

CPR & Emergency Cardiovascular Care

Q: What is the Infant CPR Anytime Kit?

A: The American Heart Association's updated Infant CPR Anytime Training Kit contains everything needed to learn the lifesaving skills of infant CPR, choking relief, and injury prevention in about 30 minutes from the comfort of home, work, or in a large community setting. This personal learning program offers an easy and effective training tool for new parents, grandparents, babysitters, nannies, and anyone caring for an infant.

The Infant CPR Anytime Kit is co-branded with the American Academy of Pediatrics.

Q: Who is the target audience for this kit?

A: The Infant CPR Anytime Training Kit is intended for anyone who wants to learn infant CPR with the flexibility of a self-directed program. This kit is for people who do not need a course completion card for a job or other requirements. This course is ideal for NICU hospitals, community groups, new parents, grandparents, caregivers, and others.

Q: Specifically, what content is taught in Infant CPR Anytime?

A: Infant CPR Anytime teaches:

- Infant CPR with Breaths
- Infant Choking Relief
- Infant Injury Prevention:
 - Car Seat Safety
 - Drowning
 - Sudden Unexpected Infant Death (SUID)
 - Choking and Suffocation
 - Falls
 - Poisoning
 - In Case of Emergency – an emergency action plan

Q: What is new or different about the Infant CPR Anytime Training Kit?

A: The following changes have been made to the Infant CPR Anytime Kit:

- New updated look and feel of all components
- Kit is now contained within a convenient bag instead of a cardboard box
- Videos include full animation
- Training experience now includes new CPR Anytime Interactive App
- Content includes optional bonus topics in infant injury prevention

Q: Does successful completion of Infant CPR Anytime result in an AHA course completion card?

A: No. However, a certificate of participation (course completion) or a badge of participation (app completion) is available to print or share from the CPR.Heart.org website.

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Q: Is there a written test that must be completed for Infant CPR Anytime?

A: No.

Q: Does Infant CPR Anytime offer continuing education (CE/CME) credits?

A: No.

Q: Approximately how long does Infant CPR Anytime take to complete?

A: The program takes about 30 minutes to complete.

Following are the approximate completion times for each module:

- Infant CPR (required): approximately 12:30 minutes
- Infant Choking Relief (required): approximately 4:30 minutes
- Bonus Topics (Injury Prevention; optional): approximately 10 minutes

Q: What is included in the Infant CPR Anytime Training Kit?

A: Each kit contains the following components, all of which are bilingual (English and Spanish):

- 1 Mini Baby® CPR personal manikin
- 1 Mini Baby replacement lung
- Instruction insert with QR code and URL to access the Infant CPR Anytime Community Resource webpage, which includes:
 - Infant CPR Anytime bilingual (English and Spanish) streaming videos in full animation
 - Bonus topics: Infant safety and injury prevention tips with a downloadable checklist (English and Spanish)
 - Infant CPR Anytime Interactive app to enhance the training experience; includes a participation badge to share via social media (English and Spanish)
 - Online educational reference materials: How to use the kit, skills reminder card, injury prevention checklist (English and Spanish)
 - Official Infant CPR Anytime Certificate of Participation (English and Spanish)
- 1 reusable bag for convenient storage

Q: Can the CPR Anytime Interactive app be purchased separately from the kit?

A: No.

Q: Can the Infant CPR Anytime streaming videos be purchased separate from the kit?

A: No.

Q: Can the Infant CPR Anytime streaming videos be used without the included manikin?

A: Skills are taught with the AHA's research-proven practice-while-watching technique, which allows for practice on a manikin while observing a demonstration of the skills in the video. The best training results will come from using the streaming videos and manikin together.

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Q: What is the Infant CPR Anytime Interactive app?

A: Infant CPR Anytime now includes the Infant Anytime Interactive app to provide a comprehensive, self-facilitated training solution in one web-based app that allows students to elevate their CPR training experience through gamification. This includes calling 9-1-1 and performing CPR on an infant. The app also features a completion badge that students can share via social media to recognize their training achievement.

Facilitating Infant CPR Anytime Training

Q: Is an AHA Instructor or facilitator needed to conduct training using the Infant CPR Anytime Kit?

A: No, CPR Anytime kits are designed to be self-facilitated. However, it is possible to conduct a facilitator-led course. Facilitators can be anyone who wishes to help pass on lifesaving CPR skills. As a facilitator-led course, Infant CPR Anytime extends the availability of and access to training, so that more people can learn CPR and use their skills to act quickly in an emergency.

Purchasing Materials

Q: Where/how can customers purchase Infant CPR Anytime Training Kits?

A: Infant CPR Anytime Training Kits can be purchased through ShopCPR.Heart.org, or from the AHA's product distributors, Laerdal or WorldPoint.

Technical Issues

Q: Whom should customers contact if they have problems with their Infant CPR Anytime Training Kit(s)?

A: Customers should contact ShopCPR.Heart.org or the AHA distributor from whom they purchased their kit(s).

Q: Whom should customers contact if they have trouble with the Infant CPR Anytime Interactive app?

A: For any issues with the Infant CPR Anytime Interactive app please review the general tips below:

Infant CPR Anytime app General Tips

- Phones should be fully charged
- Screens should be adjusted to maximum brightness
- Privacy screen protectors should be removed from the phone
- Ensure you have reliable Internet access

If issues with the app continue, you may contact AHA Customer Support at 877-242-4CPR (4277) or inquiries@heart.org.