Choosing a Research Project/Mentor

Roger J. Hajjar MD

Mount Sinai School of

Medicine

Choosing a Project: First Rule

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The Project as a Post-Doc Fellow

DOs

- Focus on a theme
- Logical progression of work in the laboratory of the PI
- High likelihood of meaningful results
- Do all the experiments yourself even if you have to learn many techniques

DONTs

- Spend your energy on work that is tangential to the core of the laboratory's expertise
- Involve yourself in multiple projects

Choosing a Laboratory: Size Counts

- Established Mentor with Large Laboratory
 - More personnel to interact with and learn from
 - More resources
 - Less one-on-one time with the PI
- Junior Mentor with small laboratory
 - More one-on-one time with the PI who most likely will be doing bench work
 - Less resources
 - More pressure to produce as PI will be under tenure/promotion stress

Mentors *Ideal Attributes*

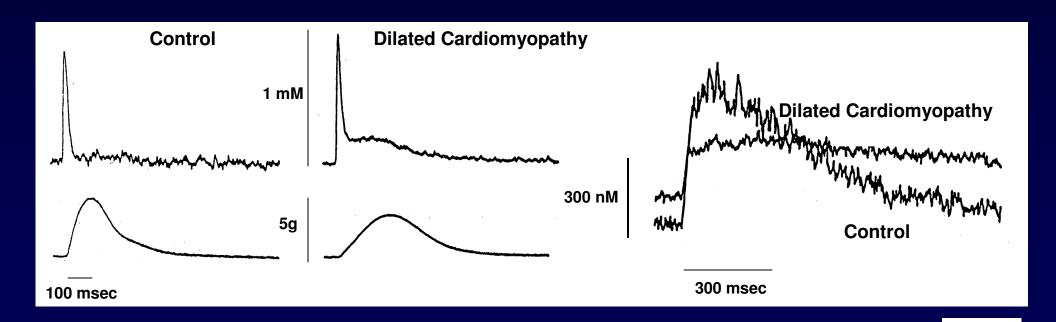
- Advocate: Works closely with you until your goal is attained and remains a resource and part of your network for life.
- Coach: Addresses specific issues or questions posed and sends you on your way to implement.
- Advisor: Provides choices for your career and may refer you to other specialists who might better help.

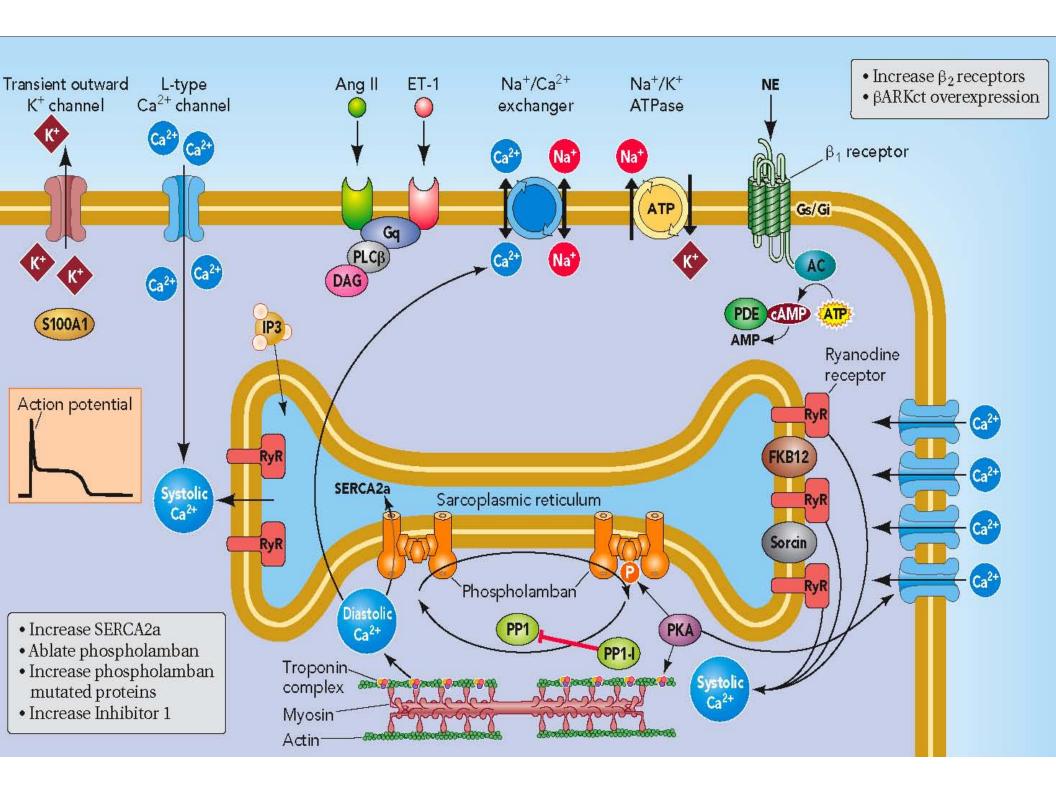
Personal Experience with Fellowship to Faculty Transition

Physiological Observation of Abnormal Calcium Handling in Failing Myocardium

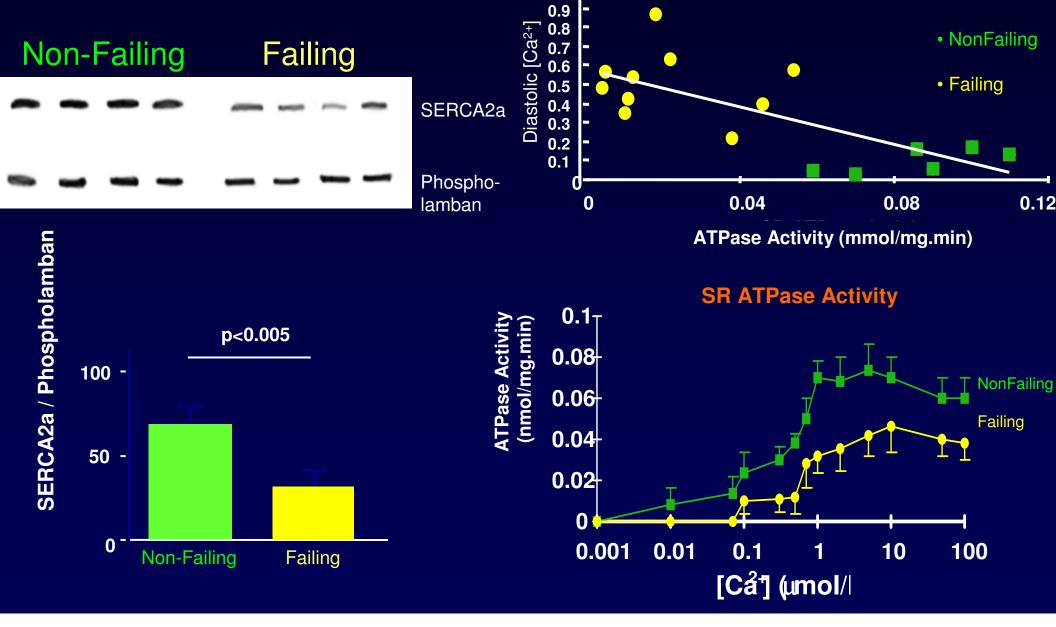
Trabeculae *Aequorin*

Isolated Cardiac Myocytes Fura-2





Identification of SERCA2a Downregulation as a Major Cause of Calcium Handling Abnormalities



Pharmacological Targeting of SERCA2a/Phospholamban Has Failed

- Search for small molecules targeting SERCA2a has not yielded specific, non-toxic compounds
 - Multiple significant efforts abandoned by large pharma
- Antibodies to phospholamban have been tried but have had no effect in vivo: intracellular protein



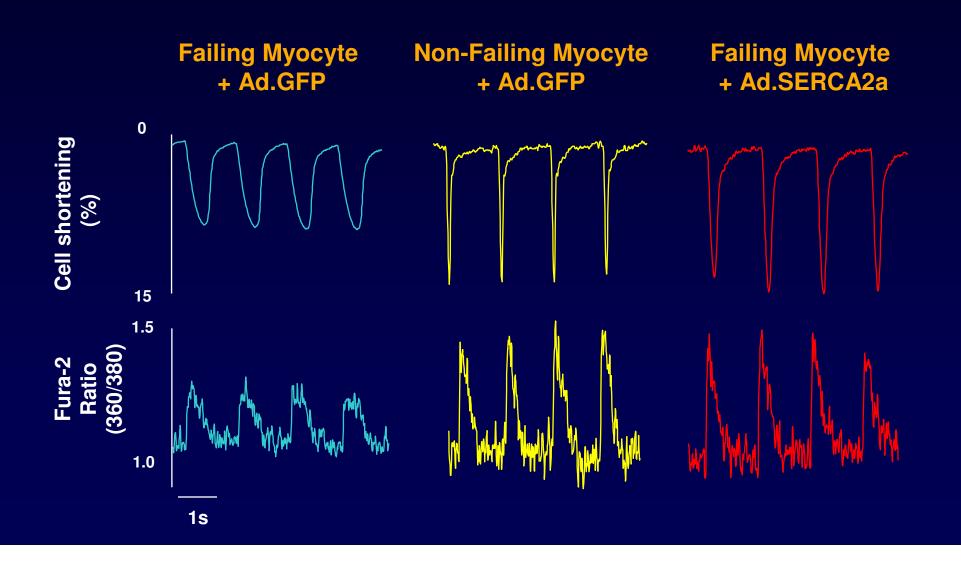


Choosing a Vector for Cardiovascular Applications--Many Choices

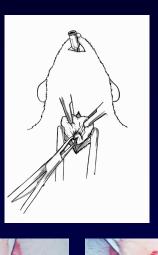
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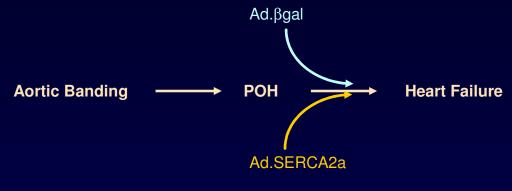
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Validating the Target in Human Cardiomyocytes Cell Shortening and Ca²⁺ Transient



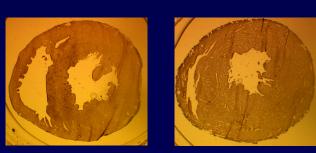
Gene Transfer of SERCA2a in a Model of Pressure-Overload Hypertrophy in Transition to Heart Failure

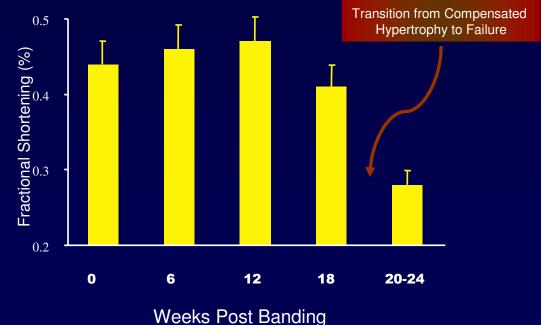




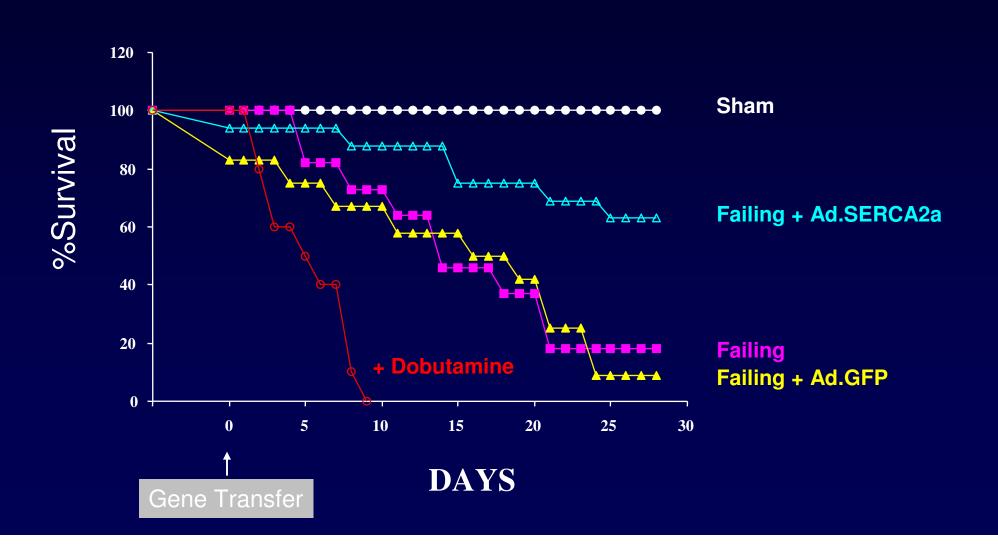








Effect of SERCA2a Gene Transfer on Survival in Rats with Pressure-Overload Hypertrophy in Transition to Heart Failure

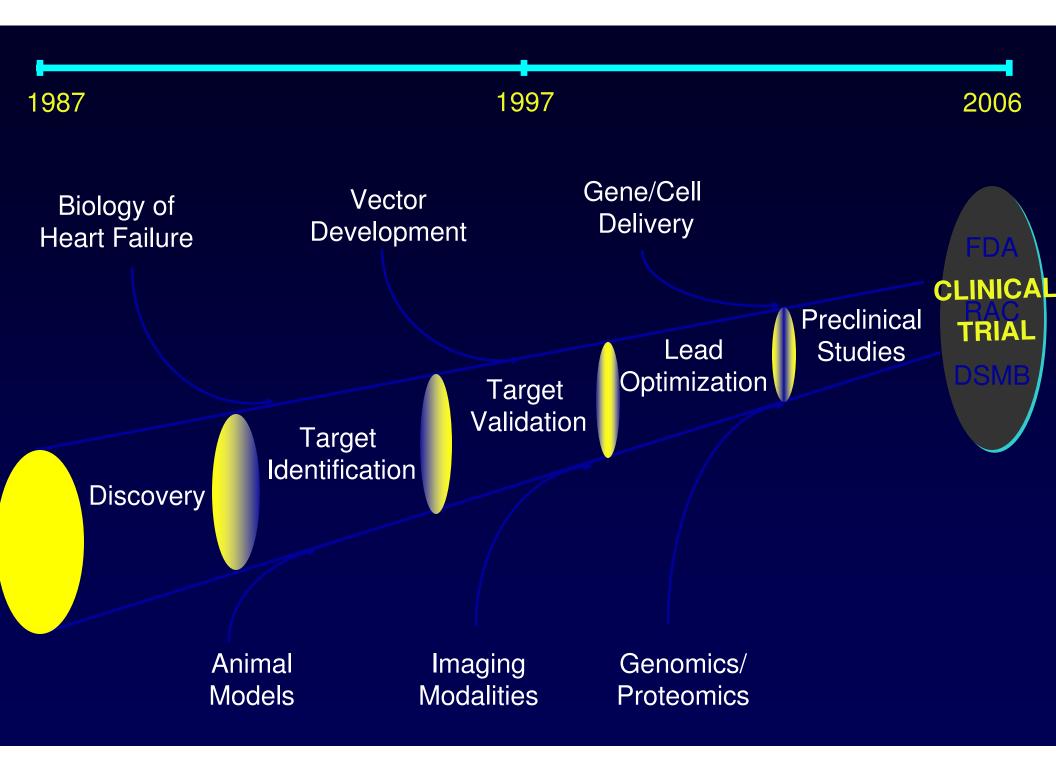


Pre-Clinical Efficacy and Safety Studies

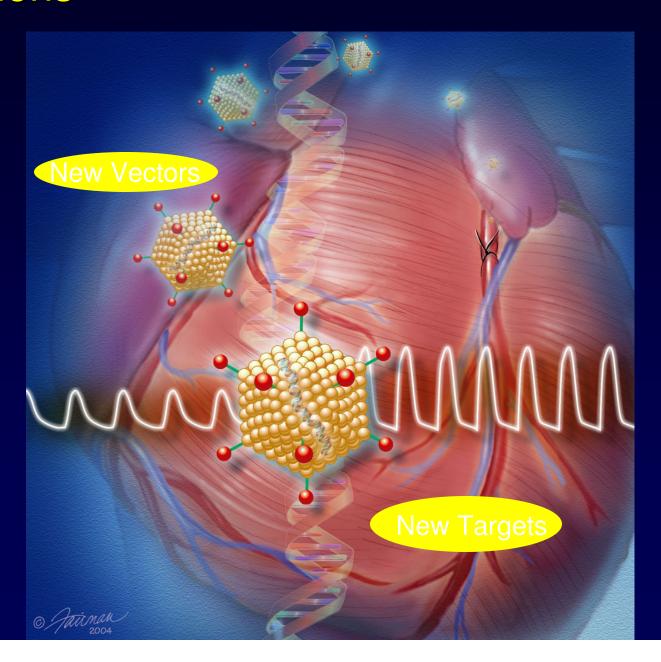
- Porcine Mitral Regurgitation Model of Heart Failure
 - Delivered into LCA through 10 minute infusion
 - 1 x 10¹² DRP
- Porcine Myocardial Infarction Model
 - Delivered into LCA through 10 minute infusion
 - 5 x 10¹² DRP
- Ovine Pacing Model of Heart Failure
 - Delivered into LCA using either direct infusion or V-Kardia device over 10 minutes
 - -10^{10} -2.5 x 10^{13} DRP

CLINICAL TRIALS

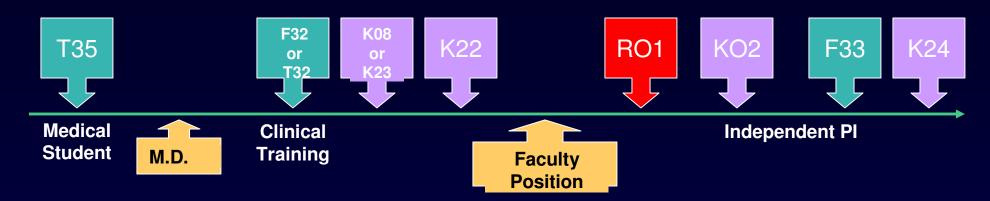
- Patients with non-ischemic cardiomyopathy undergoing Left Ventricular assist device insertion as destination-therapy or bridge to transplant. Randomization: 8 patients will receive AAV6.SERCA2a (2 different doses in ant. & lat walls) and 8 subjects will receive saline injection. Weaning protocol 3 months after VAD placement (NIH Trial: R. Hajjar/B. London).
- 2. Patients with ischemic and non-ischemic cardiomyopathy undergoing LVAD insertion as destination-therapy or bridge to transplant will receive AAV6.SERCA2a <u>one month</u> after VAD placement by percutaneous gene transfer at 3 different doses. Weaning protocol 3 months after VAD placement. 25 patients. (Harefield/Papworth, UK, R. Hajjar/S. Harding). *CAERUS*.
- Randomized, double-blind, placebo-controlled, sequential dose escalation trial in patients with NYHA Class III/IV HF due to ischemic/non-ischemic cardiomyopathy. Evaluate safety and feasibility of a single antegrade epicardial coronary artery infusion of 3 dose levels of AAV1.SERCA2a in 45 patients. (Celladon Corp., M. Jessup). CUPID.



New Directions



Training Grants from NIH for M.D. Careers



- T35 Short-term training grant for health professional students
- T32 Institutional training grant (NRSA) has pre- and post doc slots
- F32 Individual postdoctoral fellowship (NRSA)
- K08 Mentored clinical scientist development award
- K23 Mentored patient-oriented research career development award
- R01, R03, R21- Research grant
- K02 Independent scientist award
- F33 Senior fellowship (NRSA)
- K24 Mid-Career investigator in patient-oriented research

Keys for Success in Pursuing Your Topic

- Passion
- Persistence
- Energy
- Creativity/Innovation
- Adaptation
- Self-confidence
- Independence/Self Reliance
- Intuition