



AHA Council on Hypertension  
AHA Council on Kidney in Cardiovascular Disease  
American Society of Hypertension  
Joint Scientific Sessions 2018

**Friday, September 7, 2018**

**1:30 – 3:00 PM**

**Session 10**

**Primary Care Track: The Evolving Landscape of Blood Pressure Guidelines - Part 1**

**Chairs:** *Jan Basile, MD, FAHA, Medical University of South Carolina, Charleston, SC*  
*Michael Bloch, MD, FAHA, University of Nevada school of Medicine, Reno, NV*

1:30 Welcome and Introduction to Primary Care Symposia: Goals and Objectives  
*Jan Basile, MD, FAHA, Medical University of South Carolina, Charleston, SC*

1:35 What do the 2017 ACC/AHA Guidelines Actually Say?  
*Sandra J. Taler, MD, FAHA, Mayo Clinic, Rochester, MN*

1:55 Understanding the Data that Drove the 2017 ACC/AHA Guidelines  
*Paul Muntner, PhD, MHSc, FAHA, University of Alabama, Birmingham, AL*

2:10 The Difference between Blood Pressure Targets and Performance Measures: Brief Explanation of the Epidemiology of Achieved Blood Pressure  
*Brent M. Egan, MD, FAHA, Medical University of South Carolina, Charleston, SC*

2:30 The American College of Physicians (ACP) and American Academy of Family Physicians (AAFP) Perspective  
*Marie Brown, MD, Rush University Medical Center, Chicago, IL*

2:50 Q&A  
*Jan Basile, MD, FAHA, Medical University of South Carolina, Charleston, SC*  
*Sandra J. Taler, MD, FAHA, Mayo Clinic, Rochester, MN*  
*Paul Muntner, PhD, MHSc, FAHA, University of Alabama, Birmingham, AL*  
*Brent M. Egan, MD, FAHA, Medical University of South Carolina, Charleston, SC*  
*Marie Brown, MD, Rush University Medical Center, Chicago, IL*

**Friday, September 7, 2018**

**3:30 – 5:30 PM**

**Concurrent Session 11 D**

**Primary Care Track: The Evolving Landscape of Blood Pressure Guidelines Part 2: Areas of Controversy**

Chair: *Karen Griffin, MD, FAHA, Loyola University Medical Center, Chicago, IL*  
*Susan Steigerwalt, MD, FAHA, University of Michigan, Ann Arbor, MI*

3:30 Blood Pressure Goals in Diabetes and Chronic Kidney Disease  
*George Bakris, MD, FAHA, University of Chicago, Chicago, IL*

3:50 The Older Patient with Hypertension  
*Matthew Sorrentino, MD, FAHA, The University of Chicago Medicine, Chicago, IL*

4:10 Treating Hypertension in Low-Risk Individuals-How Long Do We Hold Off on Pharmacologic Treatment  
*Stephen K. Williams, MD, MS, New York University School of Medicine, New York, NY*

4:30 Can't We All Just Get Along; Finding Consensus Among Guidelines and Statements  
*Michael J. Bloch, MD, FAHA, University of Nevada School of Medicine, Reno, NV*

4:50 Case Based Discussion Panel on Areas of Controversy in the Guidelines  
*Moderator: F Wilford Germino, MD, FACP, FASH, Orland Primary Care Specialists, Chicago, IL*

Panel:

*George Bakris, MD, FAHA, University of Chicago, Chicago, IL*  
*Matthew Sorrentino, MD, FAHA, The University of Chicago Medicine, Chicago, IL*  
*Stephen K. Williams, MD, MS, New York University School of Medicine, New York, NY*  
*Michael J. Bloch, MD, FAHA, Univ of Nevada School of Medicine, Reno, NV*  
*Sandra J. Taler, MD, FAHA, Mayo Clinic, Rochester, MN*

5:20 Q&A

**Saturday, September 8, 2018**

**7:30 – 9:30 AM**

**Concurrent Session 13 D**

**Primary Care Track: Emerging Issues in Hypertension Management**

Chair: *Michael J. Bloch, MD, FAHA, University of Nevada School of Medicine, Reno, NV*

7:30 How Do Environmental Factors Effect Blood Pressure?  
*Robert D. Brook, MD, FAHA, University of Michigan, Ann Arbor, MI*

7:50 Treatment of Hypertension in the Women Considering Conception  
*Mark Santillan, MD, PhD, FACOG, FAHA, University of Iowa Carver College of Medicine, Iowa City, IA*

8:10 Remote Monitoring and Patient Self-Management– Is it the Future of BP management?  
*Debbie Cohen, MD, University of Pennsylvania, Philadelphia, PA*

## **Concurrent Session 13 D (Continued)**

### **Primary Care Track: Emerging Issues in Hypertension Management**

- 8:30 Management of Hyper-and-Hypo-Kalemia in Treated Hypertensive Patients  
*Matthew Weir, MD, University Maryland School of Medicine, Baltimore, MD*
- 8:50 Surgical and Percutaneous Interventions in Management of Hypertension  
*Raymond Townsend, MD, FAHA, University of Pennsylvania, Philadelphia, PA*
- 9:10 Q&A  
  
*Robert D. Brook, MD, FAHA, University of Michigan, Ann Arbor, MI*  
*Mark Santillan, MD, PhD, FACOG, FAHA, University of Iowa Carver College of Medicine, Iowa City, IA*  
*Debbie Cohen, MD, University of Pennsylvania, Philadelphia, PA*  
*Matthew Weir, MD, University Maryland School of Medicine, Baltimore, MD*  
*Raymond Townsend, MD, FAHA, University of Pennsylvania, Philadelphia, PA*

## **10:00 – 12:00 PM**

### **Concurrent Session 14 D**

#### **Primary Care Track: The Evolving Landscape of Blood Pressure Guidelines Part 3: Special Situations**

- Chairs: *F Wilford Germino, MD, FACP, FASH, Orland Primary Care Specialists, Chicago, IL*  
*Alan Hinderliter, MD, University of North Carolina School of Medicine, Chapel Hill, NC*
- 10:00 Determining Adequacy of BP Control: Using Appropriate Technique and Integrating In and Out of Office Measurements  
*Daichi Shimbo, MD, Columbia University Medical Center, New York, NY*
- 10:25 Management of Resistant Hypertension: Have We Learned Anything New?  
*David A. Calhoun, MD, FAHA, University of Alabama, Birmingham, AL*
- 10:45 Implementation of Pediatric Guidelines for Hypertension Management  
*Joshua A. Samuels, MD, MPH, FAHA, McGovern Medical School at UTHealth, Houston, TX*
- 11:05 Q&A
- 11:15 Case 1: Presented by Michael Fitzgerald, MD, DuPage Medical Group, Naperville, IL  
Chair: William J. Elliott, MD, PhD, FAHA, Pacific Northwest University of Health Sciences, Yakima, WA  
Panel:  
*Jan Basile, MD, FAHA, Medical University of South Carolina, Charleston, SC*  
*Louis Kuritzky, MD, University of Florida College of Medicine, Gainesville, FL*  
*Matthew Weir, MD, University Maryland School of Medicine, Baltimore, MD*  
*Steven A. Yarows, MD, FAHA, University of Michigan Health System, Chelsea, MI*

**Concurrent Session 14 D (Continued)**

**Primary Care Track: The Evolving Landscape of Blood Pressure Guidelines Part 3: Special Situations**

- 11:35 Case 2: Presented by William J. Elliott, MD, PhD, FAHA, Pacific Northwest University of Health Sciences, Yakima, WA  
Panel:  
*Steven M. Smith, RPH, University of Florida College of Medicine, Gainesville, FL*  
*Anthony Viera, MD, MPH, FAHA, Duke University Medical School, Durham, NC*  
*David A. Calhoun, MD, FAHA, University of Alabama, Birmingham, AL*  
*Mark Santillan, MD, PhD, FACOG, FAHA, University of Iowa Carver College of Medicine, Iowa City, IA*
- 11:55 Closing Comments  
*Jan Basile, MD, Medical University of South Carolina, Charleston, SC*