<table>
<thead>
<tr>
<th>Time</th>
<th>Tuesday 3/20</th>
<th>Wednesday 3/21</th>
<th>Thursday 3/22</th>
<th>Friday 3/23</th>
</tr>
</thead>
</table>
| 6:15am | 6:15am Early Career Morning Session  
*Lost or Found? Identifying your Niche in Academic Research* | 7:00am Early Caree Morning Session  
*TBD: Fun Run* | 7:00-8:30am Refreshment Break  
*For more information about these special sessions, please go to our website Programming Page, Conference Highlights.* | 7:00-8:30am Early Caree Morning Session  
*Lost or Found? Identifying your Niche in Academic Research* |
| 7:00am | 7:00-8:00am Refreshment Break  
Engaging patients in research: A PCORI Patient-Powered Research Summit* | 7:00-8:00am Refreshment Break  
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Engaging patients in research: A PCORI Patient-Powered Research Summit* | 7:00-8:00am Early Caree Morning Session  
*TBD: Fun Run* |
| 8:00am | Session 1  
President’s Welcome and Opening Remarks  
Theme: Health Promotion: Risk Prediction to Risk Prevention  
Alfredo Morabia, MD, PhD, MPH, MSc  
Angela Osmon-Young, PhD  
Mintu Turkathia, MD, MAS  
8:30am-10:00am  
Refreshment Break | Session 5  
The David Kritchevsky Memorial Lecture  
Barry M. Popkin, PhD  
9:00 – 10:00 AM  
Cardiovascular Biomarkers  
8:30am-5:00pm  
Refreshment Break | Session 9  
Richard D. Remington Methodology Lecture  
Joel Kaufman, MD, MPH  
9:00am – 10:00am  
Diabetes and Obesity  
8:30am-5:00pm | 7:00-8:30am Early Caree Morning Session  
Lost or Found? Identifying your Niche in Academic Research* |
| 8:30am | 8:30am-10:00am  
Refreshment Break | 8:30am-5:00pm  
Refreshment Break | 8:30am-5:00pm  
Refreshment Break | 7:00-8:30am Early Caree Morning Session  
Lost or Found? Identifying your Niche in Academic Research* |
| 9:00am | 9:00am-10:00am  
Session 2  
Hypertension: Guidelines and Prevention  
Paul Whelton  
11:00am-12:00pm  
Hypertension – Rapid Fire Oral Presentation  
10:30am-11:00am  
Health Promotion and Disease Prevention  
3:30pm-5:00pm | 9:00am-10:00am  
Session 6  
FTE Council Annual Business Meeting, Network Luncheon & Early Career Session  
“Keeping the Balance: Avoiding Burnout and Managing Time Demands in Academia”  
10:30am-12:00pm  
Concurrent A  
Hot Off the Press  
Concurrent B  
10:30am-12:00pm  
Life Course Epidemiology  
Lifestyle Early Career Lunchtime Session  
3-Minute Thesis Competition (3MT™) *  
3:30pm-5:00pm | 9:00am-10:00am  
Session 11  
The William B Kannel, MD Memorial Lectureship in Preventative Cardiology  
Emelia J. Benjamin, MD, ScM  
2:00pm-3:00pm  
Nutrition  
3:30pm-5:00pm  
Society of Behavioral Medicine Tobacco & Behavior Change  
Aruni Bhatnagar, PhD, FAHA  
A PCORI Patient-Powered Research Summit Findings  
3:30pm-4:30pm  
ASPC Annual Debate: Medical Costs when Considering Cardiovascular Prevention & Treatment  
CON: Matthew DeCamp, MD, PhD  
PRO: TBD | 7:00-8:30pm Early Caree Morning Session  
Lost or Found? Identifying your Niche in Academic Research* |
| 10:00am | 10:00am-12:00pm  
Session 3  
University Trainee Session  
1:30pm-3:00pm  
Risk Prediction  
10:30am-12:00pm  
Concurrent A  
Hot Off the Press  
Concurrent B  
10:30am-12:00pm  
Life Course Epidemiology  
Lifestyle Early Career Lunchtime Session  
3-Minute Thesis Competition (3MT™) *  
3:30pm-5:00pm | 10:00am-12:00pm  
Session 7  
Stamler Award Finalists  
1:30pm-3:00pm  
Stamler Award Finalists  
10:00am-12:00pm  
Concurrent A  
Physical Activity  
Concurrent B  
OMICS  
10:00am-12:00pm  
Concurrent A  
Physical Activity  
Concurrent B  
OMICS  
10:00am-12:00pm  
Concurrent A  
Physical Activity  
Concurrent B  
OMICS  | 10:00am-12:00pm  
Session 12  
1:30pm-2:00pm  
The William B Kannel, MD Memorial Lectureship in Preventative Cardiology  
Emelia J. Benjamin, MD, ScM  
2:00pm-3:00pm  
Nutrition  
3:30pm-5:00pm  
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| 1:30pm | 1:30pm-3:00pm  
Session 4  
Health Promotion and Disease Prevention  
3:30pm-5:00pm  
Health Promotion and Disease Prevention  
3:30pm-5:00pm  
Society of Behavioral Medicine Tobacco & Behavior Change  
Aruni Bhatnagar, PhD, FAHA  
A PCORI Patient-Powered Research Summit Findings  
3:30pm-4:30pm  
ASPC Annual Debate: Medical Costs when Considering Cardiovascular Prevention & Treatment  
CON: Matthew DeCamp, MD, PhD  
PRO: TBD | 1:30pm-3:00pm  
Session 8  
3:30pm-5:00pm  
Society of Behavioral Medicine Tobacco & Behavior Change  
Aruni Bhatnagar, PhD, FAHA  
A PCORI Patient-Powered Research Summit Findings | 1:30pm-2:00pm  
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Lost or Found? Identifying your Niche in Academic Research* |
| 2:00pm | 2:00pm-3:00pm  
Session 10  
Early Career Roundtable Luncheon  
Forging International Collaboration | 2:00pm-3:00pm  
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| 3:00pm | 3:00pm-5:00pm  
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| 5:00pm | Poster Session 1  
Poster Session 2  
Poster Session 3  
SAVE THE DATE!  
March 5-8, 2019  
The Westin Galleria  
Houston, Texas | Poster Session 1  
Poster Session 2  
Poster Session 3  
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