factors & Subclinical Disease: Framingham Study

Variable	Heritability
<u>Risk Factors*</u>	
Fasting Glucose	32%
Systolic Blood Pressure	42%
Maximum BMI	40%
<u>Biomarkers</u>	
CRP	26%
PAI-1 Antigen	26%
Platelet Aggregation (Epi)	48%
<u>Subclinical LV &amp; Conduction Disease**</u>	
LV Hypertrophy	26%
QT Duration	35%
<u>Subclinical Vascular Disease</u>	
Wall Thickness, Carotid Artery†	38%
Calcium, Aorta or Coronaries‡	38%

\*L. A. Cupples, ASHG 1996. \*E. Benjamin, AHA 2000. †C Fox, Stroke 2002,

‡P Peyser, Circulation 2002, ††C O'Donnell, Circulation 2002, Newton-Cheh, Heart Rhythm 2005.

# 2000-05: Genome-Wide Linkage for CHD/MI

Source	Phenotype	N of families	Locus
Pajukanta, AJHG 2000	Premature CHD	156 Finnish	2q21, X
Francke, Hu M Gen 2001	CHD or AODM	99 Indian	16p13
Broeckel, Nat Gen 2002	Premature MI	513 German	14q32
Harrap, ATVB 2002	ACS	63 Austral. (sibpairs)	2q36
Wang, AJHG 2004	Premature CHD	428 Caucasian US	1p34-36
Helgadottir, Nat Gen 2004	MI	296 ext. Icelandic	13q12-13
Hauser, AJHG 2004	Premature CHD	438 US	3q13
Samani, AJHG 2005	Premature CHD, MI	1,933 (sibpairs)	Chr 2
Farrall, Plos Gen 2006	Premature MI or ACS	2026 (sibpairs)	Chr 3, 11, 17
Bowden, Diabetes 2006	CVD in AODM	358 Caucasian	Chr 3, 4, 14

Meta-analysis (Chiodini and Lewis. ATVB 2003) of first four studies above showed overlap for 3q26-27. CHD=coronary heart disease, MI=myocardial infarction, AODM=Adult onset diabetes, ACS=Acute coronary syndrome.

# 1990's: Single Candidate Gene Variants Studied for Coronary Heart Disease

Gene	Variant	Relative Risk	N of Studies	N of Cases / Controls
Apo E	$\epsilon 4/\epsilon 4$	1.42	48	15,492 / 32,965
MTHFR	C677T	1.21	72	12,193 / 11,945
ACE	D/I	1.21	19	2,848 / 10,256
Apolipo B	Ins/Del	1.19	22	6,007 / 5,609
PAI-1	4G/5G	1.20	10	1,515 / 1,866
Fibrinogen B	G-455A	0.68	4	745 / 816
ENOS	Intron-4	1.34	16	6,212 / 6,737

Adapted from Ginsburg G et al. JACC 200546:1615.



# The Human Genome and Hapmap Projects

Nature October 21 2004;431:931.

## Finishing the euchromatic sequence of the human genome

International Human Genome Sequencing Consortium\*

\* A list of authors and their affiliations appears in the Supplementary Information

The sequence of the human genome encodes the genetic instructions for human physiology, as well as rich information about human evolution. In 2001, the International Human Genome Sequencing Consortium reported a draft sequence of the euchromatic portion of the human genome. Since then, the international collaboration has worked to convert this draft into a genome sequence with high accuracy and nearly complete coverage. Here, we report the result of this finishing process. The current genome sequence (Build 35) contains 2.85 billion nucleotides interrupted by only 341 gaps. It covers ~99% of the euchromatic genome and is accurate to an error rate of ~1 event per 100,000 bases. Many of the remaining euchromatic gaps are associated with segmental duplications and will require focused work with new methods. The near-complete sequence, the first for a vertebrate, greatly improves the precision of biological analyses of the human genome including studies of gene number, birth and death. Notably, the human genome seems to encode only 20,000–25,000 protein-coding genes. The genome sequence reported here should serve as a firm foundation for biomedical research in the decades ahead.

articles

“2.85 billion nucleotides ...encode only 20,000-25,000 protein-coding genes” & all genomic data freely available on the web

The genome consists of ~ 1 SNP per 1000 bp and “a block-like structure of linkage disequilibrium...leading to substantial correlations of SNPs with...their neighbours”

Science October 27 2005;431:931

nature

ARTICLES

## A haplotype map of the human genome

The International HapMap Consortium\*

Inherited genetic variation has a critical but as yet largely uncharacterized role in human disease. Here we report a public database of common variation in the human genome: more than one million single nucleotide polymorphisms (SNPs) for which accurate and complete genotypes have been obtained in 269 DNA samples from four populations, including ten 500-kilobase regions in which essentially all information about common DNA variation has been extracted. These data document the generality of recombination hotspots, a block-like structure of linkage disequilibrium and low haplotype diversity, leading to substantial correlations of SNPs with many of their neighbours. We show how the HapMap resource can guide the design and analysis of genetic association studies, shed light on structural variation and recombination, and identify loci that may have been subject to natural selection during human evolution.

# **2006: Genome-Wide Association Studies (GWAS) of 100K-1,000K SNPs**

---

**With completion of the human genome sequence & “HapMap”:**

- High throughput genotyping at acceptable cost
- Several companies now selling genome-wide screening CHIPS of 250,000-1,000,000 SNPs
- Technology has outpaced the conduct of research
- Critical issues now are control for multiple testing, large sample sizes (1000's of subjects), replication using multiple independent studies, nailing the functional significance of novel gene discoveries

# GWAS (Case-Control) Studies to Date

## Cancer

- Prostate Cancer
- ALL
- Breast Cancer
- Colon Cancer

## Lung

- Asthma

## Eye

- Macular Degeneration
- Glaucoma (XFG)

## Cardiovascular and Risk Factors

- Obesity
- Hypertension
- Diabetes, Type 1
- Diabetes, Type 2
- ECG QT interval
- MI, CAD
- Atrial Fibrillation

## Rheumatic Diseases

- SLE (Lupus)
- Celiac Disease
- Rheumatoid Arthritis
- Crohn's Disease

## Infectious Disease

- HIV Host Control

## Bone

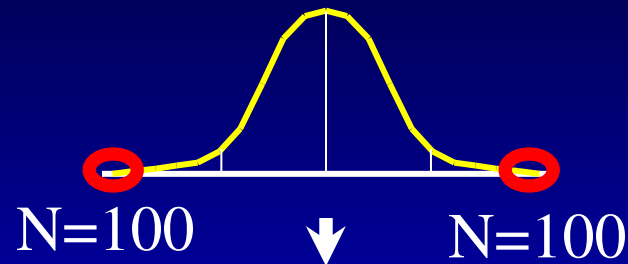
- Osteoarthritis

## Neurology and Psychiatry

- Bipolar Disorder
- Restless Leg Syndrome
- Multiple Sclerosis
- ALS

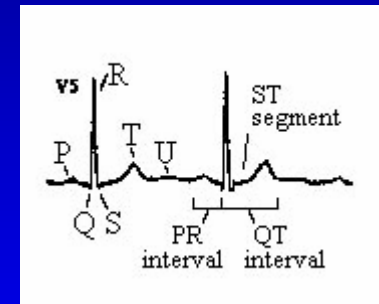
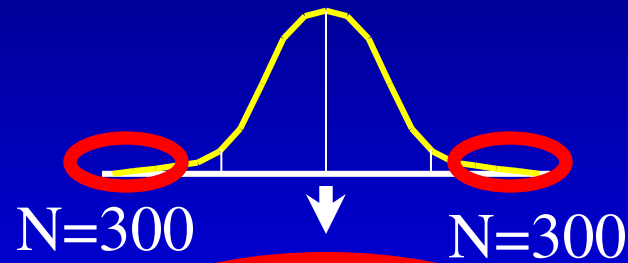
# GWA Study (100K): *NOS1* Regulator Gene *CAPON* Variant and Cardiac Repolarization

Stage I: ~100K GWAS,  
Women Only KORA I

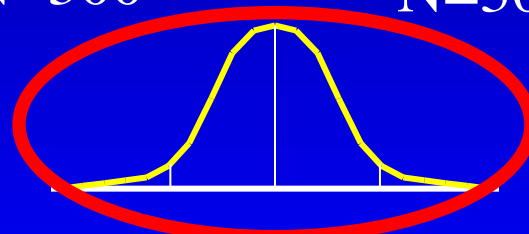


Phenotype:  
Age-, sex- and  
RR-adjusted  
QT interval

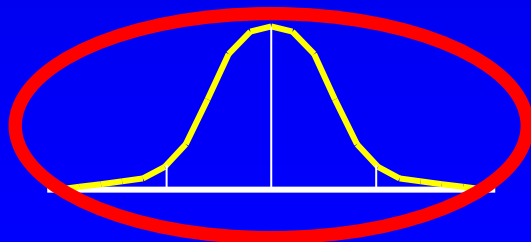
Stage II: Top 10 SNPs,  
Women Only KORA I



Stage III: Top 7 SNPs,  
Men & Women KORA I



Reference: Arking DE et al.  
Nature Genetics 2006; epub

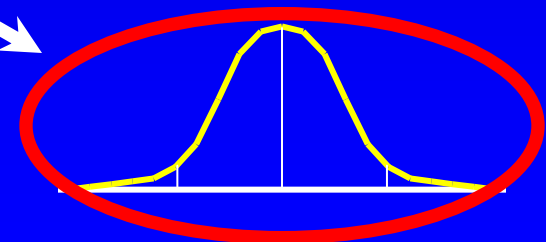


N=2646 KORA II

N=3966 KORA I

***NOS1AP* (*CAPON*)**

QTc\_5.3  
FGFR2  
QTc\_14.1  
KCNK1  
ITPR1  
CACNA2D1



N=1805 Fram. Heart Study

# Diabetes Mellitus GWAS 2007

Scienceexpress

Report

## Replication of Genome-Wide Association Signals in U.K. Samples Reveals Risk Loci for Type 2 Diabetes

Eleftheria Zeggini,<sup>1,2\*</sup> Michael N. Weedon,<sup>3,4\*</sup> Cecilia M. Lindgren,<sup>1,2\*</sup> Timothy M. Frayling,<sup>3,4\*</sup> Katherine S. Elliott,<sup>2</sup> Hana Lango,<sup>3,4</sup> Nicholas J. Timson,<sup>2,5</sup> John P. B. Perry,<sup>3,4</sup> Nigel W. Rayner,<sup>1,2</sup>

## A Genome-Wide Association Study of Type 2 Diabetes in Finns Detects Multiple Susceptibility Variants

Rachel I. Wood,<sup>1</sup> Christopher C. Meek,<sup>1</sup> Lon R. Cuppen,<sup>1</sup> The Wellcome Trust, Laura J. Scott,<sup>1</sup> Karen L. Mohlke,<sup>2</sup> Lori L. Bonnycastle,<sup>3</sup> Cristen J. Willer,<sup>1</sup> Yun Li,<sup>1</sup> William L. Duren,<sup>1</sup> Michael R. Erdos,<sup>3</sup> Heather M. Stringham,<sup>1</sup> Peter S. Chines,<sup>3</sup> Anne U. Jackson,<sup>1</sup> Ludmila Prokunina-Olsson,<sup>3</sup> Chia-Jen Ding,<sup>1</sup> Amy J. Swift,<sup>3</sup> Narisu Narisu,<sup>3</sup> Tianle Hu,<sup>1</sup> Randall Pruim,<sup>4</sup> Rui Xiao,<sup>1</sup> Xiao-Yi Li,<sup>1</sup> Karen N. Conneely,<sup>1</sup> Nancy L. Riebow,<sup>3</sup> Andrew G. Sprau,<sup>3</sup> Maurine Tong,<sup>3</sup> Peggy P. White,<sup>1</sup> Kurt N. Hetrick,<sup>5</sup> Michael W. Barnhart,<sup>5</sup> Craig W. Bark,<sup>5</sup> Janet L. Goldstein,<sup>5</sup> Lee Watkins,<sup>5</sup> Fang Xiang,<sup>1</sup> Jouko

## Genome-Wide Association Analysis Identifies Loci for Type 2 Diabetes and Triglyceride Levels

Sarama, R. Abe, Francis, Diabetes Genetics Initiative of Broad Institute of Harvard and MIT, Lund University, and Novartis Institutes for BioMedical Research\*†

# Top 10 Results Combined Analysis Of Stages 1 + 2, Three Studies (14602 cases + 17968 controls)

Gene	FUSION		DGI		WTCCC/UKT2D		All Samples	
	OR	p-value	OR	p-value	OR	p-value	OR	p-value
<i>TCF7L2</i>	1.34	1.3 x 10 <sup>-8</sup>	1.38	2.3 x 10 <sup>-31</sup>	1.37	6.7 x 10 <sup>-13</sup>	1.37	1.0 x 10 <sup>-48</sup>
<i>IGF2BP2</i>	1.18	2.1 x 10 <sup>-4</sup>	1.17	1.7 x 10 <sup>-9</sup>	1.11	1.6 x 10 <sup>-4</sup>	1.14	8.9 x 10 <sup>-16</sup>
<i>CDKN2A/B</i>	1.20	.0022	1.20	5.4 x 10 <sup>-8</sup>	1.19	4.9 x 10 <sup>-7</sup>	1.20	7.8 x 10 <sup>-15</sup>
<i>FTO</i>	1.11	0.016	1.03	0.25	1.23	7.3 x 10 <sup>-14</sup>	1.17	1.3 x 10 <sup>-12</sup>
<i>CDKAL1</i>	1.12	0.0095	1.08	0.0024	1.16	1.3 x 10 <sup>-8</sup>	1.12	4.1 x 10 <sup>-11</sup>
<i>KCNJ11</i>	1.11	0.013	1.15	1.0 x 10 <sup>-7</sup>	1.15	0.0013	1.14	6.7 x 10 <sup>-11</sup>
<i>HHEX</i>	1.10	0.026	1.14	1.7 x 10 <sup>-4</sup>	1.13	4.6 x 10 <sup>-6</sup>	1.13	5.7 x 10 <sup>-10</sup>
<i>SLC30A8</i>	1.18	7.0 x 10 <sup>-5</sup>	1.07	0.047	1.12	7.0 x 10 <sup>-5</sup>	1.12	5.3 x 10 <sup>-8</sup>
Chr 11	1.48	5.7 x 10 <sup>-8</sup>	1.16	0.12	1.13	0.068	1.23	4.3 x 10 <sup>-7</sup>
<i>PPARG</i>	1.20	0.0014	1.09	0.019	1.23	0.0013	1.14	1.7 x 10 <sup>-6</sup>

# Common Allele on Chr 9p21 Associated with Coronary Heart Disease 2007

Scienceexpress

Report

## A Common Variant on Chromosome 9p21 Affects the Risk of Myocardial Infarction

Anna Helgadottir,<sup>1\*</sup> Gudmar Thorleifsson,<sup>1\*</sup> Andrei Manolescu,<sup>1\*</sup> Solveig Gretarsdottir,<sup>1</sup> Thorarinn Blondal,<sup>1</sup> Aslaug Jonasdottir,<sup>1</sup> Adalbjorg Jonasdottir,<sup>1</sup> Asgeir Sigurdsson,<sup>1</sup> Adam Baker,<sup>1</sup> Amar Palsson,<sup>1</sup> Gisli Masson,<sup>1</sup> Daniel Gudbjartsson,<sup>1</sup> Kristinn P. Magnusson,<sup>1</sup> Karl Andersen,<sup>2</sup> Allan I. Levey,<sup>3</sup> Valgerdur M. Backman,<sup>1</sup> Sigurborg Matthiasdottir,<sup>1</sup> Thorbjorg Jonsdottir,<sup>1</sup> Stefan Palsson,<sup>1</sup> Helga Einarsdottir,<sup>1</sup> Steinunn Gunnarsdottir,<sup>1</sup> Arnaldur Gylfason,<sup>1</sup> Viola Vaccarino,<sup>3</sup> W. Craig Hooper,<sup>3</sup> Muredach P. Reilly,<sup>4</sup> Christopher B. Granger,<sup>5</sup> Harold A. Corson,<sup>3</sup> Daniel L. B. Jaffe,<sup>4</sup> Scott H. Stein,<sup>3</sup> A. Daniel O'Connell,<sup>3</sup> Jeffrey R. Gulcher,<sup>1</sup> Gudmundur Thorleifsson,<sup>1</sup> Ruth McPherson,<sup>1\*</sup>† Alexander Pertsemliadis,<sup>2\*</sup> Nihan Kavaslar,<sup>1</sup> Alexandre Stewart,<sup>1</sup> Robert Roberts,<sup>1</sup> Hinds,<sup>3</sup> Len A. Pennacchio,<sup>6</sup> Anne Tybjaerg-Hansen,<sup>5</sup> Aaron R. Folsom,<sup>6</sup> Eric Boerwinkle,<sup>7</sup> Helen H. H. Cohen,<sup>2,8</sup>†

<sup>1</sup>deCODE genetics Inc, Reykjavik, Iceland; <sup>2</sup>Department of Medicine, Atlanta, GA 30322, USA; <sup>3</sup>University School of Medicine, Dallas, TX 75390, USA; <sup>4</sup>University of Cambridge, Cambridge, UK; <sup>5</sup>University of Copenhagen, Copenhagen, Denmark; <sup>6</sup>University of Minnesota, Minneapolis, MN 55454, USA; <sup>7</sup>University of Houston, Houston, TX 77030, USA; <sup>8</sup>University of Texas Southwestern Medical Center, Dallas, TX 75390, USA.

\*These authors contributed equally to this work. †To whom correspondence should be addressed. E-mail: jonathan.cohen@utsouthwestern.edu or rmcpherson@deCODE.com

The global endemic of cardiovascular disease has improved risk assessment and to describe an association between (MI) and a common sequence variant on chromosome 9p21. This study included a total of 19,266 subjects, including 1,926 cases of MI and 17,340 controls. The identified variant, rs1344664, is a common allele (frequency ~30%) that acts as a suppressor gene for *CDKN2A* and is associated with high significance. Approximately 21% of individuals are homozygous for this variant and have a 1.64-fold greater risk of suffering from an early onset case. The population frequency is 21% for MI in general and 33% for MI in early onset cases.

## A Common Allele on Chromosome 9 Associated with Coronary Heart Disease

Ruth McPherson,<sup>1\*</sup>† Alexander Pertsemliadis,<sup>2\*</sup> Nihan Kavaslar,<sup>1</sup> Alexandre Stewart,<sup>1</sup> Robert Roberts,<sup>1</sup> Hinds,<sup>3</sup> Len A. Pennacchio,<sup>6</sup> Anne Tybjaerg-Hansen,<sup>5</sup> Aaron R. Folsom,<sup>6</sup> Eric Boerwinkle,<sup>7</sup> Helen H. H. Cohen,<sup>2,8</sup>†

<sup>1</sup>Division of Cardiology, University of Ottawa Heart Institute, Ottawa K1Y4W7, Canada. <sup>2</sup>Donald W. Reynolds Clinical Research Center and the Eugene McDermott Center for Human Growth and Development, University of Texas Southwestern Medical Center, Dallas, TX 75390, USA. <sup>3</sup>Perlegen Sciences, Mountain View, CA 94043, USA. <sup>4</sup>Division, Lawrence Berkeley National Laboratory, Berkeley, CA 94720, USA & U.S. Department of Energy, Walnut Creek, CA 94598, USA. <sup>5</sup>Department of Clinical Biochemistry, Rigshospitalet, Copenhagen Hospital, Copenhagen DK-2100, Denmark. <sup>6</sup>Division of Epidemiology and Community Health, University of Minnesota, Minneapolis, MN 55454, USA. <sup>7</sup>Human Genetics Center and Institute for Molecular Medicine, University of Houston, Houston, TX 77030, USA. <sup>8</sup>Center for Human Nutrition and the <sup>9</sup>Howard Hughes Medical Institute, University of Texas Southwestern Medical Center, Dallas, TX 75390, USA.

\*These authors contributed equally to this work.

†To whom correspondence should be addressed. E-mail: jonathan.cohen@utsouthwestern.edu or rmcpherson@deCODE.com

Coronary heart disease (CHD) is a major cause of death in Western countries. Here we used genome-wide association scanning to identify a 58 kilobase interval on chromosome 9p21 that was consistently associated with CHD in six independent samples ( $n > 23,000$  participants) from four Caucasian populations. This interval, which is located near the *CDKN2A* and *CDKN2B* genes, contains no annotated genes and is not associated with established CHD risk factors such as plasma lipoproteins, hypertension or diabetes. Homozygotes for the risk allele comprise 20-25% of Caucasians and have a ~30-40% increased risk of CHD.

Weinberg equilibrium ( $P < 0.001$ ) or deviation from Hardy-Weinberg equilibrium ( $P < 0.001$ ) and control criteria (3) and 17,500 were selected for analysis. Allele frequency ( $< 1\%$ ) in the sample. SNPs were entered into the analysis and those associated with CHD at a nominal significance level of 0.025 (table S2). These 2,586 SNPs were tested in an independent sample of 311 cases and 3,111 controls from the Ottawa (OHS-2) using the same criteria. Of these, 50 were associated with CHD at a nominal significance threshold of 0.025, with a nominal significance effect (Table S2).

The NEW ENGLAND JOURNAL of MEDICINE

## Genomewide Association Analysis of Coronary Artery Disease

Nilesh J. Samani, F.Med.Sci., Jeanette Erdmann, Ph.D., Alistair S. Hall, F.R.C.P., Christian Hengstenberg, M.D., Massimo Mangino, Ph.D., Bjorn Mayer, M.D., Richard J. Dixon, Ph.D., Thomas Meitinger, M.D., Peter Braund, M.Sc., H-Erich Wichmann, M.D., Jennifer H. Barrett, Ph.D., Inke R. König, Ph.D., Suzanne E. Stevens, M.Sc., Sille Szymczak, M.Sc., David-Alexandre Tregouet, Ph.D., Mark M. Iles, Ph.D., Friedrich Pahlke, M.Sc., Helen Pollard, M.Sc., Wolfgang Lieb, M.D., Francois Cambien, M.D., Marcus Fischer, M.D., Willem Ouwehand, F.R.C.Path., Stefan Blankenberg, M.D., Anthony J. Blomforth, Ph.D., Andrea Baessler, M.D., Stephen G. Ball, F.R.C.P., Tim M. Strom, M.D., Ingrid Brænne, M.Sc., Christian Gieger, Ph.D., Panos Delakas, Ph.D., Martin D. Tobin, M.F.P.H.M., Andreas Ziegler, Ph.D., John R. Thompson, Ph.D., and Heribert Schunkert, M.D., for the WTCCC and the Cardiogenics Consortium\*

### ABSTRACT

#### BACKGROUND

Modern genotyping platforms permit a systematic search for inherited components of complex diseases. We performed a joint analysis of two genomewide association studies of coronary artery disease.

#### METHODS

We first identified chromosomal loci that were strongly associated with coronary artery disease in the Wellcome Trust Case Control Consortium (WTCCC) study (which involved 19,266 case subjects with coronary artery disease and 290,861 controls) and looked for replication in the German MI (Myocardial Infarction) Family Study (which involved 875 case subjects with myocardial infarction and 1644 controls). Data on other single-nucleotide polymorphisms (SNPs) that were significantly associated with coronary artery disease in either study ( $P < 0.001$ ) were then combined to identify additional loci with a high probability of true association. Genotyping in both studies was performed with the use of the GeneChip Human Mapping 500K Array Set (Affymetrix).

#### RESULTS

Of thousands of chromosomal loci studied, the same locus had the strongest association with coronary artery disease in both the WTCCC and the German studies: chromosome 9p21.3 (SNP rs1344664) ( $P = 1.80 \times 10^{-14}$  and  $P = 3.40 \times 10^{-6}$ , respectively). Overall, the WTCCC study revealed nine loci that were strongly associated with coronary artery disease ( $P < 1.2 \times 10^{-5}$  and less than a 50% chance of being falsely positive). In addition to chromosome 9p21.3, two of these loci were successfully replicated (adjusted  $P < 0.05$ ) in the German study: chromosome 6q25.1 (rs6622269) and chromosome 2q36.3 (rs2943674). The combined analysis of the two studies identified four additional loci significantly associated with coronary artery disease ( $P < 1.3 \times 10^{-9}$ ) and a high probability ( $> 80\%$ ) of a true association: chromosomes 1p13.3 (rs599839), 1q41 (rs17465677), 10q11.21 (rs011120), and 15q22.33 (rs17228212).

#### CONCLUSIONS

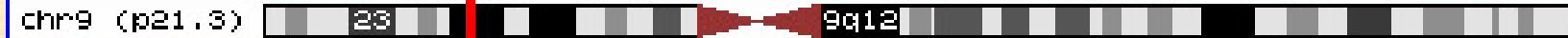
We identified several genetic loci that, individually and in aggregate, substantially affect the risk of development of coronary artery disease.

From the University of Leicester, Leicester (N.J.S., M.M., R.J.D., P.B., S.E.S., H.P., M.D.T., J.R.T.); University of Leeds, Leeds (A.S.H., J.H.B., M.M.I., A.J.B., S.G.B.); University of Cambridge and National Health Service Blood and Transplant, Cambridge (M.O.); and the Wellcome Trust Sanger Institute, Hinxton (P.D.) — all in the United Kingdom; Universität zu Lübeck, Lübeck (J.F., B.M., J.R.K., S.S., F.P., W.L., I.B., A.Z., H.S.); Universität Regensburg, Regensburg (C.H., M.F., A.B.); GSF-Nationales Forschungszentrum für Umwelt und Gesundheit, Neuherberg (T.M., H.-E.W., T.M.S., C.G.); Technische Universität München, Munich (T.M.); Ludwig Maximilians University, Munich (H.-E.W., C.G.); and Johannes Gutenberg University Mainz, Mainz (S.B.) — all in Germany; and INSERM UMR5525, Université Pierre et Marie Curie, Paris (D.-A.T., F.C.). Address reprint requests to Dr. Samani at the Department of Cardiovascular Sciences, University of Leicester, Glenfield Hospital, Leicester LE3 9QJ, United Kingdom, or at nj@le.ac.uk or to Dr. Schunkert at Medizinische Klinik II, Universität zu Lübeck, 23538 Lübeck, Germany, or at herbert.schunkert@medizin2.uni-luebeck.de.

\*Members of the Wellcome Trust Case Control Consortium (WTCCC) and the Cardiogenics Consortium are listed in the Supplementary Appendix, available with the full text of this article at [www.nejm.org](http://www.nejm.org). This article [DOI: 10.1056/NEJMoa072366] was published at [www.nejm.org](http://www.nejm.org) on July 14, 2007.

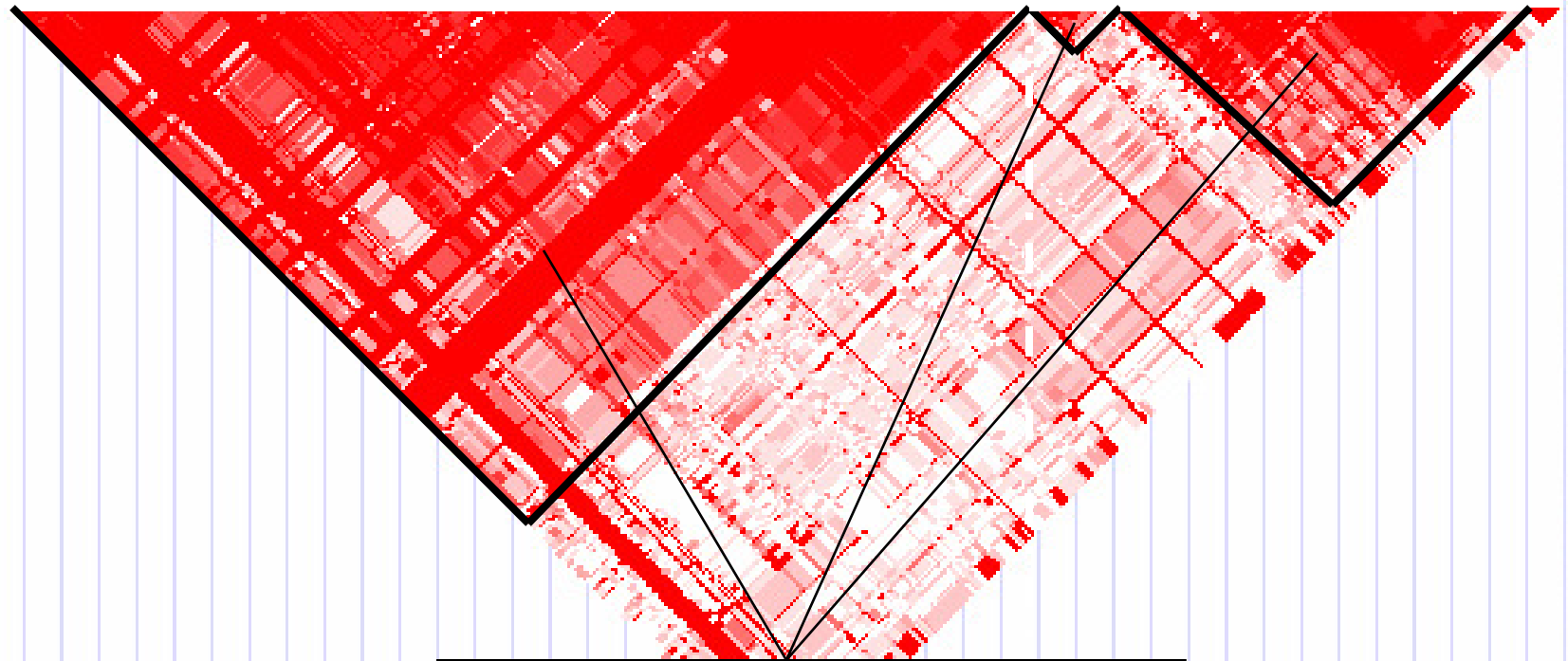
N Engl J Med 2007;357.  
Copyright © 2007 Massachusetts Medical Society

# Chromosome 9p21 Locus for MI & AODM



| ←MI Locus→ | | ←AODM→ |

LD CEU D'



“Blocks” of Correlated SNPs



# **GWAS Example: Framingham Heart Study SNP Health Association Resource (SHARe)**

---

- All consenting subjects from 3 generations—up to N~10,000 Caucasians
- 550,000 SNPs (Affymetrix) in each subject
- Include >>1,000 available risk factor, subclinical and clinical cardiovascular disease ‘phenotypes’
  - Original Cohort, Offspring, Third Generation
  - All available examinations going back >50 years
- Comprehensive, web-based database by NCBI, to be shared widely with investigators
- Informatics: 5.5 billion genotypes, >5.5 trillion association tests

# SHARe WGA Study in Framingham and Other NHLBI Population-Based Cohorts

## Hyperlipidemia

- HDL
- LDL
- Triglycerides
- Subfractions

## Ancillary Traits

- Bone density
- Cancer
- Dementia

## CVD Outcomes

- CHD, stroke
- Heart failure
- Atrial fibrillation

## LV Hypertrophy And Dilation

- LVH and LV size
- Valve disease
- LA size

## Hypertension

- Systolic BP
- Diastolic BP
- Pulse pressure

*Framingham GWA Study*  
*N~10,000 Subjects*

*MESA GWA Study*  
*N~8,000 Subjects*

## Thrombosis, Inflammation

- CRP, IL-6
- Fibrinogen
- tPA and PAI-1

## Diabetes, Metabolic Syndrome

- Fasting BS
- Insulin
- Glucose Tolerance

## Obesity

- BMI
- Waist-hip
- Visceral fat
- Adiponectin

## Pulmonary

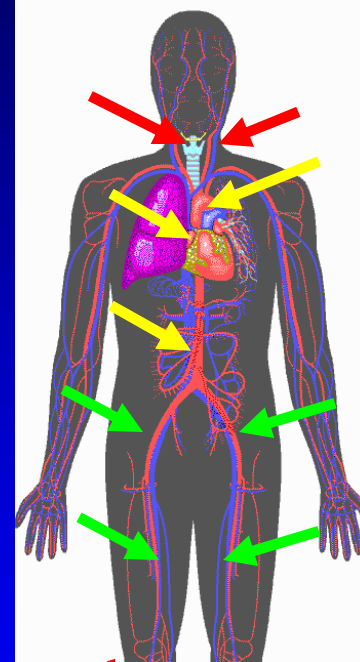
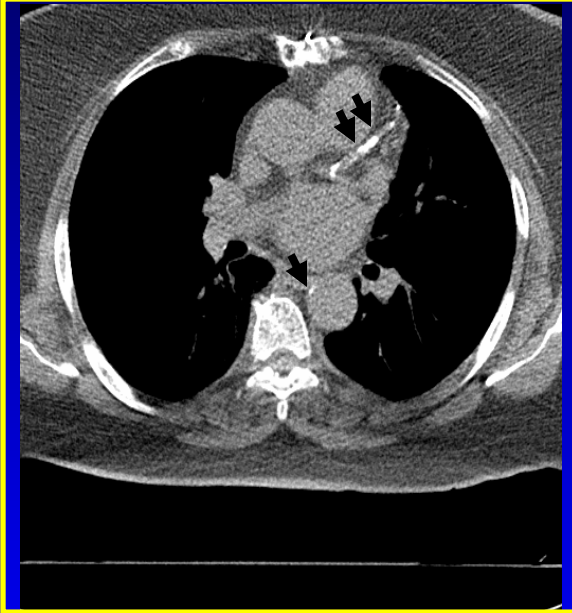
- FEV1
- FVC
- Apnea

## Subclinical Atherosclerosis

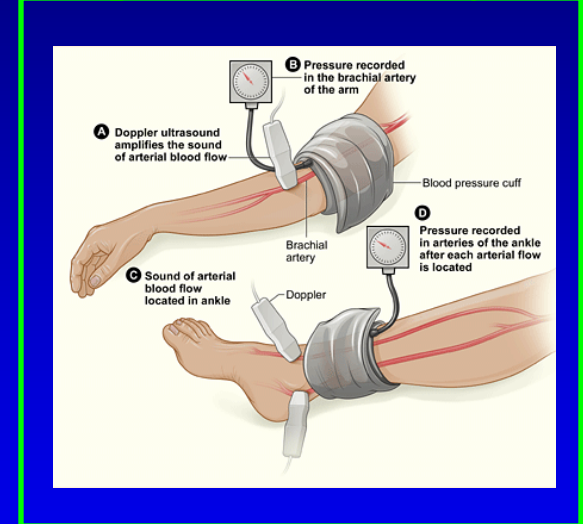
- Carotid IMT
- Vascular calcium
- MRI Plaque

# CT and US Imaging for Coronary, Aortic, Carotid and Peripheral Atherosclerosis

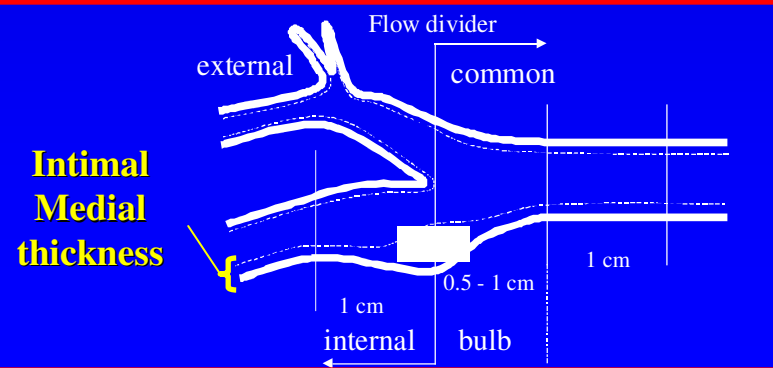
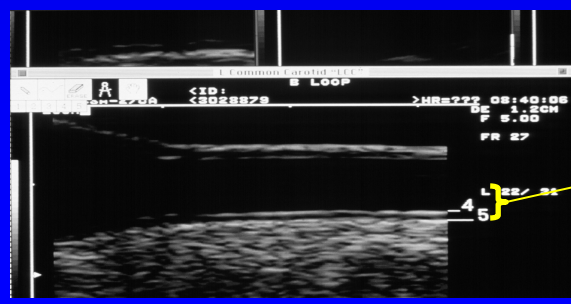
## Coronary, Aorta by MDCT



## Peripheral Arteries by ABI



## Carotid Arteries by Ultrasound



# NIH GWAS Policy August 2007

## DEPARTMENT OF HEALTH AND HUMAN SERVICES

### National Institutes of Health

#### Policy for Sharing of Data Obtained in NIH Supported or Conducted Genome-Wide Association Studies (GWAS)

**AGENCY:** National Institutes of Health, HHS.

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The screenshot shows the NIH Office of Extramural Research website. The header includes the U.S. Department of Health & Human Services logo and the URL www.hhs.gov. Below the header is the Office of Extramural Research logo and a search bar. The main navigation menu includes Home, About Grants, Funding, Forms & Deadlines, Grants Policy, News & Events, About OER, and NIH Home. The page content is titled "Genome-Wide Association Studies (GWAS)" and includes a sidebar with links to various funding opportunities and initiatives. The main text describes the NIH's interest in advancing GWAS and provides contact information for questions.

U.S. Department of Health & Human Services [www.hhs.gov](http://www.hhs.gov)

Office of Extramural Research  
National Institutes of Health

Contact Us | Print Version  
Search:  Go  
Advanced Search | Site Map

Home About Grants **Funding** Forms & Deadlines Grants Policy News & Events About OER NIH Home

Funding Opportunities **Genome-Wide Association Studies (GWAS)**

Funding Opportunities (RFAs, PAs) & Notices

Unsolicited Applications (Parent Announcements)

Research Training & Career Development

Small Business (SBIR/STTR)

Contract Opportunities

NIH-Wide Initiatives

New Investigators Program

Multiple Principal Investigators

Genome-Wide Association Studies (GWAS)

NIH Roadmap for Medical Research

NIH Blueprint for Neuroscience Research

The NIH is interested in advancing genome-wide association studies (GWAS) to identify common genetic factors that influence health and disease. For the purposes of this policy, a genome-wide association study is defined as any study of genetic variation across the entire human genome that is designed to identify genetic associations with observable traits (such as blood pressure or weight), or the presence or absence of a disease or condition. Whole genome information, when combined with clinical and other phenotype data, offers the potential for increased understanding of basic biological processes affecting human health, improvement in the prediction of disease and patient care, and ultimately the realization of the promise of personalized medicine. In addition, rapid advances in understanding the patterns of human genetic variation and maturing high-throughput, cost-effective methods for genotyping are providing powerful research tools for identifying genetic variants that contribute to health and disease. The purpose of this Website is to support the implementation of the GWAS Policy.

The NIH will continue to release additional guidance information on this site. Please e-mail [GWAS@mail.nih.gov](mailto:GWAS@mail.nih.gov) with any questions.

**Policy Guidance**

- [Governance Structure](#) (PowerPoint - 37 KB) **NEW**

**NIH GWAS Policy**

**Federal Register:** Vol. 72, No. 166  
Tuesday, August 28, 2007

**NIH OER Website:**  
<http://grants.nih.gov/grants/gwas/index.htm>

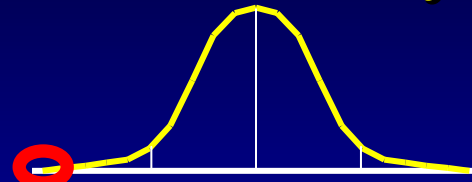
# **NHLBI Genome Wide Association Studies (GWAS): Driving Principle**

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The greatest public benefit will be realized if data from GWAS are made available, under terms and conditions consistent with the informed consent provided by individual participants, in a timely manner to the largest possible number of investigators.

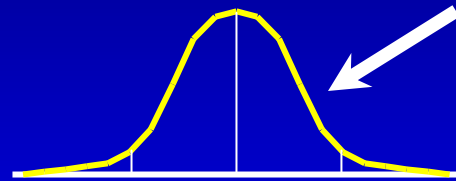
# Sequence Variations in PCSK9, Low LDL, and Protection against Coronary Heart Disease

Sequence PCSK9 exons  
in patients with low LDL  
in Dallas Heart Study

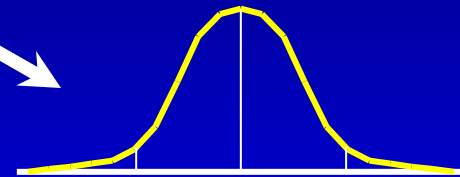


N=128, Nonsense

Mutations Y142X & C679X



N=3363 AA NHLBI ARIC  
Mutations



N= 9524 White NHLBI ARIC  
Mutations

	Yes (2.6%)	No
LDL (mg/dL):**	138	~100
CIMT (mm):	0.73	~0.70
CHD (%):*	10%	~1%

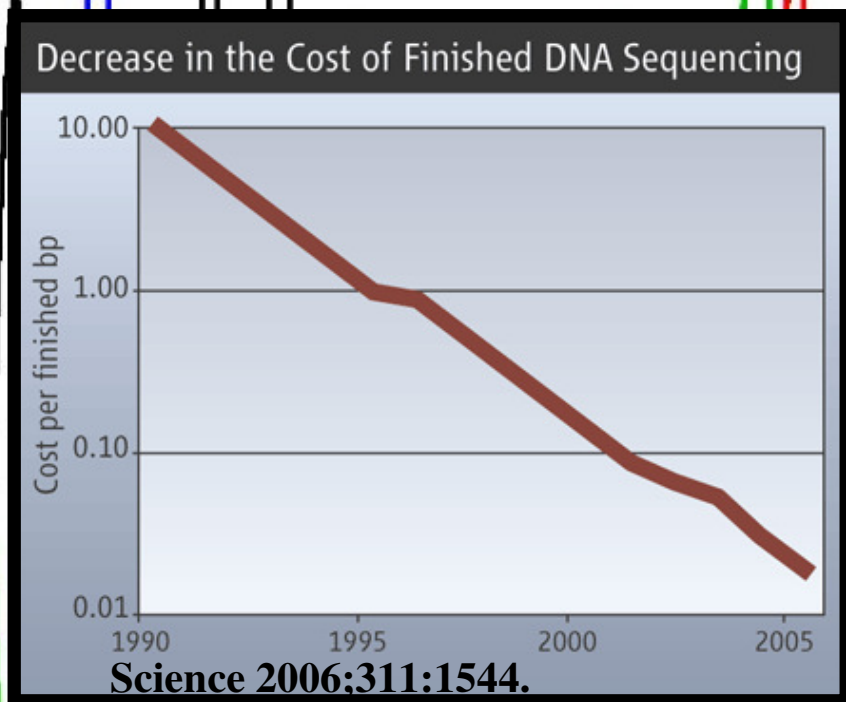
	Yes (2.6%)	No
LDL (mg/dL):**	137	116
CIMT (mm):*	0.73	0.71
CHD (%):*	12	6

\*p<0.001; \*\*p<0.01

Reference: Cohen JC et al. NEJM 2006;354:1264.

A G C A G G C C T C T T A T A C R T T T T G G C A A T G A C

# Decline in DNA Sequencing Costs Towards the “\$1000 Genome”



**Searching for Cheaper Genome Sequencers**

Company	Format	Read Length (bases)	Expected Throughput Mb (million bases)/day
454 Life Sciences	Parallel bead array	100	96
Agencourt Bioscience	Sequencing by ligation	50	200
Applied Biosystems	Capillary electrophoresis	1000	3-4
LI-COR Biosciences	Electronic microchip	20,000	14,000
Microchip Biotechnologies	Parallel bead array	850-1000	7
Network Biosystems	Biochip	800+	5
NimbleGen Systems	Map and survey microarray	30	100
Solexa	Parallel microchip	35	500
VisiGen Biotechnologies	Single-molecule array	NA	1000

# NHLBI-Supported Portfolio of Large-scale Genetic Association Studies

- SNP Health Association Resource (SHARe)
  - Framingham Heart Study
  - Other SHARe Cohorts (Pending)
- Genome-Wide Association: SNP Genotyping and Analysis (STAMPEED)
- Enhancing Development of Genome-Wide Association Methods (ENDGAME)
- Candidate Gene Association Resource (CARe)
- Women's Health Genome Study (WHGS)
- Women's Health Initiative (WHI) GWA Study



# Finding Genomic Resources on the NHLBI Web Page

The screenshot shows the NHLBI website interface. At the top, there is a navigation bar with the NHLBI logo, the text "Department of Health and Human Services • National Institutes of Health", and "National Heart Lung and Blood Institute People Science Health". A search bar is present with a "Search" button. Below the navigation bar, there are several menu items: "Funding, Training, & Policies", "Clinical Trials", "Networks and Outreach", "About NHLBI", and "Researchers". The main content area is titled "Strategic Plan" and features a "Message from the Director" section. A list of genomic resources is highlighted with a red box and a black arrow pointing to it. The list includes:

- ◆ [Ancillary Pharmacogenetic](#)
- ◆ [Candidate Gene Association](#)
- ◆ [Enhancing Development of](#)
- ◆ [Family Blood Pressure Pro](#)
- ◆ [Genes, Environment, and H](#)
- ◆ [NHLBI Programs in Gene](#)
- ◆ [NIH Knockout Mouse Proj](#)
- ◆ [PharmacoGenetics Resea](#)
- ◆ [Programs for Genomic App](#)
- ◆ [Resequencing Genotyping](#)
- ◆ [Short Courses in Genetics](#)
- ◆ [SNP Health Association R](#)
- ◆ [SNP Typing for Associat](#)

Below the list, there is a section titled "...Other Topics of Proteomics, Systems Databases, Traini".

The "Strategic Plan" page also includes a "Strategic Plan Materials" section with links to various documents, a "Strategic Plan Process" section with links to planning documents, and a "Message from the Director" section with a photo of Elizabeth G. Nabel, M.D. and a text message.

# Translation From Genomics to Personalized Cardiovascular Genomic Medicine

**Targeted and Genome-Wide Resequencing**

**Genotype Phenotype Association**

**Independent Replication**

**Fine Mapping, Resequencing**

**Functional Studies**

**Genomic Clinical Trials**

**Applications for Genomic Medicine**

**Predict**

**Prevent**

**Personalize**

Where  
We are  
Now

*Your*  
Next  
10-20  
Years

# “Traditional Bench Laboratory” Research versus Genomics and Proteomics

	Traditional Lab	“Omics”
PI/Mentor	Single PI	May be multiple key PIs Collaboration Required
Approach	Highly developed, specific to lab/PI	Rapidly evolving technology/platform(s)
Methods	Single method(s)	Multidisciplinary
Research Questions	Hypothesis based approach	Unbiased approaches for discovery
Analysis	Simple statistics	Bioinformatics or advanced statistics

# A Few Genomics Mentoring Examples

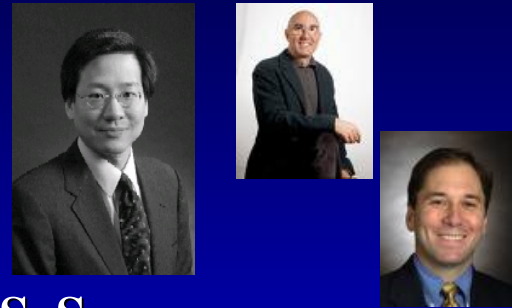


**S. K.**  
**CAD/Lipid Genomics**

↓  
**Fram Heart Study,  
MGH&Broad Institute**

↓  
**K23, Glaxo SK Grants  
Plus NIH LRP**

↓  
**MGH Preventive Cards  
MGH CVRC/Genetics  
+Broad Institute & FHS**



**S. S.**  
**Chemical Genomics**

↓  
**Harvard Dept. of  
Chem&Chem Biology**

↓  
**K08, Other Grants**

↓  
**MGH General Cards  
MGH CVRC  
+Broad Inst**



**C. N-C.**  
**Arrhythmia Genomics**

↓  
**Broad Institute and  
Fram Heart Study**

↓  
**K23, Other Grants  
Plus NIH LRP**

↓  
**MGH Heart Failure  
MGH CVRC/Genetics  
+Broad Institute & FHS**

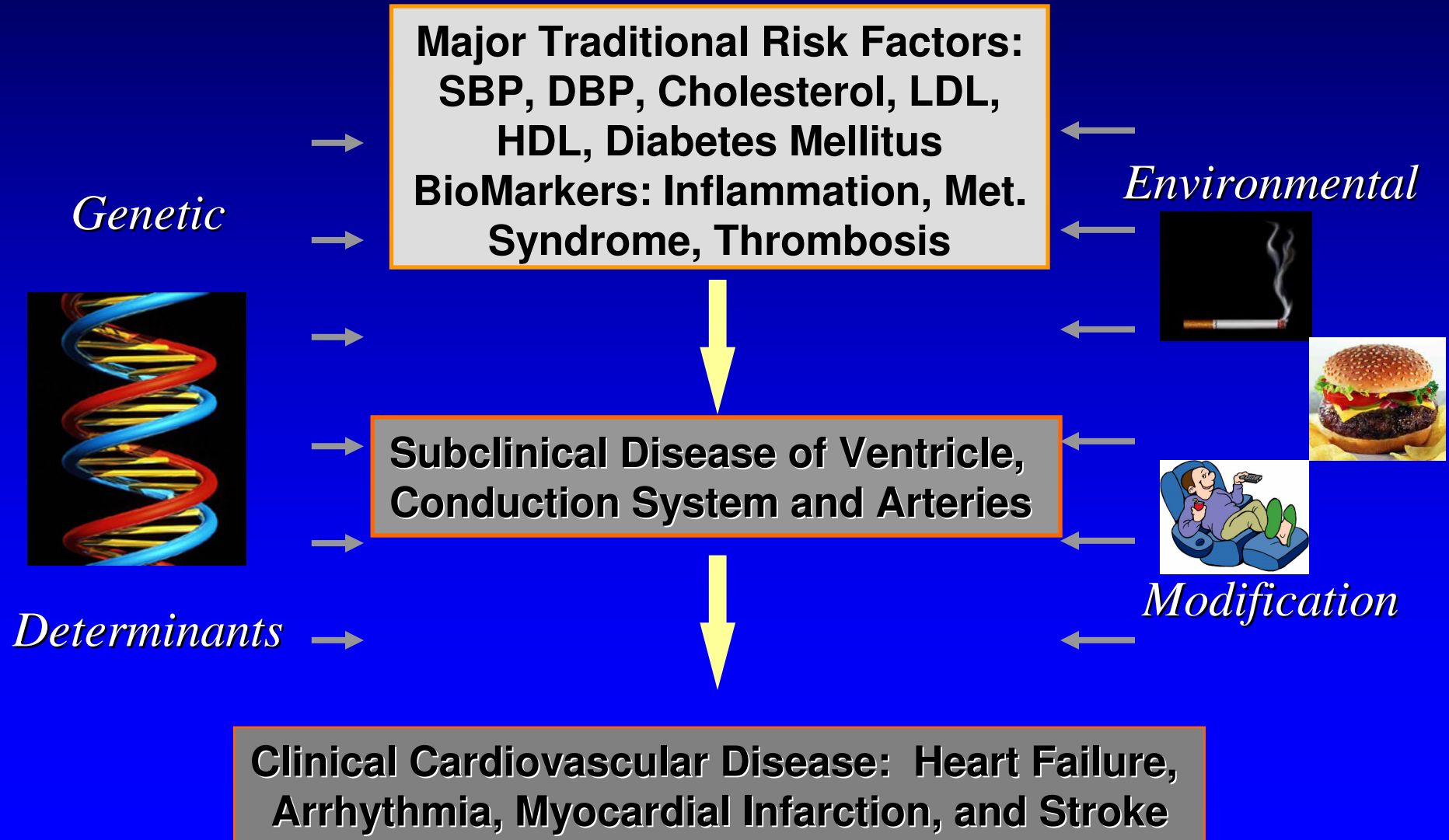
# Genomics and Proteomics Training: Some Considerations

- Major versus Minor
- Basic Science vs Clinical Research
  - If basic science focus: animal models versus cell/tissue
  - Mendelian versus common complex disease
  - Family studies versus populations (GWAS requires LARGE populations)
- Focus on an Area of Specialization
  - Specific area: genomics, proteomics/metabolomics
  - Bioinformatics/statistical genetics
  - Genetic epidemiology
- Focus on Area of Translational Medicine:
  - Discovery of Disease Mechanisms
  - Clinical Trials
  - Prediction/Prognosis
  - Pharmacogenetics
  - Clinical Genetics
  - Outcomes/Clinical Effectiveness/Cost-Effectiveness Research

# Genomics and Proteomics Training: Additional Random Considerations

- Supplemental Coursework:
  - Genetic, genomics, statistical genetics
  - Epidemiology, statistics and clinical research
  - Bio-informatics
  - NHLBI programs, Gordon Conferences, CSH Symposium
- Joint position/Co-mentor
  - Local genome institute
  - Local basic science institute
  - School of Public Health
- Consider fellowship and career opportunities at NIH
- Essential that your specific project lead to specific, high quality first author manuscript(s)

# Progression from Risk Factors to Clinical Cardiovascular Disease



# Premature CVD in Parents\* or Siblings\*\* Leads to Increased Relative Risk of CVD

Model Adjustment	Positive Parental History of Premature CVD		
	None	Both	≥1 Parent
<b>Men</b>			
Age-adjusted	1.0	<b>3.1</b>	<b>2.6</b>
Multivariable-adjusted*	1.0	<b>2.4</b>	<b>2.0</b>
<b>Women</b>			
Age-adjusted	1.0	<b>4.1</b>	<b>2.3</b>
Multivariable-adjusted*	1.0	<b>2.8</b>	<b>1.7</b>

\*Lloyd-Jones et al. JAMA 2004;291:2204. Adj. for age, total/HDL, SBP, anti-HTN Rx, AODM, BMI, current smoking.

➔ In further multivariable-adjusted\*\* model adjusting for BOTH *Sibling CVD* and *Parental CVD*:  
 Rel. Risk = 2.0 for Sibling CVD versus  
 Rel. Risk = 1.5 for Parental CVD

\*\*Murabito et al. JAMA 2006;294:3117-3123. Adj. for age, total/HDL, SBP, anti-HTN Rx, AODM, BMI, current smoking.



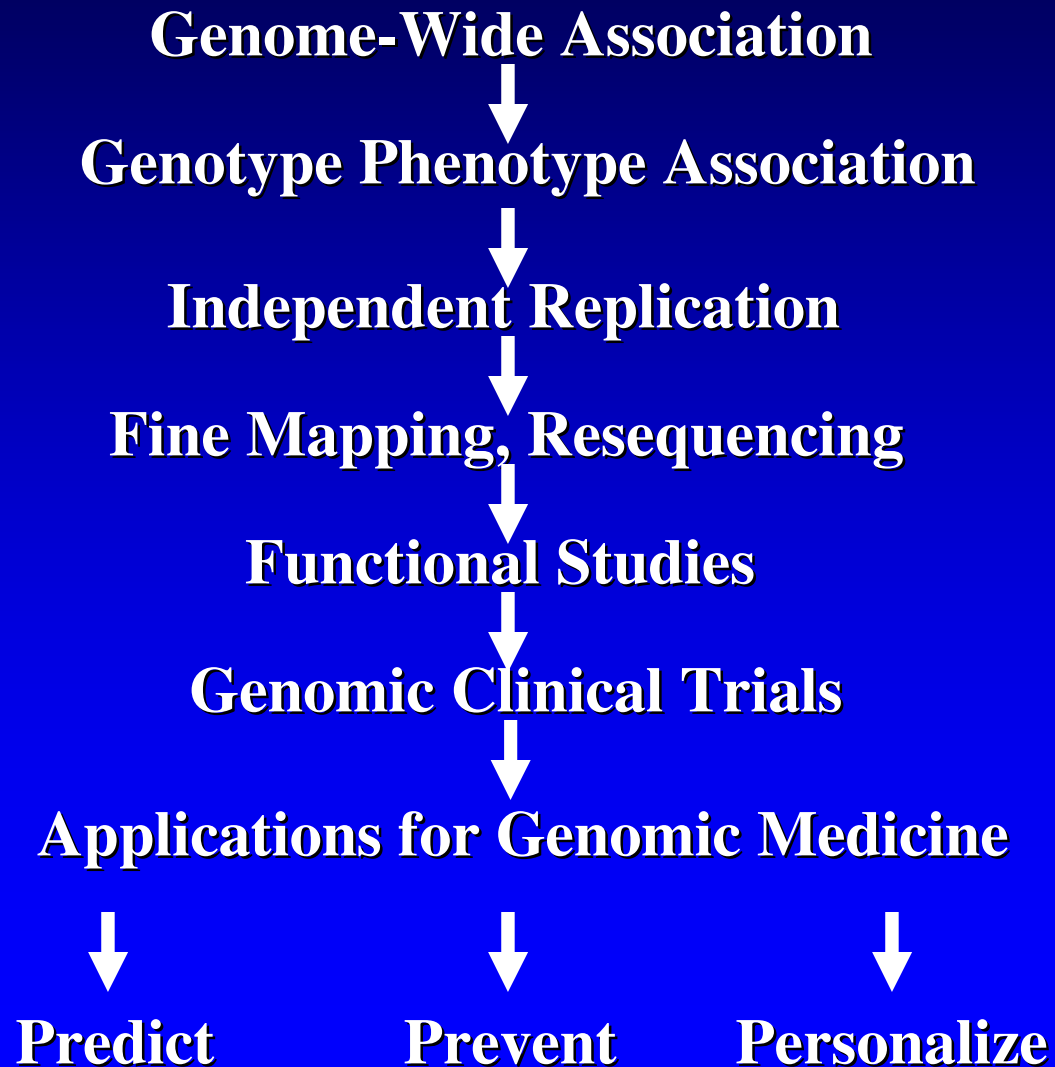
# Heritability of CVD Risk Factors & Subclinical Disease: Framingham Study

Variable	Heritability
<u>Risk Factors*</u>	
Fasting Glucose	32%
Systolic Blood Pressure	42%
Maximum BMI	40%
<u>Biomarkers</u>	
CRP	26%
PAI-1 Antigen	26%
Platelet Aggregation (Epi)	48%
<u>Subclinical LV &amp; Conduction Disease**</u>	
LV Hypertrophy	26%
QT Duration	35%
<u>Subclinical Vascular Disease</u>	
Wall Thickness, Carotid Artery†	38%
Calcium, Aorta or Coronaries‡	38%

\*L. A. Cupples, ASHG 1996. \*E. Benjamin, AHA 2000. †C Fox, Stroke 2002,

‡P Peyser, Circulation 2002, ††C O'Donnell, Circulation 2002, Newton-Cheh, Heart Rhythm 2005.

# Translation From GWA Studies to Personalized Genomic Medicine



# GWAS (Case-Control) Studies to Date

## Cancer

- Prostate Cancer
- ALL
- Breast Cancer
- Colon Cancer

## Lung

- Asthma

## Eye

- Macular Degeneration
- Glaucoma (XFG)

## Cardiovascular and Risk Factors

- Obesity
- Hypertension
- Diabetes, Type 1
- Diabetes, Type 2
- ECG QT interval
- MI, CAD
- Atrial Fibrillation

## Rheumatic Diseases

- SLE (Lupus)
- Celiac Disease
- Rheumatoid Arthritis
- Crohn's Disease

## Infectious Disease

- HIV Host Control

## Bone

- Osteoarthritis

## Neurology and Psychiatry

- Bipolar Disorder
- Restless Leg Syndrome
- Multiple Sclerosis
- ALS

# NIH GWAS Policy August 2007

## DEPARTMENT OF HEALTH AND HUMAN SERVICES

### National Institutes of Health

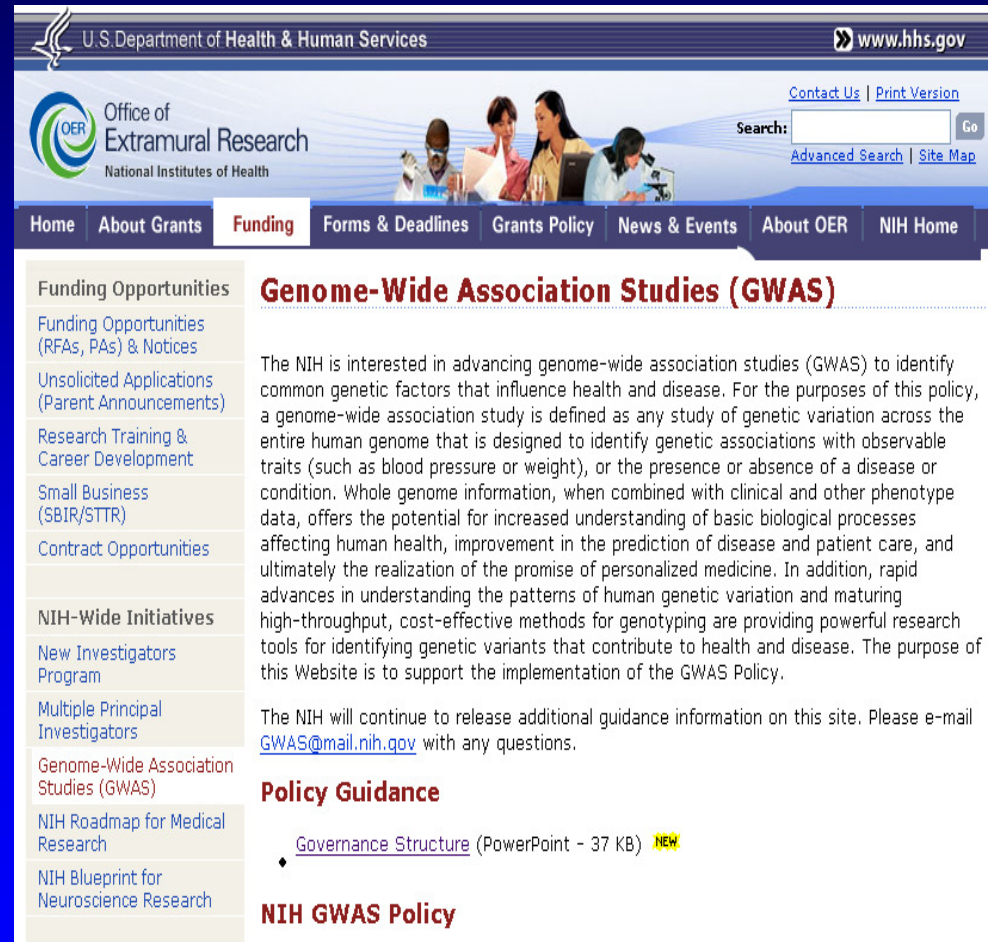
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**Policy Guidance**

- [Governance Structure](#) (PowerPoint - 37 KB) **NEW**

**NIH GWAS Policy**

**Federal Register:** Vol. 72, No. 166  
Tuesday, August 28, 2007

**NIH OER Website:**  
<http://grants.nih.gov/grants/gwas/index.htm>



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Browse dbGaP



Study	Sub-Studies	Variables	Documents	Participants	Type of Study
<a href="#">Collaborative Association Study of Psoriasis</a>	-	-	-	2000	Case-control
<a href="#">Genotyping the 270 HapMap samples for GAIN by Broad</a>	-	-	-	270	Parent-offspring trios
<a href="#">Genotyping the 270 HapMap samples for GAIN by Perlegen</a>	-	-	-	270	Parent-offspring trios
<a href="#">International Multi-Center ADHD Genetics Project</a>	-	<a href="#">438</a>	<a href="#">12</a>	2835	Parent-offspring trios
<a href="#">LEAPS</a>	-	-	-	886	Case-control
<a href="#">Linking Genome-Wide Association Study of Schizophrenia</a>	-	-	-	2400	Case-control
<a href="#">Major Depression: Stage 1 Genomewide Association in Population-Based Samples</a>	-	-	-	3786	Case-control
<a href="#">NEI Age-Related Eye Disease Study (AREDS)</a>	-	<a href="#">174</a>	<a href="#">37</a>	600	Case-control
<a href="#">NINDS Control Study</a>	-	<a href="#">65</a>	<a href="#">2</a>	1813	Control set
<a href="#">NINDS Parkinsonism Study</a>	-	<a href="#">40</a>	<a href="#">4</a>	1498	Case-control
<a href="#">Search for Susceptibility Genes for Diabetic Nephropathy in Type 1 Diabetes</a>	-	-	-	3046	Case-control
<a href="#">Whole Genome Association Study of Bipolar Disorder</a>	-	-	-	-	Case-control

NCBI

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- [GWAS Publications](#)
- [Contact dbGaP](#)

Other Services

- [MeSH Browser](#)
- [Clinical Queries](#)

# SHARe WGA Study in Framingham and Other NHLBI Population-Based Cohorts

## Hyperlipidemia

- HDL
- LDL
- Triglycerides
- Subfractions

## Ancillary Traits

- Bone density
- Cancer
- Dementia

## CVD Outcomes

- CHD, stroke
- Heart failure
- Atrial fibrillation

## LV Hypertrophy And Dilation

- LVH and LV size
- Valve disease
- LA size

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- Systolic BP
- Diastolic BP
- Pulse pressure

***Framingham GWA Study***  
***N~10,000 Subjects***

***MESA GWA Study***  
***N~8,000 Subjects***

## Thrombosis, Inflammation

- CRP, IL-6
- Fibrinogen
- tPA and PAI-1

## Diabetes, Metabolic Syndrome

- Fasting BS
- Insulin
- Glucose Tolerance

## Obesity

- BMI
- Waist-hip
- Visceral fat
- Adiponectin

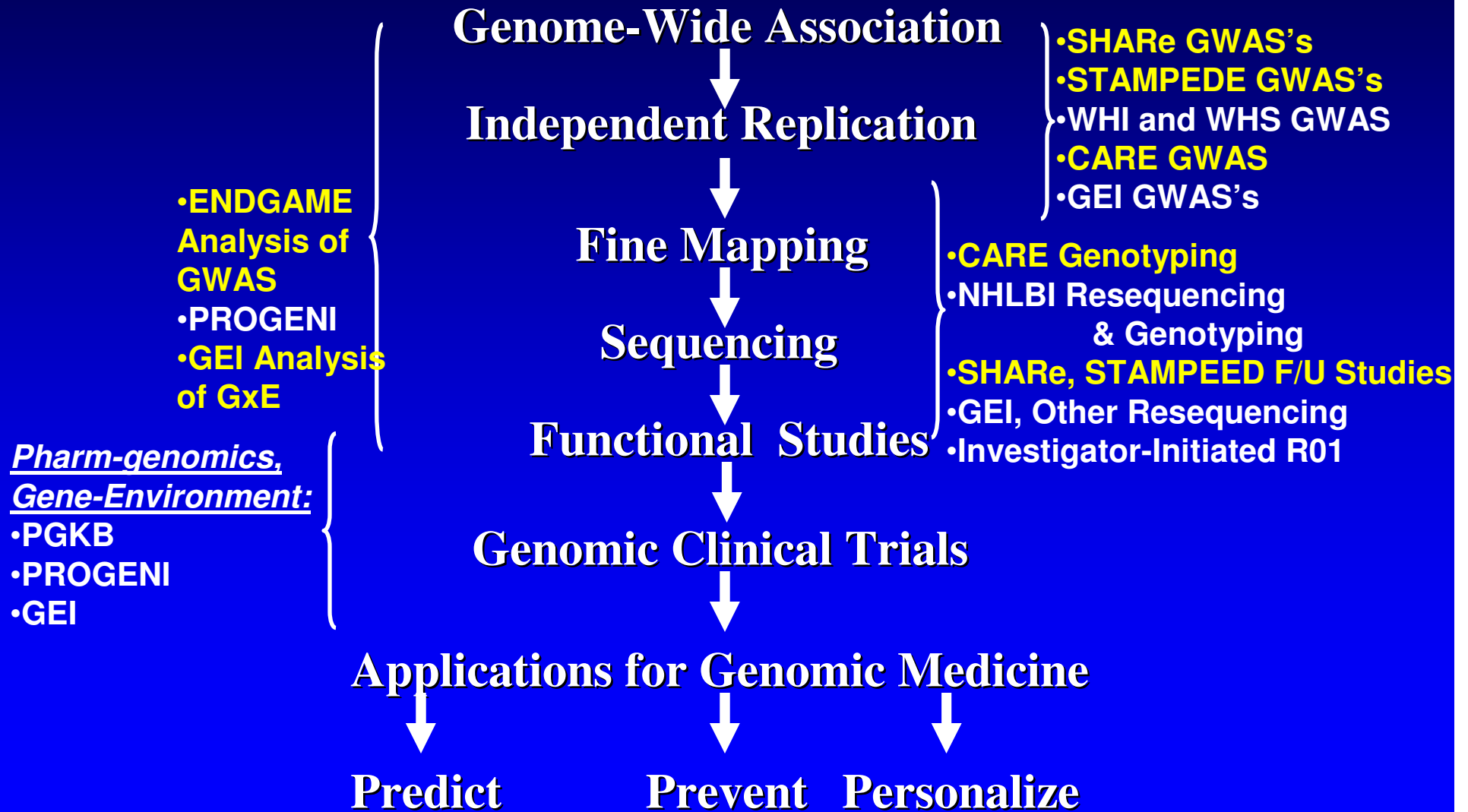
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- FVC
- Apnea

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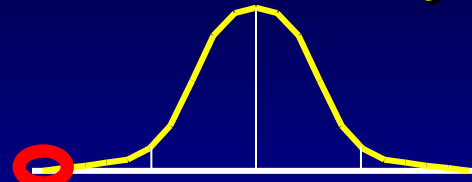
- Carotid IMT
- Vascular calcium
- MRI Plaque

# Translation From GWA Studies to Personalized Genomic Medicine



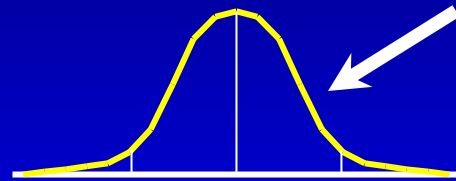
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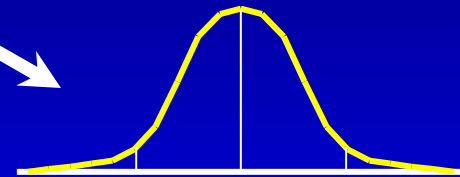


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Mutations Y142X & C679X



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Mutations



N= 9524 White NHLBI ARIC  
Mutations

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CHD (%):*	12	6

\*p<0.001; \*\*p<0.01

Reference: Cohen JC et al. NEJM 2006;354:1264.



# Genome Wide Sequencing (GWS) Studies towards Personalized Genomic Medicine

**Genome-Wide (Whole Genome or Targeted) Sequencing**



**Genotype Phenotype Association**



**Independent Replication**



**Fine Mapping, Resequencing**



**Functional Studies**



**Genomic Clinical Trials**



**Applications for Genomic Medicine**



**Predict**



**Prevent**



**Personalize**