







Thur., Sept. 6, 2018		Fri., Sept. 7, 2018		Sat., Sept. 8, 2018		Sun., Sept. 9, 2018					
<b>7:00am Coffee &amp; Exhibits</b>		<b>7:00am Coffee &amp; Exhibits</b>		<b>6:30am Coffee &amp; Exhibits</b>		<b>6:30am Coffee &amp; Exhibits</b>					
<p><b>Session 1</b> 7:45am-8:00am President's Welcome 8:00am – 10:00am Opening Remarks and Lectures Highlights of the New Hypertension Guidelines <i>Jan Basile, MD, F.A.S.H.,</i> Implementation of the New Hypertension Guidelines (Brent to update title) <i>Brent Egan, MD</i> Clinical Hypertension Research: Where Do We Go from Here? <i>Suzanne Oparil, MD</i> Recent Advances and Future Directions in Basic Research <i>David Ellison, MD</i></p>		<p><b>Session 6</b> 8:00-9:00am <b>Debate: Renal Denervation: Is There a Role in Essential Hypertension?</b> <i>Pro: Ray Townsend, MD</i> <i>Con: George Bakris, MD</i></p> <p><b>Session 7</b> 9:00-10:00am <b>Hot Topics in Hypertension</b> Epigenetic Determinants of Cardiovascular Gene Expression: Vascular Endothelium <i>Phil Marsden, MD</i> Sex Differences in Mechanisms of Hypertension Associated with Obesity <i>Eric Belin de Chantemele, D.SC</i></p>		<p><b>Concurrent Session 13</b> 7:30-8:00am <b>Donald Seldin Award Lecture</b></p> <p>8:00-9:30am A-Vascular Biology B-Renal Hemodynamics and Tubular Transport C-Hypertension Journal Case Studies</p>		<p><b>Concurrent Session 13</b> 7:30-9:30am <b>D-Primary Care Track: Emerging Issues in Hypertension Management</b> How Do Environmental Factors Effect Blood Pressure? Robert E Brook, MD Treatment of Hypertension in the Women Considering Conception. <i>Angela Brown, MD</i> Remote Monitoring and Patient Self-Management - Is it the Future of BP Management? Debbie L Cohen, MD Management of Hyper-and-Hypo-Kalemia in Treated Hypertensive Patients. <i>Matthew Weir, MD</i> Surgical and Percutaneous Interventions in Management of Hypertension. Ray Townsend, MD Q&amp;A</p>		<p><b>Concurrent Session 18</b> 7:30-8:00am <b>Dahl Award Lecture</b></p> <p>8:00-9:30am A-Neurogenic Mechanisms II B-Vascular Stiffness C- Epidemiology, Genetics and Epigenetics</p>		<p><b>Concurrent Session 18</b> 8:00-9:20am <b>D-Clinical Practice Clinical Science Track: Getting It Done: Practical Ways to Improve Blood Pressure Control Part 1</b> Introduction Secrets to Sustain a Low-Sodium DASH Diet In Your Patient How to Get Your Patients to Exercise Practical Pearls in Using Weight-loss Medications in Patients with Hypertension Calculating Risk Using the Cardiovascular Risk Estimator Panel Discussion</p>	
10:00-10:30am Refreshment Break		10:00-10:30 Refreshment Break		9:30-10:00am Refreshment Break		9:30-10:00am Refreshment Break		9:20-9:40 Refreshment Break			
<p><b>Session 2</b> 10:30am-11:10am <b>Lifestyle Modifications and Impact on BP</b> Optimizing Cardiometabolic Health Robert J. Chilton, MD The Anti-Aging Effects of Aerobic Exercise on Systemic Arteries Hirofumi Tanaka, PhD</p>		<p><b>Session 8</b> 10:30am-11:15am <b>Hot Topics in Hypertension</b> The Progression from Hypertension to Congestive Heart Failure in Patients: How Do We Stop It? <i>Daniel Levy, MD</i> SGLT Inhibitors for Hypertension, Renal and Cardiovascular Diseases <i>Christopher Wilcox, PhD</i></p>		<p><b>Concurrent Session 14</b> 10:00-10:30am <b>The Harriet Dustan Award Lecture</b></p> <p>10:30-12:00pm A- Blood Pressure Monitoring, Control and Adherence to Treatment B- Clinical Trials, Antihypertensive Drugs and Pharmacology C- Neurogenic Mechanisms I</p>		<p><b>Concurrent Session 14</b> 10:00-12:00pm <b>D-Primary Care Track: The Evolving Landscape of Blood Pressure Guidelines Part 3: Special Situations</b> Determining Adequacy of BP Control: Using Appropriate Technique and Integrating In and Out of Office Measurements. Daichi Shimbo, MD Management of Resistant Hypertension: Have We Learned Anything New? <i>David Calhoun, MD</i> Implementation of Pediatric Guidelines for Hypertension Management. <i>Joshua Samuels, MD, MPH</i> Q&amp;A Case 1: Presented by Local PCP Case 2: Presented by Local PCP</p>		<p><b>Concurrent Session 19</b> 10:00-11:00am A- Oxidative Stress, Nitric Oxide, Endothelin, and Other Endothelial Factors B- Inflammation, Immunity and Cytokines II C- Pregnancy and Preeclampsia II</p>		<p><b>Concurrent Session 19</b> 9:40-11:00am <b>D-Clinical Practice Clinical Science Track: Getting It Done: Practical Ways to Improve Blood Pressure Control Part 2</b> Getting Ambulatory Blood Pressure Monitoring Reimbursed Which Device Should We Use for Office BP Measurement Promoting Accurate Home Blood Pressure Monitoring Team-based Approach to Blood Pressure Telemonitoring Panel Discussion/Questions &amp; Answers from the Audience</p>	
12:00pm – 1:30pm Lunch on your own		12:00pm – 1:30pm Lunch on your own		12:00-1:30pm Lunch on your own		11:00am Meeting Adjourns See you next year:					
<p><b>Concurrent Session 4</b> 1:30pm-3:00pm A – Obesity, Diabetes, and Metabolic Syndrome B - Cardiac Hypertrophy and Dysfunction C - Pregnancy and Preeclampsia I</p>		<p><b>Concurrent Session 4</b> 1:30pm-3:00pm <b>D - Clinical Practice Clinical Science Track: Aldosterone and Primary Aldosteronism in Hypertension</b> The Potassium, Aldosterone, Blood Pressure Axis The New Genetics of Aldosteronism Screening and Diagnosis of Aldosteronism 2018 Hyperaldosteronism as a Cause of Resistant Hypertension Q&amp;A</p>		<p><b>1:30pm-3:00pm</b> <b>POSTER SESSION II</b></p>		<p><b>Session 10</b> 1:30-3:00pm <b>Primary Care Track: The Evolving Landscape of Blood Pressure Guidelines - Part 1</b> Welcome and Introduction to Primary Care Track: Goals and Objectives <i>Jan Basile, MD</i> What do the 2017 ACC/AHA Guidelines Actually Say? <i>Sandra Taler, MD</i> Understanding the Data that Drove the 2017 ACC/AHA Guidelines <i>Paul Muntner, PhD</i> The Difference Between Blood Pressure Targets and Performance Measures: Brief Explanation of the Epidemiology of Achieved Blood Pressure <i>Brent Egan, MD</i> The American College of Physicians (ACP) and American Academy of Family Practice (AAFP) Perspective <i>Marie Brown, MD</i> Q&amp;A</p>		<p><b>Session 15</b> 1:30-3:00pm <b>Clinical Practice Clinical Science Track: Taking Hypertension into the Community Part One: The Barbershop</b> Cluster Randomized Trial of Blood Pressure Reduction in Black Barbershops Q&amp;A Part Two: Telemonitoring, Self-Monitoring, and BP Control The Role of Telemonitoring in Improving BP Control Telemonitoring vs Self-Monitoring in BP Control: Does it make a Difference? Q&amp;A</p>		<p>LEGEND</p> <p> <b>Joint Attended Sessions</b></p> <p> <b>Concurrent D: Primary Care Track</b></p> <p> <b>Concurrent D: Clinical Practice Clinical Science Track</b></p> <p> <b>Council on Hypertension</b></p> <p> <b>Poster Sessions</b></p> <p> <b>Breaks</b></p>	

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3:00-3:30pm Refreshment Break		3:00-3:30pm Refreshment Break		3:00-3:30pm Refreshment Break		
<b>Concurrent Session 5</b> <b>3:30pm-5:30pm</b> <b>A</b> – Inflammation, Immunity & Cytokines with 30-minute Mini Review Session 5:00-5:30pm Recent Advances in our Understanding of Inflammation, Immunity & Cytokines <i>Ernesto L. Schiffrin, MD, PhD</i> <b>B</b> - Cerebrovascular Disease, Stroke, and Aging <b>C</b> – Renin Angiotensin System I with 30-minute Mini Review Session <b>3:30-4:00pm</b> Recent Advances in our Understanding of the Renin Angiotensin System <i>Jan Danser, PhD</i>	<b>Concurrent Session 5</b> 3:30-5:30pm <b>D - Clinical Practice Clinical Science Track: Managing Hypertension in At-Risk-Populations</b> Goals of Hypertension Management in Patients with Chronic Kidney Disease Strategies for Control of Hypertension in Renal Transplant Recipients State-of-the-Art on Management of Pregnancy-Associated Hypertension Managing Cardiovascular Complications in Patients Treated with VEGF Inhibitors and Other Chemotherapeutic Agents Treating Post Stroke Hypertension: Thresholds and Goals Panel Discussion	<b>Concurrent Session 11</b> <b>3:30-4:00pm</b> <b>Arthur C. Corcoran Memorial Lecture</b> <b>4:00-5:30pm</b> <b>A</b> -Gender Differences and Sex Hormones <b>B</b> -Hypertension Early Career Oral Awards Session <b>C</b> -Chronic Kidney Disease	<b>Concurrent Session 11</b> <b>3:30-5:30pm</b> <b>D - Primary Care Track: The Evolving Landscape of Blood Pressure Guidelines Part 2: Areas of Controversy</b> Blood Pressure Goals in Diabetes and Chronic Kidney Disease <i>George Bakris, MD</i> The Older Patient with Hypertension <i>Matthew Sorrentino, MD</i> Treating Hypertension in Low-Risk Individuals: How Long Do We Hold Off on Pharmacologic Treatment? <i>Stephen Williams, MD</i> Can't We All Just Get Along; Finding Consensus Among Guidelines and Statements. <i>Michael Bloch, MD</i> Case Based Discussion Panel on Areas of Controversy in the Guidelines. Q&A	<b>Concurrent Session 16</b> <b>3:30-5:30pm</b> <b>A</b> - Asian Pacific Symposium on Cardiovascular Research <b>B</b> - Salt and Hypertension <b>C</b> - Aldosterone, Receptors and Other Hormones	<b>Concurrent Session 16</b> <b>3:30-5:30pm</b> <b>D-Clinical Practice Clinical Science Track: AHA Council on Hypertension / ESC Council on Hypertension Joint Session</b> ESC/ESH Guideline on Hypertension 2018 The Canadian Guideline: Differences and Similarities to the European Guideline US, European, and Canadian Guidelines: What is the Clinician to Do Device-based treatment for Hypertension- Who? When?, How? Q&A	
		5:30-5:45pm Refreshment Break				
		<b>Session 12</b> <b>5:45-6:45pm</b> <b>Awards Session:</b> Mid-Career Award Harry Goldblatt Award British Hypertension Society Young Investigator High Blood Pressure Research Council of Australia Award				
5:30pm-7:30pm POSTER SESSION I Trainee Onsite Poster Competition with Reception		7:00-11:00 Trainee Advocacy Mixer		<b>Session 17</b> <b>5:45-6:30</b> <b>The Excellence in Hypertension Research Award</b> <b>7:00pm</b> <b>Social Hour</b> (cash bar) – <i>Dinner ticket required for entrance</i> <b>7:30-10:30</b> <b>The Annual Business Meeting and Award Dinner</b> – <i>Dinner ticket required</i> <i>Join us in celebrating and recognizing all of our Awardees including the recipients of the Excellence in Hypertension Research Award</i>		