The American Heart Association’s (AHA) Center for Workplace Health Research and Evaluation hosts the first session dedicated to workplace health at its annual EPI Lifestyle Scientific Sessions conference. The 1-day program will blend the latest research with case studies and expert panels showcasing how occupational research is applied and put into practice by employers. Network with national and local thought-leaders and practitioners to learn more about integrated strategies to improve cardiometabolic health, build emotional health, adopt evidence-based programs, and explore benchmarking tools.

Thursday, March 22, 8:00 AM–5:00 PM | Sheraton | New Orleans, Louisiana
Registration Fee: $175 (regular) | $75 (student)

KEYNOTE SPEAKERS:

Work & Cardiovascular Health:
Prevention Strategies from NIOSH Total Worker Health®
L. Casey Chosewood, MD MPH | Director, Office for Total Worker Health®, National Institute for Occupational Safety and Health (NIOSH), Centers for Disease Control and Prevention (CDC)

Implementing Integrated Approaches to Achieve Total Worker Health
Deborah L. McClennan, PhD | Senior Scientist Department of Medical Oncology Center for Community-Based Research, Dana-Farber Cancer Institute

Building Emotional Health and Well-being in the Workplace
Shelley Wolff, MS MBA | Senior Health Management Consultant, Willis Towers Watson

Corporate Engagement in Community Health is Good Business
Paul Terry, PhD | President and CEO, Health Enhancement Research Organization (HERO)

PROGRAM HIGHLIGHTS:

BREAKING RESULTS
• Results from the latest CDC National Workplace Health Survey
• Results from the 2017 AHA Workplace Health Achievement Index and the CDC Worksite Health Scorecard

EXPERT PANELS
• Strategies to increase the adoption of health, safety, and well-being policies. Moderator: Eduardo Sanchez, MD MPH – Chief Medical Officer for Prevention, AHA
• Promising practices to build emotional health at the organizational level.
• Next generation interventions to improve cardiometabolic health

EMPLOYER CASE STUDIES
• Naturally Slim – Tim Church, MD MPH PhD, CMO, ACAP Health Solutions
• Baptist Health South Florida – Khurrum Nasir, MD MPH, Medical Director, Center for Healthcare Advancement & Outcomes